Fifth Sunday of Luke



Icon of Cosmas and Damien-- November 1st

Holy Transfiguration Greek Orthodox Church

3431 Trickum Road NE — Marietta, GA 30066 — Tel. 770-924-8080

*Our **purpose** is to lead people to the Kingdom of God.*

*Our **mission** is to provide a place of worship where people actively gather to practice their authentic Orthodox Christian faith to impact the world.*

Fr. Michael Tishel, Protopresbyter frmichael@holytransfiguration.info
Fr. Christopher Zaferes, Presbyter, frchris@holytransfiguration.info
Fr. John Brown, Protopresbyter, frjohn@holytransfiguration.info

---

Sunday — the Lord's Day — Nov. 1, 2026

Fifth Sunday of Luke

Musical Mode: Plagal of the First Mode **Eleventh Eothinon Gospel:** John 21: 14–25

Readings of the Day: 1 Corinthians 12: 27–31; 13: 1–8 & Luke 16: 19–31

Today's Saints: Unmercenaries Cosmas and Damian; David of Euboia

---

Apolytikion of the Parish

Μετεμορφώθης ἐν τῷ ὄρει Χριστὲ ὁ Θεός, δείξας τοῖς Μαθηταῖς σου τὴν δόξαν σου, καθὼς ἠδυναντο. Λάμψον καὶ ἡμῖν τοῖς ἁμαρτωλοῖς, τὸ φῶς σου τὸ ἀΐδιον, πρεσβείαις τῆς Θεοτόκου, φωτοδότα δόξα σοι.

Metemorfóthis en to óri, Hristé o Theós, dixas tis Mathités sou, tin dóxan sou kathós idinanto; lampson ke imin tis amartolis, to fos sou to aidion, presvies tis Theotókou, Fotodóta dóxa si.

You were transfigured upon the mountain, O Christ our God, showing to Your disciples, Your glory as much as they could bear. Do also in us, sinners though we may be, shine Your everlasting light, by the intercessions of the Theotokos, O Giver of Light, glory to You.

Today's Hymns

Entrance Hymn. Second Mode.

Come, let us worship and bow down before Christ.
Save us, O Son of God, risen from the dead. We sing to You, Alleluia.

Please sing along with us after the Small Entrance, as you are able.

Resurrectional Apolytikion. Plagal of the First Mode.

As the Father and Spirit are unoriginate, * so the Word, who was born from the Virgin for us. * Let us praise Him, O believers, and let us worship Him. * For our salvation He was pleased * to be crucified in the flesh, * and to undergo death, * and to resurrect the dead, by His glorious resurrection.

For the Saints. Plagal of the Fourth Mode.

Holy Unmercenaries and Wonderworkers, visit our infirmities. Freely you received; freely give to us.

Apolytikion of the Parish. Grave Mode.

[See inside front cover]

Kontakion. Second Mode.

O Protection of Christians that never falls, intercession with the Creator that never fails, we sinners beg you, do not ignore the voices of our prayers. O good Lady, we implore you, quickly come unto our aid, when we cry out to you with faith. Hurry to intercession, and hasten to supplication, O Theotokos who protect now and ever those who honor you.

Where to Find information about Orthodoxy

Trisagion Films: On YouTube, Facebook and website, **www.trisagionfilms.com**

Follow our Podcasts: ***"An Imperfect Podcast"*** **-** You can now listen to the entire series on iTunes, Spotify, GooglePlay, PlayerFM, and Sticher. You can find the entire series on iTunes here as well**: http://tinyurl.com/y5ved9lk**

For audio of spiritual discussions: **Ancient Faith Radio - www.ancientfaith.com**

Visit our **Church Bookstore** for books, icons and other spiritual items for your home.

Visit our **Library** at **https://holytransfiguration.info/ministries/education/library/**
To learn more about the Orthodox Faith or schedule an appointment with a priest, email the church office at **office@holytransfiguration.info**.

