

SUNDAY OF THE PARALYTIC



*Icon of Jesus Healing the Paralytic Man*

# HOLY TRANSFIGURATION GREEK ORTHODOX CHURCH

3431 Trickum Road NE — Marietta, GA 30066 — Tel. 770-924-8080



*Our purpose is to lead people to the Kingdom of God.*

*Our mission is to provide a place of worship  
where people actively gather to practice their authentic  
Orthodox Christian faith to impact the world.*



**Fr. Panayiotis Papageorgiou, Ph.D., Protopresbyter**

**Fr. John Brown, Protopresbyter**

**Fr. Michael Tishel, Presbyter**

**Fr. Christopher Zaferes, Presbyter**

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## SUNDAY—THE LORD’S DAY—MAY 3, 2026

**Sunday of the Paralytic**

**Musical Mode: Third Mode**

**Fifth Eothinon Gospel: Luke 24: 12-35**

**Readings of the Day: Acts 9: 32-42 & John 5: 1-15**

**Today’s Saints:** Martyrs Timothy and Maura; Peter the Wonderworker; Theophan, Bishop of Peritheorion; Xenia of Kalamata; Fr. Theodosius, Abbot of Kiev Caves; Ahmet the Calligrapher & Martyr; Oikoumenios the Wonderworker, Bishop of Triikka

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## APOLYTIKION OF THE PARISH

Μετεμορφώθης ἐν τῷ ὄρει Χριστὲ ὁ Θεός, δείξας τοῖς Μαθηταῖς σου τὴν δόξαν σου, καθὼς ἠδυναντο. Λάμπσον καὶ ἡμῖν τοῖς ἁμαρτωλοῖς, τὸ φῶς σου τὸ αἶδιον, πρεσβείαις τῆς Θεοτόκου, φωτοδότα δόξα σοι.

Metemorfóthis en to óri, Hristé o Theós, dixas tis Mathités sou, tin dóxan sou kathós idinanto; lampson ke imin tis amartolis, to fos sou to aidion, presvies tis Theotókou, Fotodóta dóxa si.

You were transfigured upon the mountain, O Christ our God, showing to Your disciples, Your glory as much as they could bear. Do also in us, sinners though we may be, shine Your everlasting light, by the intercessions of the Theotokos, O Giver of Light, glory to You.

## TODAY'S HYMNS

### Entrance Hymn. Second Mode.

Bless God in the churches, the Lord from the fountains of Israel.  
Save us, O Son of God, risen from the dead. We sing to You, Alleluia.

*Please sing along with us after the Small Entrance, as you are able.*

### Resurrectional Apolytikion. Third Mode.

Let the heavens be glad. Let the earth rejoice exceedingly. For the Lord has shown strength with his arm. He trampled death by death. He became the first-born of the dead. Out of the belly of Hades, He has rescued us, and to the world He has granted the great mercy.

### Apolytikion of the Parish. Grave Mode.

*[See inside front cover]*

### Kontakion of Pascha. Plagal of the Fourth Mode.

Though You went down into the tomb, O Immortal One, yet You brought down the dominion of Hades; and You rose as the victor, O Christ our God; and You called out "Rejoice" to the Myrrh-bearing women, and gave peace to Your Apostles, O Lord who to the fallen grant resurrection.

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## WHERE TO FIND INFORMATION ABOUT ORTHODOXY

**Trisagion Films:** On YouTube, Facebook and website, [www.trisagionfilms.com](http://www.trisagionfilms.com)

**Follow our Podcasts:** "*An Imperfect Podcast*" - You can now listen to the entire series on iTunes, Spotify, GooglePlay, PlayerFM, and Sticher. You can find the entire series on iTunes here as well: <http://tinyurl.com/y5ved9lk>

For audio of spiritual discussions: **Ancient Faith Radio:** [www.ancientfaith.com](http://www.ancientfaith.com)  
Visit our **Church Bookstore** for books, icons and other spiritual items for your home.  
Visit our **Library** at <https://holytransfiguration.info/ministries/education/library/>

To learn more about the Orthodox Faith, peak to Father Panayiotis and he will guide you.  
Email him at [frpanayiotis@holytransfiguration.info](mailto:frpanayiotis@holytransfiguration.info) to schedule an appointment.

