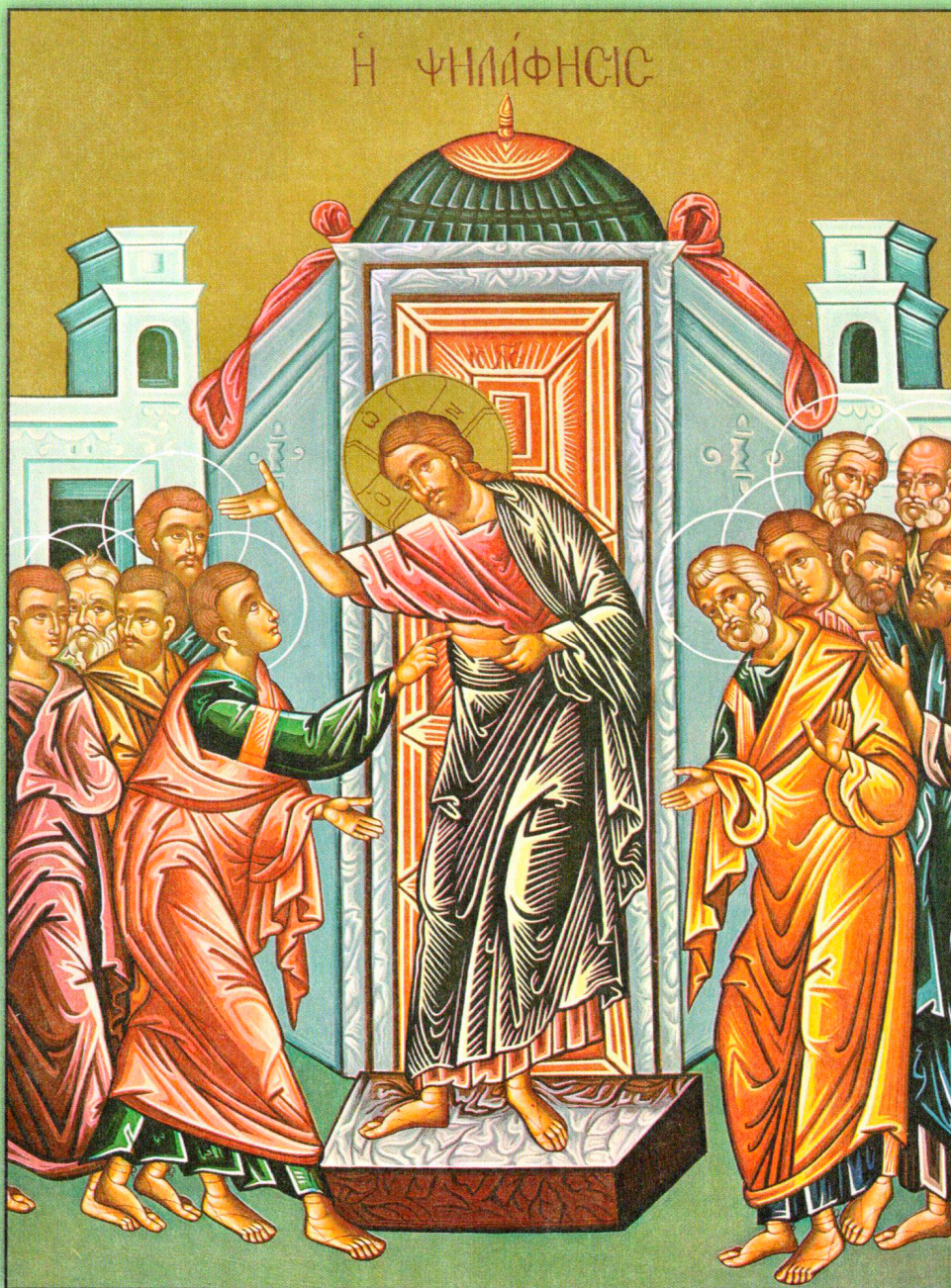


THOMAS SUNDAY



Icon of Saint Thomas and the Lord

HOLY TRANSFIGURATION GREEK ORTHODOX CHURCH

3431 Trickum Road NE — Marietta, GA 30066 — Tel. 770-924-8080



Our purpose is to lead people to the Kingdom of God.