Sunday Readings
᾽Αναγνώσματα Κυριακῆς

᾽Απόστολος ῾Εορτῆς ῾Αγίων ᾽Αναργύρων (1η Νοεμβρίου) (Α΄ Κορινθ. ιβ΄ 27 - ιγ΄ 8)

᾽Αδελφοί, ὑμεῖς δέ ἐστε σῶμα Χριστοῦ καὶ μέλη ἐκ μέρους. καὶ οὓς μὲν ἔθετο ὁ θεὸς ἐν τῇ ἐκκλησίᾳ πρῶτον ἀποστόλους, δεύτερον προφήτας, τρίτον διδασκάλους, ἔπειτα δυνάμεις, ἔπειτα χαρίσματα ἰαμάτων, ἀντιλήμψεις, κυβερνήσεις, γένη γλωσσῶν. μὴ πάντες ἀπόστολοι; μὴ πάντες προφῆται; μὴ πάντες διδάσκαλοι; μὴ πάντες δυνάμεις; μὴ πάντες χαρίσματα ἔχουσιν ἰαμάτων; μὴ πάντες γλώσσαις λαλοῦσιν; μὴ πάντες διερμηνεύουσιν; ζηλοῦτε δὲ τὰ χαρίσματα τὰ μείζονα. Καὶ ἔτι καθ᾽ ὑπερβολὴν ὁδὸν ὑμῖν δείκνυμι. ᾽Εὰν ταῖς γλώσσαις τῶν ἀνθρώπων λαλῶ καὶ τῶν ἀγγέλων, ἀγάπην δὲ μὴ ἔχω, γέγονα χαλκὸς ἠχῶν ἢ κύμβαλον ἀλαλάζον. καὶ ἐὰν ἔχω προφητείαν καὶ εἰδῶ τὰ μυστήρια πάντα καὶ πᾶσαν τὴν γνῶσιν καὶ ἐὰν ἔχω πᾶσαν τὴν πίστιν ὥστε ὄρη μεθιστάναι, ἀγάπην δὲ μὴ ἔχω, οὐθέν εἰμι. κἂν ψωμίσω πάντα τὰ ὑπάρχοντά μου καὶ ἐὰν παραδῶ τὸ σῶμά μου ἵνα καυχήσωμαι, ἀγάπην δὲ μὴ ἔχω, οὐδὲν ὠφελοῦμαι. ῾Η ἀγάπη μακροθυμεῖ χρηστεύεται ἡ ἀγάπη, οὐ ζηλοῖ, [ἡ ἀγάπη] οὐ περπερεύεται οὐ φυσιοῦται, οὐκ ἀσχημονεῖ, οὐ ζητεῖ τὰ ἑαυτῆς, οὐ παροξύνεται, οὐ λογίζεται τὸ κακόν, οὐ χαίρει ἐπὶ τῇ ἀδικίᾳ, συγχαίρει δὲ τῇ ἀληθείᾳ· πάντα στέγει, πάντα πιστεύει, πάντα ἐλπίζει, πάντα ὑπομένει. ῾Η ἀγάπη οὐδέποτε ἐκπίπτει· εἴτε δὲ προφητεῖαι, καταργηθήσονται· εἴτε γλῶσσαι, παύσονται εἴτε γνῶσις, καταργηθήσεται.

Apostolos Reading, The Feast of the Holy Unmercenaries (November 1)(1 Corinthians 12:27- 38, 13:1-8)

Brethren, now you are the body of Christ and individually members of it. And God has appointed in the church first apostles, second prophets, third teachers, then workers of miracles, then healers, helpers, administrators, speakers in various kinds of tongues. Are all apostles? Are all prophets? Are all teachers? Do all work miracles? Do all possess gifts of healing? Do all speak with tongues? Do all interpret? But earnestly desire the higher gifts. And I will show you a still more excellent way. If I speak in the tongues of men and of angels, but have not love, I am a noisy gong or a clanging cymbal. And if I have prophetic powers, and understand all mysteries and all knowledge, and if I have all faith, so as to remove mountains, but have not love, I am nothing. If I give away all I have, and if I deliver my body to be burned, but have not love, I gain nothing. Love is patient and kind; love is not jealous or boastful; it is not arrogant or rude. Love does not insist on its own way; it is not irritable or resentful; it does not rejoice at wrong, but rejoices in the right. Love bears all things, believes all things, hopes all things, endures all things. Love never ends; as for prophecies, they will pass away; as for tongues, they will cease; as for knowledge, it will pass away.