## Readings of the Fourth Sunday after Pascha—the Sunday of the Paralytic Αναγνώσματα Κυριακῆς τοῦ Παραλύτου

### Πράξεις τῶν Ἀποστόλων (9.32-42)

Ἐν ταῖς ἡμεραῖς ἐκεῖναις, ἐγένετο Πέτρον διερχόμενον διὰ πάντων κατελθεῖν καὶ πρὸς τοὺς ἁγίους τοὺς κατοικοῦντας Λύδδαν. Εὗρεν δὲ ἐκεῖ ἄνθρωπον τινα Αἰνέαν ὀνόματι, ἐξ ἑπτῶν ὀκτῶ κατακείμενον ἐπὶ κρᾶββάτῳ, ὃς ἦν παραλελυμένος. Καὶ εἶπεν αὐτῷ ὁ Πέτρος, Αἰνέα, ἰᾶταί σε Ἰησοῦς ὁ Χριστός· ἀνάστηθι καὶ στῶσον σεαυτῷ. Καὶ εὐθέως ἀνέστη. Καὶ εἶδον αὐτὸν πάντες οἱ κατοικοῦντες Λύδδαν καὶ τὸν Ἀσσάρωνα, οἵτινες ἐπέστρεψαν ἐπὶ τὸν κύριον. Ἐν Ἰόππῃ δὲ τις ἦν μαθήτρια ὀνόματι Ταβηθά, ἣ διερμηνευομένη λέγεται Δορκάς· αὕτη ἦν πλήρης ἀγαθῶν ἔργων καὶ ἐλεημοσυνῶν ὧν ἐποίει. Ἐγένετο δὲ ἐν ταῖς ἡμέραις ἐκεῖναις ἀσθενήσασαν αὐτὴν ἀποθανεῖν· λούσαντες δὲ αὐτὴν ἔθηκαν ἐν ὑπερφῶ. Ἐγγὺς δὲ οὔσης Λύδδης τῇ Ἰόππῃ, οἱ μαθηταὶ ἀκούσαντες ὅτι Πέτρος ἐστὶν ἐν αὐτῇ, ἀπέστειλαν πρὸς αὐτὸν, παρακαλοῦντες μὴ ὀκνήσαι διελθεῖν ἕως αὐτῶν. Ἀναστὰς δὲ Πέτρος συνήλθεν αὐτοῖς· ὃν παραγενόμενον ἀνήγαγον εἰς τὸ ὑπερφῶν, καὶ παρέστησαν αὐτῷ πᾶσαι αἱ χήραι κλαίουσαι καὶ ἐπιδεικνύμεναι χιτῶνας καὶ ἱμάτια ὅσα ἐποίει μετ' αὐτῶν οὔσα ἡ Δορκάς. Ἐκβαλὼν δὲ ἔξω πάντας ὁ Πέτρος θείσ τὰ γόνατα προσηύξατο· καὶ ἐπιστρέψας πρὸς τὸ σῶμα, εἶπεν, Ταβηθά, ἀνάστηθι. Ἡ δὲ ἠνοιξεν τοὺς ὀφθαλμοὺς αὐτῆς· καὶ ἰδοῦσα τὸν Πέτρον, ἀνεκάθισεν. Δοὺς δὲ αὐτῇ χεῖρα, ἀνέστησεν αὐτή· φωνήσας δὲ τοὺς ἁγίους καὶ τὰς χήρας, παρέστησεν αὐτὴν ζῶσαν. Γνωστὸν δὲ ἐγένετο καθ' ὅλης τῆς Ἰόππης, καὶ πολλοὶ ἐπίστευσαν ἐπὶ τὸν Κύριον.