*Our mission is to provide a place of worship
where people actively gather to practice their authentic
Orthodox Christian faith to impact the world.*



Fr. Panayiotis Papageorgiou, Ph.D., Protopresbyter

Fr. John Brown, Protopresbyter

Fr. Michael Tishel, Presbyter

Fr. Christopher Zaferes, Presbyter

SUNDAY—THE LORD’S DAY—APRIL 19, 2026

Thomas Sunday

Musical Mode: Festal Hymns

First Eothinon Gospel: Matthew 28: 16–20

Readings of the Day: Acts 5: 12-20 & John 20: 19-31

Today’s Saints: Martyrs Emmanuel, Theodore, George, Michael & George of Samothrace; Holy Hieromartyr Paphnutius; Tryphon, Patriarch of Constantinople; George the Confessor; Aelphege of Canterbury

APOLYTIKION OF THE PARISH

Μετεμορφώθης ἐν τῷ ὄρει Χριστέ ὁ Θεός, δείξας τοῖς Μαθηταῖς σου τὴν δόξαν σου, καθὼς ἠδυναντο. Λάμπσον καὶ ἡμῖν τοῖς ἀμαρτωλοῖς, τὸ φῶς σου τὸ αἰδῖον, πρεσβείαις τῆς Θεοτόκου, φωτοδότα δόξα σοι.

Metemorfóthis en to óri, Hristé o Theós, dixas tis Mathités sou, tin dóxan sou kathós idinanto; lampson ke imin tis amartolis, to fos sou to aidion, presvies tis Theotókou, Fotodóta dóxa si.

You were transfigured upon the mountain, O Christ our God, showing to Your disciples, Your glory as much as they could bear. Do also in us, sinners though we may be, shine Your everlasting light, by the intercessions of the Theotokos, O Giver of Light, glory to You.

TODAY'S HYMNS

Entrance Hymn. Second Mode.

Bless God in the churches, the Lord from the fountains of Israel.
Save us, O Son of God, risen from the dead.
We sing to You, Alleluia.

Please sing along with us after the Small Entrance, as you are able.

Apolytikion of Thomas Sunday. Grave Mode.

The tomb being sealed, You rose from the sepulcher, O Christ God, the Life. And the doors being shut, You came to the disciples, O resurrection of all. Through them You renew a right spirit within us, according to Your great mercy.

Apolytikion of the Parish. Grave Mode.

[See inside front cover]

Kontakion of Pascha. Plagal of the Fourth Mode.

Though You went down into the tomb, O Immortal One, yet You brought down the dominion of Hades; and You rose as the victor, O Christ our God; and You called out "Rejoice" to the Myrrh-bearing women, and gave peace to Your Apostles, O Lord who to the fallen grant resurrection.

WHERE TO FIND INFORMATION ABOUT ORTHODOXY

Trisagion Films: On YouTube, Facebook and website, www.trisagionfilms.com

Follow our Podcasts: "*An Imperfect Podcast*" - You can now listen to the entire series on iTunes, Spotify, GooglePlay, PlayerFM, and Sticher. You can find the entire series on iTunes here as well: <http://tinyurl.com/y5ved9lk>

For audio of spiritual discussions: **Ancient Faith Radio:** www.ancientfaith.com
Visit our **Church Bookstore** for books, icons and other spiritual items for your home.
Visit our **Library** at <https://holytransfiguration.info/ministries/education/library/>

To learn more about the Orthodox Faith, peak to Father Panayiotis and he will guide you. Email him at frpanayiotis@holytransfiguration.info to schedule an appointment.

Readings of the Sunday of Thomas—Antipascha

Αναγνώσματα Κυριακῆς τοῦ Θωμᾶ—Αντίπασχα

Πράξεων τῶν Ἀποστόλων (5.12-20)