Εὐαγγέλιον Ε΄ Κυριακῆς Λουκᾶ (Λουκᾶ ιστ΄ 19-31) Κυριακή τοῦ Πλουσίου καί τοῦ Λαζάρου

Εἶπεν ὁ Κύριος τὴν παραβολὴν ταύτην: ῞Ανθρωπος δέ τις ἦν πλούσιος, καὶ ἐνεδιδύσκετο πορφύραν καὶ βύσσον εὐφραινόμενος καθ᾽ ἡμέραν λαμπρῶς. πτωχὸς δέ τις ὀνόματι Λάζαρος ἐβέβλητο πρὸς τὸν πυλῶνα αὐτοῦ εἰλκωμένος καὶ ἐπιθυμῶν χορτασθῆναι ἀπὸ τῶν πιπτόντων ἀπὸ τῆς τραπέζης τοῦ πλουσίου· ἀλλὰ καὶ οἱ κύνες ἐρχόμενοι ἐπέλειχον τὰ ἕλκη αὐτοῦ. ἐγένετο δὲ ἀποθανεῖν τὸν πτωχὸν καὶ ἀπενεχθῆναι αὐτὸν ὑπὸ τῶν ἀγγέλων εἰς τὸν κόλπον ᾽Αβραάμ· ἀπέθανεν δὲ καὶ ὁ πλούσιος καὶ ἐτάφη. καὶ ἐν τῷ ᾅδῃ ἐπάρας τοὺς ὀφθαλμοὺς αὐτοῦ, ὑπάρχων ἐν βασάνοις, ὁρᾷ ᾽Αβραὰμ ἀπὸ μακρόθεν καὶ Λάζαρον ἐν τοῖς κόλποις αὐτοῦ. καὶ αὐτὸς φωνήσας εἶπεν, Πάτερ ᾽Αβραάμ, ἐλέησόν με καὶ πέμψον Λάζαρον ἵνα βάψῃ τὸ ἄκρον τοῦ δακτύλου αὐτοῦ ὕδατος καὶ καταψύξῃ τὴν γλῶσσάν μου, ὅτι ὀδυνῶμαι ἐν τῇ φλογὶ ταύτῃ. εἶπεν δὲ ᾽Αβραάμ, Τέκνον, μνήσθητι ὅτι ἀπέλαβες τὰ ἀγαθά σου ἐν τῇ ζωῇ σου, καὶ Λάζαρος ὁμοίως τὰ κακά· νῦν δὲ ὧδε παρακαλεῖται, σὺ δὲ ὀδυνᾶσαι. καὶ ἐν πᾶσι τούτοις μεταξὺ ἡμῶν καὶ ὑμῶν χάσμα μέγα ἐστήρικται, ὅπως οἱ θέλοντες διαβῆναι ἔνθεν πρὸς ὑμᾶς μὴ δύνωνται, μηδὲ ἐκεῖθεν πρὸς ἡμᾶς διαπερῶσιν. εἶπεν δέ, ᾽Ερωτῶ σε οὖν, πάτερ, ἵνα πέμψῃς αὐτὸν εἰς τὸν οἶκον τοῦ πατρός μου, ἔχω γὰρ πέντε ἀδελφούς, ὅπως διαμαρτύρηται αὐτοῖς, ἵνα μὴ καὶ αὐτοὶ ἔλθωσιν εἰς τὸν τόπον τοῦτον τῆς βασάνου. λέγει δὲ ᾽Αβραάμ, ῞Εχουσι Μωϋσέα καὶ τοὺς προφήτας· ἀκουσάτωσαν αὐτῶν. ὁ δὲ εἶπεν, Οὐχί, πάτερ ᾽Αβραάμ, ἀλλ᾽ ἐάν τις ἀπὸ νεκρῶν πορευθῇ πρὸς αὐτοὺς μετανοήσουσιν. εἶπεν δὲ αὐτῷ, Εἰ Μωϋσέως καὶ τῶν προφητῶν οὐκ ἀκούουσιν, οὐδ᾽ ἐάν τις ἐκ νεκρῶν ἀναστῇ πεισθήσονται.