### Ἐκ τοῦ Κατὰ Ἰωάννην Εὐαγγελίου (5.1-15)

Τῷ καιρῷ ἐκείνῳ, ἀνέβη ὁ Ἰησοῦς εἰς Ἱεροσόλυμα. Ἔστι δὲ ἐν τοῖς Ἱεροσολύμοις ἐπὶ τῇ προβατικῇ κολυμβήθρα, ἣ ἐπιλεγομένη Ἑβραϊστὶ Βηθεσδά, πέντε στοαὶς ἔχουσα. ἐν ταύταις κατέκειτο πλῆθος πολὺ τῶν ἀσθενούντων, τυφλῶν, χωλῶν, ξηρῶν, ἐκδεχομένων τὴν τοῦ ὕδατος κίνησιν. ἄγγελος γὰρ κατὰ καιρὸν κατέβαινε ἐν τῇ κολυμβήθρα, καὶ ἐταράσσετο τὸ ὕδωρ· ὁ οὖν πρῶτος ἐμβὰς μετὰ τὴν ταραχὴν τοῦ ὕδατος ὑγιῆς ἐγένετο ὃ δὴποτε κατείχεται νοσήματι. ἦν δὲ τις ἄνθρωπος ἐκεῖ τριάκοντα καὶ ὀκτῶ ἔτη ἔχων ἐν τῇ ἀσθενείᾳ αὐτοῦ. τοῦτον ἰδὼν ὁ Ἰησοῦς κατακείμενον, καὶ γνοὺς ὅτι πολὺν ἤδη χρόνον ἔχει, λέγει αὐτῷ· θέλεις ὑγιῆς γενέσθαι; ἀπεκρίθη αὐτῷ ὁ ἀσθενῶν· Κύριε, ἄνθρωπον οὐκ ἔχω, ἵνα ὅταν ταραχθῇ τὸ ὕδωρ, βάλῃ με εἰς τὴν κολυμβήθραν· ἐν ᾧ δὲ ἔρχομαι ἐγώ, ἄλλος πρὸ ἐμοῦ καταβαίνει. λέγει αὐτῷ ὁ Ἰησοῦς· ἐγειρε, ἄρον τὸν κρᾶββάτῳ σου καὶ περιπάτει. καὶ εὐθέως ἐγένετο ὑγιῆς ὁ ἄνθρωπος, καὶ ἦρε τὸν κρᾶββάτον αὐτοῦ καὶ περιεπάτει. ἦν δὲ σάββατον ἐν ἐκείνῃ τῇ ἡμέρᾳ. ἔλεγον οὖν οἱ Ἰουδαῖοι τῷ τεθεραπευμένῳ· σάββατόν ἐστιν· οὐκ ἔξεστί σοι ἄραι τὸν κρᾶββάτον. ἀπεκρίθη αὐτοῖς· ὁ ποιήσας με ὑγιῆ, ἐκεῖνός μοι εἶπεν· ἄρον τὸν κρᾶββάτῳ σου καὶ περιπάτει. ἠρώτησαν οὖν αὐτόν· τίς ἐστὶν ὁ ἄνθρωπος ὁ εἰπὼν σοι, ἄρον τὸν κρᾶββάτῳ σου καὶ περιπάτει; ὁ δὲ ἰαθεὶς οὐκ ἤδει τίς ἐστίν· ὁ γὰρ Ἰησοῦς ἐξένευσεν ὄχλου ὄντος ἐν τῷ τόπῳ. μετὰ ταῦτα εὕρισκει αὐτόν ὁ Ἰησοῦς ἐν τῷ ἱερῷ καὶ εἶπεν αὐτῷ· ἴδε ὑγιῆς γέγονας· μηκέτι ἀμάρτανε, ἵνα μὴ χειρόν σοί τι γένηται. ἀπῆλθεν ὁ ἄνθρωπος καὶ ἀνήγγειλε τοῖς Ἰουδαίοις ὅτι Ἰησοῦς ἐστὶν ὁ ποιήσας αὐτόν ὑγιῆ.

### Epistle Reading (Acts 9.32-42)

Now as Peter went here and there among them all, he came down also to the saints that lived at Lydda. There he found a man named Aene'as, who had been bedridden for eight years and was paralyzed. And Peter said to him, "Aene'as, Jesus Christ heals you; rise and make your bed." And immediately he rose. And all the residents of Lydda and Sharon saw him, and they turned to the Lord. Now there was at Joppa a disciple named Tabitha, which means Dorcas. She was full of good works and acts of charity. In those days she fell sick and died; and when they had washed her, they laid her in an upper room. Since Lydda was near Joppa, the disciples, hearing that Peter was there, sent two men to him entreating him, "Please come to us without delay." So Peter rose and went with them. And when he had come, they took him to the upper room. All the widows stood beside him weeping, and showing tunics and other garments which Dorcas made while she was with them. But Peter put them all outside and knelt down and prayed; then turning to the body he said, "Tabitha, rise." And she opened her eyes, and when she saw Peter she sat up. And he gave her his hand and lifted her up. Then calling the saints and widows he presented her alive. And it became known throughout all Joppa, and many believed in the Lord.