Ἐν ταῖς ἡμέραις ἐκείναις, διὰ τῶν χειρῶν τῶν ἀποστόλων ἐγίνετο σημεῖα καὶ τέρατα ἐν τῷ λαῷ πολλά· (καὶ ἦσαν ὁμοθυμαδὸν ἅπαντες ἐν τῇ Στοᾷ Σολομῶντος. Τῶν δὲ λοιπῶν οὐδεὶς ἐτόλμα κολλᾶσθαι αὐτοῖς, ἀλλ' ἐμεγάλυνεν αὐτοὺς ὁ λαός· μᾶλλον δὲ προσετίθεντο πιστεύοντες τῷ Κυρίῳ πλήθη ἀνδρῶν τε καὶ γυναικῶν· ὥστε κατὰ τὰς πλατείας ἐκφέρειν τοὺς ἀσθενεῖς καὶ τιθέναι ἐπὶ κλινῶν καὶ κραβάπτων, ἵνα ἐρχομένου Πέτρου κἂν ἡ σκιά ἐπισκιάσῃ τινὶ αὐτῶν. Συνήρχετο δὲ καὶ τὸ πλῆθος τῶν περὶ πόλεων Ἰερουσαλήμ, φέροντες ἀσθενεῖς καὶ ὄχλουμένους ὑπὸ πνευμάτων ἀκαθάρτων, οἵτινες ἐθεραπεύοντο ἅπαντες. Ἀναστὰς δὲ ὁ ἀρχιερεὺς καὶ πάντες οἱ σὺν αὐτῷ, ἡ οὐσα αἵρεσις τῶν Σαδδουκαίων, ἐπλήσθησαν ζήλου καὶ ἐπέβαλον τὰς χεῖρας ἐπὶ τοὺς ἀποστόλους καὶ ἔθεντο αὐτοὺς ἐν τηρήσει δημοσίᾳ. Ἄγγελος δὲ Κυρίου διὰ νυκτὸς ἤνοιξε τὰς θύρας τῆς φυλακῆς ἐξαγαγὼν τε αὐτοὺς εἶπε· Πορεύεσθε καὶ σταθέντες λαλεῖτε ἐν τῷ ἱερῷ τῷ λαῷ πάντα τὰ ῥήματα τῆς ζωῆς ταύτης.

Ἐκ τοῦ κατὰ Ἰωάννην ἀγίου Εὐαγγελίου

Οὔσης ὀψίας τῇ ἡμέρᾳ ἐκείνῃ τῇ μιᾷ σαββάτων, καὶ τῶν θυρῶν κεκλεισμένων ὅπου ἦσαν οἱ μαθηταὶ συνηγμένοι διὰ τὸν φόβον τῶν Ἰουδαίων, ἦλθεν ὁ Ἰησοῦς καὶ ἔστη εἰς τὸ μέσον, καὶ λέγει αὐτοῖς· Εἰρήνη ὑμῖν. καὶ τοῦτο εἰπὼν ἔδειξεν αὐτοῖς τὰς χεῖρας καὶ τὴν πλευρὰν αὐτοῦ. ἐχάρησαν οὖν οἱ μαθηταὶ ἰδόντες τὸν Κύριον. εἶπεν οὖν αὐτοῖς ὁ Ἰησοῦς πάλιν· Εἰρήνη ὑμῖν. καθὼς ἀπέσταλκέ με ὁ πατήρ, κἀγὼ πέμπω ὑμᾶς. καὶ τοῦτο εἰπὼν ἐνεφύσησε καὶ λέγει αὐτοῖς· Λάβετε Πνεῦμα ἅγιον· ἂν τινῶν ἀφῆτε τὰς ἀμαρτίας, ἀφίενται αὐτοῖς, ἂν τινῶν κρατῆτε, κεκράτηνται. Θωμᾶς δὲ εἷς ἐκ τῶν δώδεκα ὁ λεγόμενος Δίδυμος, οὐκ ἦν μετ' αὐτῶν ὅτε ἦλθεν ὁ Ἰησοῦς. ἔλεγον οὖν αὐτῷ οἱ ἄλλοι μαθηταί· Ἐώρακαμεν τὸν Κύριον. ὁ δὲ εἶπεν αὐτοῖς· Ἐὰν μὴ ἴδω ἐν ταῖς χερσὶν αὐτοῦ τὸν τύπον τῶν ἡλῶν, καὶ βάλω τὸν δάκτυλόν μου εἰς τὸν τύπον τῶν ἡλῶν, καὶ βάλω τὴν χεῖρά μου εἰς τὴν πλευρὰν αὐτοῦ, οὐ μὴ πιστεύσω. Καὶ μεθ' ἡμέρας ὀκτῶ πάλιν ἦσαν ἔσω οἱ μαθηταὶ αὐτοῦ καὶ Θωμᾶς μετ' αὐτῶν. ἐρχεται ὁ Ἰησοῦς τῶν θυρῶν κεκλεισμένων, καὶ ἔστη εἰς τὸ μέσον καὶ εἶπεν· Εἰρήνη ὑμῖν. εἶτα λέγει τῷ Θωμᾶ· Φέρε τὸν δάκτυλόν σου ὧδε καὶ ἴδε τὰς χεῖράς μου, καὶ φέρε τὴν χεῖρά σου καὶ βάλε εἰς τὴν πλευρὰν μου, καὶ μὴ γίνου ἄπιστος, ἀλλὰ πιστός. καὶ ἀπεκρίθη Θωμᾶς καὶ εἶπεν αὐτῷ· Ὁ Κύριός μου καὶ ὁ Θεός μου. λέγει αὐτῷ ὁ Ἰησοῦς· Ὅτι ἐώρακάς με, πεπίστευκας· μακάριοι οἱ μὴ ἰδόντες καὶ πιστεύσαντες. Πολλὰ μὲν οὖν καὶ ἄλλα σημεῖα ἐποίησεν ὁ Ἰησοῦς ἐνώπιον τῶν μαθητῶν αὐτοῦ, ἃ οὐκ ἔστι γεγραμμένα ἐν τῷ βιβλίῳ τούτῳ· ταῦτα δὲ γέγραπται ἵνα πιστεύσητε ὅτι Ἰησοῦς ἐστὶν ὁ Χριστὸς ὁ υἱὸς τοῦ Θεοῦ, καὶ ἵνα πιστεύοντες ζωὴν ἔχητε ἐν τῷ ὀνόματι αὐτοῦ.