Gospel Reading, Fifth Sunday of Luke (Luke 16: 19-31) The Rich Man and Lazaros

The Lord said this Parable: "There was a rich man, who was clothed in purple and fine linen and who feasted sumptuously every day. And at his gate lay a poor man named Laz'arus, full of sores, who desired to be fed with what fell from the rich man's table; moreover the dogs came and licked his sores. The poor man died and was carried by the angels to Abraham's bosom. The rich man also died and was buried; and in Hades, being in torment, he lifted up his eyes, and saw Abraham far off and Laz'arus in his bosom. And he called out, `Father Abraham, have mercy upon me, and send Laz'arus to dip the end of his finger in water and cool my tongue; for I am in anguish in this flame.' But Abraham said, `Son, remember that you in your lifetime received your good things, and Laz'arus in like manner evil things; but now he is comforted here, and you are in anguish. And besides all this, between us and you a great chasm has been fixed, in order that those who would pass from here to you may not be able, and none may cross from there to us.' And he said, `Then I beg you, father, to send him to my father's house, for I have five brothers, so that he may warn them, lest they also come into this place of torment.' But Abraham said, `They have Moses and the prophets; let them hear them.' And he said, `No, father Abraham; but if some one goes to them from the dead, they will repent.' He said to him, `If they do not hear Moses and the prophets, neither will they be convinced if some one should rise from the dead.'"

Parish Council On Duty: Chérie Cookorinis/Philip George
Greeters On Duty: Chrisa & Kenn Farrey
Ushers On Duty: Alicia Turner/Harry Mavromatidis/Gabriel Mavromatidis/James Westin
Simpson Shuttle Drivers: George Nakos/Steve Tingas/Dawn Mavromatidis
Prosforo Bakers: April Mason/John McDermott/Jennie Miltiades/Mary Miltiades

Sun. Nov. 1	**Fifth Sunday of Luke**	
	8:45 am	Orthros
	10:00 am	Divine Liturgy
	11:15 am	Youth Catechism classes-PLC Classrooms
	11:45 am	Philoptochos Sunday | Artoklasia for Sts. Cosmas & Damianos (2nd tray benefiting the Ecumenical Patriarchate)
	12:00 pm	St. Nicholas Market-PLC Banquet Hall
	12:30 pm	Cretan Dance Practice-PLC Classroom
	12:30 pm	Fellowship Hour hosted by the Kipreos Family
	12:30 pm	GOYA WYR Boys Basketball Practice-PLC Gym
	2:00 pm	GOYA WYR Girls Basketball Practice-PLC Gym
Mon. Nov. 2	5:30 pm	Greek School Classes-PLC Classrooms
Tue. Nov. 3	8:20 am	TOA Divine Liturgy & Fellowship
	9:35 am	TOA Classes-PLC Classrooms
	10:45 am	Kafenion-PLC Atrium
	11:00 am	Philoptochos Book Club-PLC Library (St. Basil Conf. Rm.)
	6:30 pm	Parish Council Meeting-St. Basil Conf. Rm
	7:00 pm	Mixed Choir Practice-Church Sanctuary
Wed. Nov. 4	10:00 am	Chair Exercise Program-PLC Classroom #127
	11:00 am	Bible Study of Ephesians-PLC Library/St. Basil Conf.
	5:30 pm	Greek School Classes-PLC Classrooms
Thur. Nov. 5	8:20 am	TOA Divine Liturgy & Fellowship
	9:35 am	TOA Classes-PLC Classrooms
Fri. Nov. 6	10:00 am	Set-up: Rental-PLC Atrium/Kitchen
Sat. Nov. 7	12:00 pm	DivorceCare Support Group-PLC Library
	3:30 pm	Knutzon Baptism (Cecilia)
	4:30 pm	Rental: Knutzon Reception
	5:00 pm	Great Vespers
Sun. Nov. 8	**Synaxis of the Archangel Michael & other Bodiless Hosts**	
	8:45 am	Orthros
	10:00 am	Divine Liturgy
	11:15 am	Youth Catechism classes-PLC Classrooms
	11:30 am	Second Sunday YA Class & Discussion-Lighthouse
	12:30 pm	Stewardship Kick-off Luncheon-PLC Banquet Hall
	5:30 pm	Great Vespers-St. Nektarios of Aegina

See full calendar for the rest of the schedule: www.holytransfiguration.info/calendar

SPECIAL ANNOUNCEMENTS

St. Nicholas Market & Paper Goods Drive: Sun. Nov. 1 - Annual Philoptochos fundraiser open to all parish and community vendors. Paper Goods Drive benefitting Focus Atlanta. Scan above QR code to access flyers.