### Gospel according to John (5.1-15)

At that time, there was a feast of the Jews, and Jesus went up to Jerusalem. Now there is in Jerusalem by the Sheep Gate a pool, in Hebrew called Bethesda, which has five porticoes. In these lay a multitude of invalids, blind, lame, paralyzed, waiting for the moving of the water; for an angel went down at a certain season into the pool and troubled the water: whosoever then first after the troubling of the water stepped in was made whole of whatever disease he had. And a certain man was there, who had an infirmity for thirty-eight years. When Jesus saw him and knew that he had been lying there a long time, he said to him, "Do you want to be healed?" The sick man answered him, "Sir, I have no one to put me into the pool when the water is troubled, and while I am going, another steps down before me." Jesus said to him, "Rise, take up your pallet, and walk." And at once the man was healed, and he took up his pallet and walked. Now that day was the sabbath. So the Jews said to the man who was cured, "It is the sabbath, it is not lawful for you to carry your pallet." But he answered them, "The man who healed me said to me, 'Take up your pallet, and walk.'" They asked him, "Who is the man who said to you, 'Take up your pallet, and walk'?" Now the man who had been healed did not know who it was, for Jesus had withdrawn, as there was a crowd in the place. Afterward, Jesus found him in the temple, and said to him, "See, you are well! Sin no more, that nothing worse befall you." The man went away and told the Jews that it was Jesus who had healed him.

**Parish Council On Duty:** Eleni Reese/Danny Vlahiotis

**Greeters On Duty:** Chrisa & Ken Farrey

**Ushers On Duty:** Alicia Turner/Mike Jacobs/Paul Jacobs/Jack Condra

**Prosforo Bakers:** Pat Koutouzis/Penny Miltiades/Linda Lopus/Panagiotis Maniatis

Sun. May 3

**Sunday of the Paralytic**

8:45 am Orthros

10:00 am Divine Liturgy

11:15 am Youth Catechism classes

A 1 year Memorial Service is given for Anita Pettola by the Hughes family. May her memory be eternal!

A 40 day Memorial Service for George Giannaris is given by Dennis (nephew) & Paula Christopher. May his memory be eternal!

12:30 pm Fellowship Coffee Hour sponsored by GOYA

3:00 pm YA Bible Study-Lighthouse

**Sunday Dance Practice Schedule**

12:30-1:00 pm Pitsirikia (Pre-K)-PLC Classroom #125

12:30-1:00 pm Palamakia (K & 1st)-PLC Classroom #127

12:30-1:15 pm Asteria (2nd & 3rd)-PLC Classroom #128

12:30-1:15 pm Petaloudes (4th & 5th)-PLC Classroom #130

12:30-2:30 pm Phoenix (middle school)-PLC Gym

1:00-3:30 pm Eleftheria (high school)-PLC Gym or Amphitheater

Mon. May 4

5:30 pm Greek School Classes-PLC Lower Level Classrooms

Tue. May 5

8:30 am TOA Morning Prayers-Lighthouse

9:30 am TOA Classes-PLC Classrooms

10:45 am Kafenion-PLC Upper Atrium

11:00 am Philoptochos Book Club-PLC Library (St. Basil Conf. Room)

5:30 pm Greek School Adult Class-PLC Classrooms

6:15 pm Finance Committee Meeting-PLC Library (St. Basil Conf. Rm)

7:00 pm Mixed Choir Practice

Wed. May 6

10:00 am Chair Exercise Class-PLC Classroom #127

5:30 pm Greek School Classes-PLC Lower Level Classrooms

7:00 pm Youth Group (GOYA)