The Acts of the Apostles (5.12-20)

Brethren, in those days many signs and wonders were done among the people by the hands of the apostles. And they were all together in Solomon's Portico. None of the rest dared join them, but the people held them in high honor. And more than ever believers were added to the Lord, multitudes both of men and women, so that they even carried out the sick into the streets, and laid them on beds and pallets, that as Peter came by at least his shadow might fall on some of them. The people also gathered from the towns around Jerusalem, bringing the sick and those afflicted with unclean spirits, and they were all healed. But the high priest rose up and all who were with him, that is, the party of the Sadducees, and filled with jealousy they arrested the apostles and put them in the common prison. But at night an angel of the Lord opened the prison doors and brought them out and said, "Go and stand in the temple and speak to the people all the words of this Life."

The Gospel according to John (20.19-31)

On the evening of that day, the first day of the week, the doors being shut where the disciples were, for fear of the Jews, Jesus came and stood among them and said to them, "Peace be with you." When he had said this, he showed them his hands and his side. Then the disciples were glad when they saw the Lord. Jesus said to them again, "Peace be with you. As the Father has sent me, even so I send you." And when he had said this, he breathed on them, and said to them, "Receive the Holy Spirit. If you forgive the sins of any, they are forgiven; if you retain the sins of any, they are retained." Now Thomas, one of the twelve, called the Twin, was not with them when Jesus came. So the other disciples told him, "We have seen the Lord." But he said to them, "Unless I see in his hands the print of the nails, and place my finger in the mark of the nails, and place my hand in his side, I will not believe." Eight days later, his disciples were again in the house, and Thomas was with them. The doors were shut, but Jesus came and stood among them, and said, "Peace be with you." Then he said to Thomas, "Put your finger here, and see my hands; and put out your hand, and place it in my side; do not be faithless, but believing." Thomas answered him, "My Lord and my God!" Jesus said to him, "Have you believed because you have seen me? Blessed are those who have not seen and yet believe." Now Jesus did many other signs in the presence of the disciples, which are not written in this book; but these are written that you may believe that Jesus is the Christ, the Son of God, and that believing you may have life in his name.

Parish Council On Duty: Eleni Reese/Alex Miltiades

Greeters On Duty: Maria Alberts/Jon Papastrat

Ushers On Duty: Athan Tsarouhas/Shelia Tsarouhas/Maria Alberts/Jeff Alberts

Prosforo Bakers: Julia Hill/Christine Sprouse/Georgia Hutt/Tina Johansen

Sun. Apr. 19

Thomas Sunday

8:45 am Orthros
10:00 am Divine Liturgy
11:15 am YA Second Sunday
11:15 am Youth Catechism classes

A 40 day Memorial Service is given by Tammy Dionis for her mother Roma Keeser. May her memory be eternal!