Christmas Remembrance: Members of GOYA will be in the PLC Lobby collecting names and donations for the **Parish Christmas Card** (deadline for submissions is Sun. Nov. 29) and will also have a flyer for the **Christmas Poinsettias** (deadline for submissions is Mon. Dec. 14). Scan

Veteran's Wall of Honor: As we approach Veteran's Day next month, our GOYA Ministry (Middle & High School) is working to update the Wall of Honor, highlighting those in the military & honoring their service. **If you or a family member have served or are serving in any branch of any military and would like to be included, please send photos and a description (name, relation, rank, years served, location, etc.) to Sophia Linebaugh at slinebaugh3@gmail.com by Monday 11/2.**

St. Nektarios Harvest Festival: Join TOA in a celebration of their patron saint. BBQ by Righteous 'Que, games & crafts, Christmas gifts, TOA student presentation. **RSVP for BBQ by Fri. Nov. 6.**

Annual Stewardship Luncheon: Sun. Nov. 8, immediately following the Divine Liturgy in the PLC. There is no cost for this meal.

Fall Festival hosted by GOYA: Save the Date, all are invited to the Fall Festival hosted by GOYA on **Wed. Nov. 11** at 6:30 pm. Join us for a Paraklesis service followed by food and fun activities in the amphitheater. Details to follow next week!

2026 Archangel Michael Honorees: Congrats to George Lopos and Eleni Reese for being selected as this year's honorees. Scan above QR code to access flyer.

General Parish Assembly Meeting: Sun. Nov. 15, immediately following the Divine Liturgy in the PLC. A light meal will be provided. Please note: In order to be eligible to vote, you must have filled out a 2026 or 2027 Membership/Stewardship form and be a baptized/chrismated Eastern Orthodox Christian.

TOA Open House: Thur. Nov. 19, 10:15 am-12:00 pm. Meet the staff, curriculum overview, campus tour, Q & A session. RSVP at **tinyurl.com/toaopenhouse**.

Greek School Holiday Bake Sale: Sun. Dec. 13 in the Lobby of the Parish Life Center after Divine Liturgy.

Cartersville Divine Liturgy: All are invited to the Orthodox Divine Liturgy in Cartersville, GA on **Sat. Dec. 19 at 10:00 am** at St. Francis of Assisi Catholic Church, 850 Douthit Ferry Rd, Cartersville, GA 30120.

Winter Youth Rally: Registration is open for all 7th-12th graders that are Orthodox Christians in the Metropolis of Atlanta. The WYR will be held in Atlanta, GA, Sun.-Wed., Dec. 27- 30. **EARLY BIRD REGISTRATION DISCOUNT ENDS ON SUN. NOV. 1ST. Registration deadline is Mon. Nov. 30th.** Contact Rebecca Zavala at **beccamatinaz@gmail.com** with questions.

RECURRING MINISTRY EVENTS

Adult Bible Study: next meets on **Wed. Nov. 4, 11:00 am-12:30 pm** and continues every Wednesday through Nov. 18. Fr. John will lead the meeting in the PLC Library. Scan above QR code to access flyer.

Chair Exercise Program: Our next meeting will be **Wed. Nov. 4, at 10:00 am** in PLC Classroom #127. Please text Ann Zakreski at 770.329.7421 if you plan to come.

DivorceCare Support Group: Divorced? Separated? 13-week support group series began Oct. 24. **Next session: Sat. Nov. 7, 12:00-1:30 pm** in the PLC Library. To join, contact program leader Alina Fortis - ph: 312-388-1484, email: **coachingwithalina@gmail.com**. Scan above QR code to access flyer.

GOYA (6th-12th): Bi-Weekly meetings for fun and fellowship on Wednesdays. Email **goya@holytransfiguration.info** to join our email list. **Next meeting Nov. 11 (Fall Festival).**

Greek School: Greek language and culture classes for youth and adults, funded through tuition. **The 2026-2027 school year began Monday, Aug. 24**. Additional offerings: Private & Semi-Private Lessons and Biblical Greek classes. Scan above QR code to access flyer.