Thu. May 7

8:30 am TOA Divine Liturgy-Lighthouse

9:30 am TOA Classes-PLC Classrooms

5:30 pm Greek School Adult Class-PLC Lower Level Classrooms

6:00 pm Great Vespers

**Feast of St. John the Theologian**

Fri. May 8

9:00 am Orthros

10:00 am Divine Liturgy

Sat. May 9

3:30 pm Wedding of Evi Rosado & Michael Trainor

5:00 pm Great Vespers

6:15 pm OCF End of Semester Bonfire

**See full calendar for the rest of the schedule: [www.holytransfiguration.info/calendar](http://www.holytransfiguration.info/calendar)**

## SPECIAL ANNOUNCEMENTS

### **Parish Life Committee Seeks Team Members!**

Parish Life, the behind-the-scenes group that brings the community together, is looking for volunteers to help with Sunday coffee hour and other events. Please contact:

Eleni: [EReese@holytransfiguration.info](mailto:EReese@holytransfiguration.info)

Cherie: [CCookorinis@holytransfiguration.info](mailto:CCookorinis@holytransfiguration.info)

Lela: [LBridgers@holytransfiguration.info](mailto:LBridgers@holytransfiguration.info)

### **Calling All Former Dance Families - We Need Your Help!**

The Dance Ministry takes gently used Marietta Dancer T-shirts, navy blue Jazz pants, and Character shoes back from former dancers so that we can provide for our current dance families who might be in need or forgotten to bring these items with them during the weekend of the festival. We are calling out for all former dance families to look in their closets and storages for these items and please drop these items off at the church office and mention they are for the Dance ministry. Your help is greatly appreciated!

### **TOA Open House, Jobs, & Applications:**

Transfiguration Orthodox Academy is hiring & accepting new students. Please scan above QR code to access flyer on Ministry News page.

**Marietta Greek Festival:** Save the Date (May 15-17) & sign-up to volunteer: <https://tinyurl.com/signup-MGF> or scan above QR code to access flyer on Ministry News page.

**Cartersville Divine Liturgy:** All are invited to the Orthodox Divine Liturgy in Cartersville, GA on **Sat. May 23** at 10:00 am at St. Francis of Assisi Catholic Church; 850 Douthit Ferry Rd; Cartersville, GA 30120.

**AHEPA Celebration of Education:** Save the Date **Sat. June 6** for AHEPA's 3rd Annual Fundraiser. Please scan above QR code to access flyer.

**Vacation Church School Camp:** Mark your calendars. **Mon-Fri, Jun. 22-26.** Theme: Behold the Light! Registration details coming soon. Please scan above QR code to access flyer on Ministry News page.

### **TOA Offering Middle School Courses:**

Transfiguration Orthodox Academy is excited to offer new Middle School Courses in Math, Science, Composition, and History. Please scan above QR code to access flyer on Ministry News page.

**Save the Date:** The evening of **Sat. Aug. 22**, honoring Father Panayiotis' Retirement, immediately following Vespers. More details to come!

## RECURRING MINISTRY EVENTS

**Catechism (Youth PreK-12th grade):** Classes meet on Sundays in the classrooms of the PLC following Communion. ALL CHILDREN MUST BE REGISTERED! Register online, <https://holytransfiguration.info/ministries/education/catechism/>

**Chair Exercise Program:** Our next meeting will be **Wed. May 6, at 10:00 am** in PLC Classroom #127. Please text Ann Zakreski at 770.329.7421 if you plan to come.

**GOYA:** For rising 6th-graders thru High schoolers. Weekly meetings for fun and fellowship on Wednesdays. Contact [goya@holytransfiguration.info](mailto:goya@holytransfiguration.info) to join our email list. **Next meeting May 6.**

**Greek School Registration:** Greek School classes began in August, but the program is still accepting students. Biblical and Modern Greek Classes available! Please scan above QR code to access flyer on Ministry News page.

**Hellenic Dance:** Practices for all groups continues **Sun May 3** See this week's ministry news email for a detailed schedule. Email Paulina Vastakis at [hellenicdance@holytransfiguration.info](mailto:hellenicdance@holytransfiguration.info) with questions.

**Life and Faith Transitions Group:** Join us as We Discover *Christ in the Psalms*. Upcoming Session via Zoom: **Sat. May 23**. For info & Zoom invite reach out to BJ at 404-771-9335 or [spanosbj@gmail.com](mailto:spanosbj@gmail.com).