A Memorial Service is given by Mary Duvlaris, Friday Paulson, Sunday Christopher, Nomikos Duvlaris, and family for Dimitri Duvlaris (1 year), Nomikos Duvlaris (35 years), Angelo Duvlaris (18 years), and Paraskevi Hatzileris (4 years). May their memory be eternal!

12:30 pm Fellowship Coffee Hour-PLC Banquet Hall
4:00 pm Wedding of Stuart and Tabitha to be celebrated by Fr. Anargyros from the Metropolis of Denver

Sunday Dance Practice Schedule

12:30-1:00 pm Pitsirikia (Pre-K)-PLC Classroom #125
12:30-1:00 pm Palamakia (K & 1st)-PLC Classroom #127
12:30-1:15 pm Asteria (2nd & 3rd)-PLC Classroom #128
12:30-1:15 pm Petaloudes (4th & 5th)-PLC Classroom #130
12:30-2:30 pm Phoenix (middle school)-PLC Gym
1:00-3:30 pm Eleftheria (high school)-PLC Gym or Amphitheater

Mon. Apr. 20

10:00 am Festival baking/cooking
5:30 pm Greek School Classes-PLC Lower Level Classrooms
6:30 pm Strategic Planning Committee Meeting
7:00 pm Men's Choir Practice

Tue. Apr. 21

8:30 am TOA Morning Prayers-Lighthouse
9:30 am TOA Classes-PLC Classrooms
10:45 am Kafenion-PLC Upper Atrium
5:30 pm Rental: Les Marmitons of Atlanta-PLC Banquet Hall/Kitchen
5:30 pm Greek School Adult Class-PLC Classrooms
7:00 pm Mixed Choir Practice

Wed. Apr. 22

5:30 pm Greek School Classes-PLC Lower Level Classrooms
6:00 pm Great Vespers
7:00 pm Youth Group (GOYA)

Thu. Apr. 23

Feast of St. George

8:30 am TOA Prayers
9:00 am Orthros
9:30 am TOA Classes
10:00 am Divine Liturgy
5:30 pm Greek School Adult Class-PLC Lower Level Classrooms

See full calendar for the rest of the schedule: www.holytransfiguration.info/calendar

SPECIAL ANNOUNCEMENTS

Parish Life Committee Seeks Team Members!

Parish Life, the behind-the-scenes group that brings the community together, is looking for volunteers to help with Sunday coffee hour and other events. Please contact:

Eleni: EReese@holytransfiguration.info

Cherie: CCookorinis@holytransfiguration.info

Lela: LBridgers@holytransfiguration.info

TOA Open House, Jobs, & Applications:

Transfiguration Orthodox Academy is hiring & accepting new students. Also, there will be an Open House on **Tue. Apr. 28**. Please scan above QR code to access flyer on Ministry News page.

Marietta Greek Festival: Save the Date (May 15-17) & sign-up to volunteer: <https://tinyurl.com/signup-MGF> or scan above QR code to access flyer on Ministry News page.

AHEPA Celebration of Education: Save the Date **Sat. June 6** for AHEPA's 3rd Annual Fundraiser. Please scan above QR code to access flyer.

Vacation Church School Camp: Mark your calendars. **Mon-Fri, Jun. 22-26**. Theme: Behold the Light! Registration details coming soon. Please scan above QR code to access flyer on Ministry News page.

TOA Offering Middle School Courses:

Transfiguration Orthodox Academy is excited to offer new Middle School Courses in Math, Science, Composition, and History. Please scan above QR code to access flyer on Ministry News page.

Save the Date: The evening of **Sat. Aug. 22**, honoring Father Panayiotis' Retirement, immediately following Vespers. More details to come!

RECURRING MINISTRY EVENTS

Catechism (Youth PreK-12th grade): Classes meet on Sundays in the classrooms of the PLC following Communion. ALL CHILDREN MUST BE REGISTERED! Register online, <https://holytransfiguration.info/ministries/education/catechism/>

Chair Exercise Program: Our next meeting will be **Wed. Apr. 29, at 10:00 am** in PLC Classroom #127. Please text Ann Zakreski at 770.329.7421 if you plan to come.