Hellenic Dance: Greek dance troupes for Pre-K through adults. Email Paulina Vastakis at **hellenicdance@holytransfiguration.info** with questions. Dancing at Woodstock Intl. Food Festival on **Nov. 7, 2pm & 7pm.** Scan QR Code to access flyers on Ministry News page.

Hope & Joy (K-5th): Members will be serving a Thanksgiving Meal at St. John the Wonderworker on **Sat. Nov. 25.** Scan above QR code to access ministry info.

Mixed Choir: Next practice **Tues. Nov. 3** from 7:00-9:00 p.m. in the Church.

Men's Choir: Next practice **Thur. Nov. 12 & 19** from 7:00-8:30 p.m. in the Church. Singing the Divine Liturgy on **Sun. Nov. 22.**

Parea: Our next meeting is on **Thur. Nov. 19**. Join us as all are welcome.

Philoptochos 2026 Membership Drive: renew or join for the first time, **https://holytransfiguration.info/philoptochos**

Philoptochos Book Club: Calling ALL Book Lovers! Come join the Philoptochos Book Club! We meet on the first Tuesday of each month at 11 am in the PLC Library followed by optional lunch out. ALL book lover readers are welcomed to come. **NEXT MEETING - Tue. Nov. 3,** at 11:00 am**.** Book - *Gone Before Goodbye* by Reese Witherspoon and Harlan Corben.

Spiritual Book Club: Watch the free movie *Mysteries of the Jesus Prayer* (**https://tinyurl.com/2j974dpr**) then join us on **Mon. Nov. 16 at 7pm** in the PLC Library to discuss it. Email **mgavalas@holytransfiguration.info** to register. Scan above QR code to access flyer.

Young Adults in their 20's and 30's meet twice a month for continuing education & fellowship. Want to learn more? Join the HTGOC Young Adults GroupMe chat for notifications on events. Contact: Fr. Chris (**frchris@holytransfiguration.info**) or Ministry Lead (**youngadults@holytransfiguration.info**).
Next meeting: Sun. Nov. 8(Second Sunday after communion in the Lighthouse).
Other events: Diakonia Retreat, Jan. 15-17 at the Alexios Retreat Center in Salem, SC

Youth Catechism: for children ages 3 years old through 12 grade. **REGISTRATION REQUIRED** - SEE YOUTH MINISTRIES REGISTRATION - SCAN THE QR CODE ABOVE.

LINKS AND ANNOUNCEMENTS

2026 Annual Membership Campaign: see the Stewardship section to learn more.

Holy Transfiguration Endowment: Donations now being accepted to the Holy Transfiguration Endowment. To learn more about Planned Giving and the Endowment, visit **https://holytransfiguration.info/endowment**. Remember the Endowment in your will and estate planning. Scan above QR code to access flyer.

Clergy or Pastoral Assistant Home Visit: Are you or someone you know unable to attend church due to illness or some other reason? Would you or someone you know like a visit from a member of our clergy team or lay volunteer? Scan above QR code to access flyer.

Driver Ministry: The Driver Ministry is here to support our parish family by offering transportation to those who need assistance getting to: Medical/personal appts., Grocery stores/errands, Church services/parish events, & other essential local needs. Scan above QR code to access flyer.

Simpson Shuttle Drivers Needed: 1-hour shifts on Sunday to transport people from Simpson Middle School. Must be 21+ yrs. old. If interested, send just your name and cell number to Steve Tingas at 770-845-5045 or **stingas@holytransfiguration.info**.

Fellowship Hour Sponsorship is a great way to honor someone's birthday, nameday, memory, or a significant event with your church family. For ministries, it is a great opportunity to bring awareness to your group and gain members. Scan above QR code to access flyer.

Parish Life Committee Seeks Team Members! Parish Life, the behind-the-scenes group that brings the community together, is looking for volunteers to help with Sunday coffee hour and other events. Please contact:
Eleni: **EReese@holytransfiguration.info**
Cherie: **CCookorinis@holytransfiguration.info**
Lela: **LBridgers@holytransfiguration.info**

Philoptochos Assistance: If you or someone who's part of your community is in need, Philoptochos is here to help. Please contact Jamie Hughes at 770-710-7733 or **jahughes421@gmail.com** for details.