**Mixed Choir:** Next practice **Tues. May 5** from 7:00-9:00 p.m. in the Church.

**Men's Choir:** Next practice **Thu. May 21 & 28** from 7:00-8:30 p.m. in the Church. Singing the Divine Liturgy on **Sun. May 24 & 31.**

**Parea:** Our next meeting is on **Thu. May 21**. Join us as all are welcome.

**Philoptochos 2026 Membership Drive:** renew or join for the first time, <https://holytransfiguration.info/philoptochos>

**Upcoming Philoptochos Events:**  
Tue. May 5: Philoptochos Book Club

**Philoptochos Book Club:** Calling ALL Book Lovers! Come join the Philoptochos Book Club! We meet on the first Tuesday of each month at 11 am in the PLC Library followed by optional lunch out. ALL book lover readers are welcomed to come.  
**NEXT MEETING - Tue. May 5**, at 11:00 am.  
Book - *Broken Country* by Clare Leslie Hall.

**Spiritual Book Club:** We are reading *The Sayings of the Desert Fathers* (available in bookstore). Join us on **Mon. June 8 at 7pm** in the PLC Library  
Email [mgavalas@holytransfiguration.info](mailto:mgavalas@holytransfiguration.info) to register. Scan above QR code to access flyer.

**Young Adults** in their 20's and 30's meet twice a month for continuing education & fellowship. Want to learn more? Join the HTGOC Young Adults GroupMe chat for notifications on events. Contact Fr. Michael ([frchris@holytransfiguration.info](mailto:frchris@holytransfiguration.info)) or Ministry Lead ([youngadults@holytransfiguration.info](mailto:youngadults@holytransfiguration.info)).  
**Next meeting: Sun. May 10** (Second Sunday)

## LINKS AND ANNOUNCEMENTS

**2026 Annual Membership Campaign:** see the Stewardship section to learn more.

**Request a Home Visit with Clergy or Pastoral Assistant:** Are you or someone you know unable to attend church due to illness or some other reason? Would you or someone you know like a visit from a member of our clergy team or lay volunteer? If so, please scan or click the QR code to fill out a form and we will do our very best to arrange times to visit! Scan QR code (on left page) to access further details on Ministry News page.

**Driver Ministry:** The Driver Ministry is here to support our parish family by offering transportation to those who need assistance getting to: Medical or personal appts., Grocery stores & errands, Church services & parish events, & other essential local needs. This ministry is open to any parishioner who may benefit from a little extra help. We are also warmly welcoming volunteer drivers who feel called to

serve. Even one ride a month can make a meaningful difference in someone's life. If you or someone you know needs a ride or want to volunteer please contact Eleni Reese, [elenireese@gmail.com](mailto:elenireese@gmail.com), or 630-854-2174.

**Philoptochos Assistance:** If you or someone who's part of your community is in need, Philoptochos is here to help. Please contact Jamie Hughes at 770-710-7733 or [jahughes421@gmail.com](mailto:jahughes421@gmail.com) for details.

**Phishing Scam Awareness:** The church (priests, staff, Parish Council, ministry leads) will NEVER email or text you asking for you to buy gift cards or send money for any reason. If you receive such a message, IT IS A SCAM. Please disregard the request and report it to the church office ([office@holytransfiguration.info](mailto:office@holytransfiguration.info) or 770-924-8080). Always verify requests for financial assistance through direct communication with the church office. Protect yourself, your personal information, fellow parishioners, & the church by being cautious of these fraudulent attempts.

**Fellowship/Coffee Hour Sponsorship** is a great way to honor someone's birthday, nameday, memory, or a significant event with your church family. For ministries, it is a great opportunity to bring awareness to your group and gain members. Reserve your date by scanning or clicking the QR code. Scan QR code (on left page) to access further details on Ministry News page.

**Youth Ministries Registration:** Registration for our 2025-2026 youth ministries (Catechism, Hellenic Dance, HOPE & JOY, GOYA) is mandatory for youth to participate in these ministries. Register online via the Catechism webpage, Youth section, <https://holytransfiguration.info/ministries/education/catechism/>

### BEYOND HOLY T.

Scan QR code on previous page to access flyers on Ministry News page.