GOYA: For rising 6th-graders thru High schoolers. Weekly meetings for fun and fellowship on Wednesdays. Contact goya@holytransfiguration.info to join our email list. **Next meeting Apr. 22** after Pre-Sanctified Liturgy in the PLC.

Greek School Registration: Greek School classes began in August, but the program is still accepting students. Biblical and Modern Greek Classes available! Please scan above QR code to access flyer on Ministry News page.

Hellenic Dance: Practices for all groups continues **Sun Apr. 19** See this week's ministry news email for a detailed schedule. Email Paulina Vastakis at hellenicdance@holytransfiguration.info with questions.

Life and Faith Transitions Group: Join us as We Discover *Christ in the Psalms*. Upcoming Session via Zoom: **Sat. May 2**. For info & Zoom invite reach out to BJ at 404-771-9335 or spanosbj@gmail.com.

Mixed Choir: Next practice **Tues. Apr. 21** from 7:00-9:00 p.m. in the Church.

Men's Choir: Next practice **Mon. Apr. 20 & Thu. Apr. 23** from 7:00-8:30 p.m. in the Church. Singing the Divine Liturgy on **Sun. Apr. 26**

Parea: Our next meeting is on **Thu. May 21**. Join us as all are welcome.

Philoptochos 2026 Membership Drive: renew or join for the first time, <https://holytransfiguration.info/philoptochos>

Upcoming Philoptochos Events:
Tue. May 5: Philoptochos Book Club

Philoptochos Book Club: Calling ALL Book Lovers! Come join the Philoptochos Book Club! We meet on the first Tuesday of each month at 11 am in the PLC Library followed by optional lunch out. ALL book lover readers are welcomed to come. **NEXT MEETING - Tue. May 5**, at 11:00 am. Book - *Broken Country* by Clare Leslie Hall.

Spiritual Book Club: We are reading *The Sayings of the Desert Fathers* (available in bookstore). Join us on **Mon. Apr. 27 at 7pm** in the PLC Library. Email mgavalas@holytransfiguration.info to register. Scan above QR code to access flyer.

Young Adults in their 20's and 30's meet twice a month for continuing education & fellowship. Want to learn more? Join the HTGOC Young Adults GroupMe chat for notifications on events. Contact Fr. Michael (frmichael@holytransfiguration.info) or Ministry Lead (youngadults@holytransfiguration.info).
Next meeting: Sun. April 19 (Second Sunday)

LINKS AND ANNOUNCEMENTS

2026 Annual Membership Campaign: see the Stewardship section to learn more.

Request a Home Visit with Clergy or Pastoral Assistant: Are you or someone you know unable to attend church due to illness or some other reason? Would you or someone you know like a visit from a member of our clergy team or lay volunteer? If so, please scan or click the QR code to fill out a form and we will do our very best to arrange times to visit! Scan QR code (on left page) to access further details on Ministry News page.

Driver Ministry: The Driver Ministry is here to support our parish family by offering transportation to those who need assistance getting to: Medical or personal appts., Grocery stores & errands, Church services & parish events, & other essential local needs. This ministry is open to any parishioner who may benefit from a little extra help. We are also warmly welcoming volunteer drivers who feel called to serve. Even one ride a month can make a meaningful difference in someone's life. If you or someone you know needs a ride or want to volunteer please contact Eleni Reese, elenireese@gmail.com, or 630-854-2174.

Philoptochos Assistance: If you or someone who's part of your community is in need, Philoptochos is here to help. Please contact Jamie Hughes at 770-710-7733 or jahughes421@gmail.com for details.

Phishing Scam Awareness: The church (priests, staff, Parish Council, ministry leads) will NEVER email or text you asking for you to buy gift cards or send money for any reason. If you receive such a message, IT IS A SCAM. Please disregard the request and report it to the church office

(office@holytransfiguration.info or 770-924-8080). Always verify requests for financial assistance through direct communication with the church office. Protect yourself, your personal information, fellow parishioners, & the church by being cautious of these fraudulent attempts.

Fellowship/Coffee Hour Sponsorship is a great way to honor someone's birthday, nameday, memory, or a significant event with your church family. For ministries, it is a great opportunity to bring awareness to your group and gain members. Reserve your date by scanning or clicking the QR code. Scan QR code (on left page) to access further details on Ministry News page.