Phishing Scam Awareness: The church (priests, staff, Parish Council, ministry leads) will NEVER email or text asking you to buy gift cards or send money for any reason. If you receive such a message, IT IS A SCAM. Please disregard the request and report it to the church office (**office@holytransfiguration.info** or 770-924-8080). Always verify requests for financial assistance through direct communication with the church office. Protect yourself, your personal information, fellow parishioners, & the church by being cautious of these fraudulent attempts.

Donate to Focus Atlanta: FOCUS Atlanta serves food to the homeless every weekday at St. John the Wonderworker in Atlanta. Please support their efforts. Visit **focusna.org/give** to donate. Scan above QR code to access flyer.

BEYOND HOLY T.

Scan the QR code on the previous page to access announcements & flyers on Ministry News page.



SO YOU KNOW

GENERAL FUND (GF) INCOME AND EXPENSES 01/01/26–10/29/26	
Stewardship Contributions:	$743,938
Other GF Income:	$235,189
Total GF Income	$979,127
Total GF Expenses:	—$1,015,527
Net General Fund Balance:	—$36,400
2026 STEWARDSHIP REPORT AS OF 10/29/26	
# of Pledged Households:	499
2026 Budget:	$1,030,102
Total Pledge Amount:	$981,713
Stewardship Shortfall:	—$48,389

2026 Stewardship Campaign

How to submit your 2026 Membership/Stewardship Card:

1. PAPER: Grab a paper Stewardship form from a Parish Council member in the Narthex on Sunday. You may mail back the completed paper form to the Church or drop the completed form in the offering tray.

2. ONLINE: You may complete the Online Membership/Stewardship Form on the website's Stewardship page (**https://holytransfiguration.info/join/**).

3. SCAN: use this QR code. Simply point your camera at the QR code and click the yellow link that appears in the image frame.

Keep up to date on Ministry News

1. **To keep up with events digitally, please register** with our email database if you haven't already at **https://tinyurl.com/yudcpubr**. If you're on our list, make sure you've added office@holytransfiguration.info to your safe senders list and contact list.
2. **Ministry News** is emailed every Wednesday complete with flyers and details about special events, recurring ministries, and events beyond Holy Transfiguration. Scan the QR code on the right to access the most recent email.
3. The **Church Website** has an up-to-date calendar and ministry pages and can be found at **https://holytransfiguration.info**.
4. **Weekend Email** with livestream links and a weekend schedule reminder goes out every Friday.
5. Check out the **Ministry Bulletin Boards** on the upper and lower level of the Parish Life Center for details about upcoming events.

Receiving Holy Communion

Orthodox Christians who have prepared spiritually are invited to come forward "with the fear of God, with faith, and with love" to receive Holy Communion. Non-Orthodox Christians may receive the blessed bread (*antidoron*) offered at the conclusion of the service, but not Holy Communion. They may come up to receive a blessing during Holy Communion if they wish. Preparation for Holy Communion includes confession of sins (even of sinful thoughts) and repentance, making peace with those around us, forgiving those who hurt us, asking for forgiveness from those we have hurt, and prayer. There is a special set of prayers called "Preparation for Holy Communion" to help prepare. If you have further questions regarding the proper preparation for Holy Communion, please speak with Fr. Panayiotis.

Beyond Medical Knowledge

Even without anyone to instruct us we are quite able, on the basis of what we see, live and feel, to understand how our body is formed. Its own nature teaches us. It may be useful, nonetheless, to consult experts to have a clearer idea. The science of anatomy has allowed us to know the positions of the individual parts of the human body. Other sciences help us to grasp their uses.

In a detailed study we must examine the organs as having three kinds of function: life, enjoyment and conservation.

The organs without which it is impossible to have life are three: the brain, the heart, the liver.

Then there are the gifts that nature gives to the human being to make life pleasant: the senses. The lack, which is not infrequent, of one or other of them does not result in death, but without being able to use them life is less enjoyable.

Finally, we should recall those organs which have no purpose in themselves but are useful to conserve life, for example, the stomach and the lungs.

The true and perfect life, however, is that of the soul. In the soul is found the beauty of the likeness of God, who created humanity with the words: "Let us make human beings in our own image, after our own likeness."

St. Gregory of Nyssa