# 2026 STEWARDSHIP CAMPAIGN

## How to submit your 2026 Membership/Stewardship Card:

- 1. PAPER:** Grab a paper Stewardship form from a Parish Council member in the Narthex on Sunday. You may mail back the completed paper form to the Church or drop the completed form in the offering tray.
- 2. ONLINE:** You may complete the Online Membership/Stewardship Form on the website's Stewardship page (<https://holytransfiguration.info/join/>).

**3. SCAN:** use this QR code. Simply point your camera at the QR code and click the yellow link that appears in the image frame.



<b>SO YOU KNOW</b>	
<b>GENERAL FUND (GF) INCOME AND EXPENSES 01/01/26-04/16/26</b>	
<b>Stewardship Contributions:</b>	<b>\$272,307</b>
<b>Other GF Income:</b>	<b>\$75,658</b>
<b>Total GF Income</b>	<b>\$347,965</b>
<b>Total GF Expenses:</b>	<b>—\$358,980</b>
<b>Net General Fund Loss:</b>	<b>—\$11,015</b>
<b>2026 STEWARDSHIP REPORT AS OF 04/30/26</b>	
<b># of Pledged Households:</b>	<b>393</b>
<b>2026 Budget:</b>	<b>\$1,030,102</b>
<b>Total Pledge Amount:</b>	<b>\$900,917</b>
<b>Stewardship Shortfall:</b>	<b>—\$129,185</b>

## KEEP UP TO DATE ON MINISTRY NEWS

- 1. To keep up with events digitally, please register** with our email database if you haven't already at <https://tinyurl.com/yudcpubr>. If you're on our list, make sure you've added [office@holytransfiguration.info](mailto:office@holytransfiguration.info) to your safe senders list and contact list.
- 2. Ministry News** is emailed every Wednesday complete with flyers and details about special events, recurring ministries, and events beyond Holy Transfiguration. Scan the QR code on the right to access the most recent email.
- 3. The Church Website** has an up-to-date calendar and ministry pages and can be found at <https://holytransfiguration.info>.
- 4. Weekend Email** with livestream links and a weekend schedule reminder goes out every Friday.
- 5. Check out the Ministry Bulletin Boards** on the upper and lower level of the Parish Life Center for details about upcoming events.



## RECEIVING HOLY COMMUNION

Orthodox Christians who have prepared spiritually are invited to come forward "with the fear of God, with faith, and with love" to receive Holy Communion. Non-Orthodox Christians may receive the blessed bread (*antidoron*) offered at the conclusion of the service, but not Holy Communion. They may come up to receive a blessing during Holy Communion if they wish. Preparation for Holy Communion includes confession of sins (even of sinful thoughts) and repentance, making peace with those around us, forgiving those who hurt us, asking for forgiveness from those we have hurt, and prayer. There is a special set of prayers called "Preparation for Holy Communion" to help prepare. If you have further questions regarding the proper preparation for Holy Communion, please speak with Fr. Panayiotis.

### *The Cure of Baptism Foreshadowed*

What manner of cure is this? What mystery does it signify to us? For these things are not written carelessly, or without a purpose, but as a figure and type they show in outline things to come, in order that what was exceedingly strange might not, by coming unexpectedly, do harm among the many the power of faith. What then is it that they show in outline? A Baptism was about to be given, possessing much power, and the greatest of gifts, a Baptism purging all sins and making men alive instead of dead. These things then are foreshown as in a picture by the pool, and by many other circumstances. And first is given a water which purges the stains of our bodies, and those defilements which are not, but seem to be, as those from touching the dead, those from leprosy, and other similar causes; under the old covenant one may see many things done by water

on this account. However, let us now proceed to the matter in hand.

First then, as I before said, He causes defilements of our bodies, and afterwards infirmities of different kinds, to be done away by water. Because God, desiring to bring us nearer to faith in Baptism, no longer heals defilements only, but diseases also. For those figures which came nearer [in time] to the reality, both as regarded Baptism, and the Passion, and the rest, were plainer than the more ancient. ... And this miracle was done in order that men, learning that it is possible by water to heal the diseases of the body, and being exercised in this for a long time, might more easily believe that it can also heal the diseases of the soul.

*St. John Chrysostom*