Youth Ministries Registration: Registration for our 2025-2026 youth ministries (Catechism, Hellenic Dance, HOPE & JOY, GOYA) is mandatory for youth to participate in these ministries. Register online via the Catechism webpage, Youth section, <https://holytransfiguration.info/ministries/education/catechism/>

BEYOND HOLY T.

Scan QR code on previous page to access flyers on Ministry News page.

- St. Stephen's Summer Camp registration open
- St. Stephen's Camp Staff Application open
- Orthodox Christian Deaf Association Conference: Apr. 17-19
- St. Romanos Music Festival: May 2
- Metropolis of Atlanta Festival of Faith: May 22-24
- Cyprus Summer Hospitality Program: Application deadline Apr. 30
- Faith Endowment Scholarships (for high school students): Application deadline Jun. 26
- The Liturgical Arts Academy (TLAA) - Summer Academy for Upper Levels: Aug. 23-29





2026 STEWARDSHIP CAMPAIGN

How to submit your 2026 Membership/Stewardship Card:

1. PAPER: Grab a paper Stewardship form from a Parish Council member in the Narthex on Sunday. You may mail back the completed paper form to the Church or drop the completed form in the offering tray.

2. ONLINE: You may complete the Online Membership/Stewardship Form on the website's Stewardship page (<https://holytransfiguration.info/join/>).

3. SCAN: use this QR code. Simply point your camera at the QR code and click the yellow link that appears in the image frame.



SO YOU KNOW

GENERAL FUND (GF) INCOME AND EXPENSES 01/01/26-04/16/26

Stewardship Contributions:	\$272,307
Other GF Income:	\$75,658
Total GF Income	\$347,965
Total GF Expenses:	—\$358,980
Net General Fund Loss:	—\$11,015

2026 STEWARDSHIP REPORT AS OF 04/15/26

# of Pledged Households:	387
2026 Budget:	\$1,030,102
Total Pledge Amount:	\$898,482
Stewardship Shortfall:	—\$131,620

KEEP UP TO DATE ON MINISTRY NEWS

1. To keep up with events digitally, please register with our email database if you haven't already at <https://tinyurl.com/yudcpubr>. If you're on our list, make sure you've added office@holytransfiguration.info to your safe senders list and contact list.
2. Ministry News is emailed every Wednesday complete with flyers and details about special events, recurring ministries, and events beyond Holy Transfiguration. Scan the QR code on the right to access the most recent email.
3. The Church Website has an up-to-date calendar and ministry pages and can be found at <https://holytransfiguration.info>.
4. Weekend Email with livestream links and a weekend schedule reminder goes out every Friday.
5. Check out the Ministry Bulletin Boards on the upper and lower level of the Parish Life Center for details about upcoming events.



RECEIVING HOLY COMMUNION

Orthodox Christians who have prepared spiritually are invited to come forward "with the fear of God, with faith, and with love" to receive Holy Communion. Non-Orthodox Christians may receive the blessed bread (*antidoron*) offered at the conclusion of the service, but not Holy Communion. They may come up to receive a blessing during Holy Communion if they wish. Preparation for Holy Communion includes confession of sins (even of sinful thoughts) and repentance, making peace with those around us, forgiving those who hurt us, asking for forgiveness from those we have hurt, and prayer. There is a special set of prayers called "Preparation for Holy Communion" to help prepare. If you have further questions regarding the proper preparation for Holy Communion, please speak with Fr. Panayiotis.

Incorruptible but Touchable

The Lord's body that made its entrance to the disciples through closed doors was the same as that which issued before the eyes of people from the Virgin's closed womb at His birth.

Is it surprising that He who was now going to live forever made His entrance through closed doors after His resurrection, who on His coming in order to die made His appearance from the unopened womb of a virgin?

But because the faith of those who beheld it wavered concerning the body they could see, He showed them at once His hands and His side, offering them the body that He brought in through the closed doors to touch.

By this action He revealed two wonderful and, according to human reason, quite contradictory things. He showed them that after His resurrection His body was both incorruptible and yet could be touched

By showing us that it is incorruptible, He would urge us on toward our reward, and by offering it as touchable He would dispose us toward faith.

He manifested Himself as both incorruptible and touchable to show us that His body after His resurrection was of the same nature as ours but of a different sort of glory.

St. Gregory the Great