#### AN "ICON" IS WORTH A THOUSAND WORDS

Just like a picture, an icon can capture the essence of a moment with greater clarity than the written word. It can teach a story instantly. Today we turn our attention to the icon of the FEAST DAY OF THE ASCENSION. If we look at the Book of Acts 1:1-12, we see that the iconic depiction of the holy day carefully follows this scriptural account. The main focus of the icon is Christ Himself, Who was taken up into heaven as His Apostles watched. He is shown in such a way that it is impossible to determine whether He is LEAVING the earth or RETURNING to it. Angels appeared soon after He ascended, saying: "Men of Galilee, why do you stand gazing up into heaven? This same Jesus Who was taken up from you into heaven will so come in like manner as you saw Him go into heaven." (Acts 1:11)

The Mother of God is also shown prominently in the Ascension icon. Church Tradition tells us that she was present for this joyous event, as well as for the Feast Day of Pentecost. While the Apostles seem to be perplexed by what they have just witnessed, the Theotokos wears an expression of peace on her face, fully comprehending the deep mysteries of her Son's Birth, Death, Resurrection and Ascension. Unlike the Apostles, she is not looking upward into the sky, but rather towards us in prayerful serenity. Note also that the Apostles are depicted without halos, a further symbol of their continued lack of understanding of the moment.

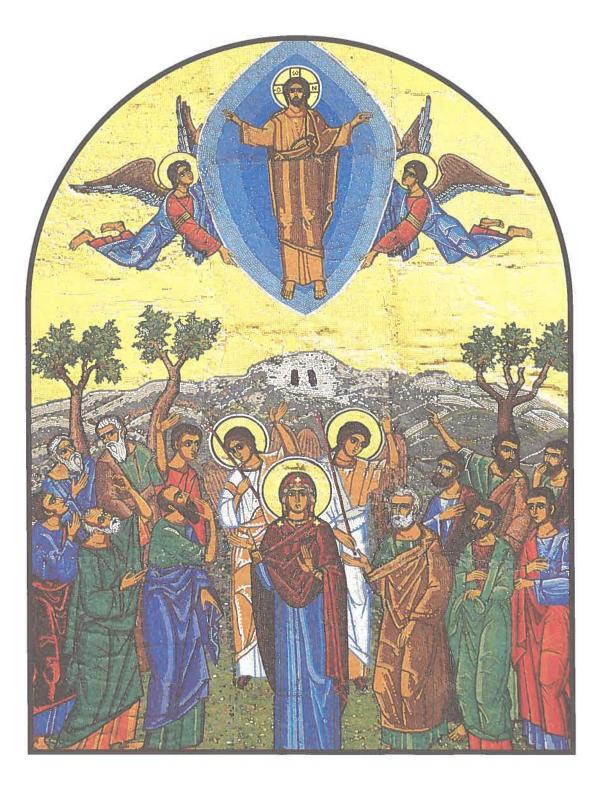
The icon of the Ascension certainly expresses the concept of Christ reigning over His Church. We, His followers, must embark on His Command to "go and teach all nations."

The Orthodox Weekly Bulletin ..... Vestal, Cliffwood, New Jersey ..... Litho in U.S.A.

Μετεμορφώθης ἐν τῷ ὄρει Χριστὲ ὁ Θεός, δείξας τοῖς Μαθηταῖς σου τὴν δόξαν σου, καθὼς ἠδυναντο. Λάμψον καὶ ἡμῖν τοῖς άμαρτωλοῖς, τὸ φῶς σου τὸ ἀΐδιον, πρεσβείαις τῆς Θεοτόκου, φωτοδότα δόξα σοι.

Metemorfóthis en to óri, Hristé o Theós, dixas tis Mathités sou, tin dóxan sou kathós idinanto; lampson ke imin tis amartolis, to fos sou to aidion, presvies tis Theotókou, Fotodóta dóxa si.

You were transfigured upon the mountain, O Christ our God, showing to Your disciples, Your glory as much as they could bear. Do also in us, sinners though we may be, shine Your everlasting light, by the intercessions of the Theotokos, O Giver of Light, glory to You.



# **Holy Transfiguration Greek Orthodox Church**



OF ATLANTA

3431 Trickum Road Marietta, GA 30066 Tel. 770-924-8080 — Fax 770-924-3030

Fr. Panayiotis Papageorgiou, Ph.D., Protopresbyter Fr. John Brown, Protopresbyter Fr. Michael Tishel, Presbyter Fr. Christopher Zaferes, Presbyter

# Sunday—the Lord's Day—June 1, 2025

### **Fathers of the First Council**

Musical Mode: Pl. of Second Mode Ninth Eothinon Gospel: John 21:1-14 Readings of the Day: Acts 20:16-18,28-36 & John 17:1-13 Today's Saints: Justin the Philosopher and Martyr and his Companions; Pyrros the Hieromartyr

We extend a warm welcome to all those worshipping with us today both in person as well as online from around the world. The live stream of the today's Services can be found on the **Trisagion Films YouTube Channel** at <u>https://www.youtube.com/@TrisagionLivestreams/</u><u>streams</u>

The daily hymns are printed on the inside of the back cover.

#### WHERE TO FIND INFO ABOUT ORTHODOXY

Online Sources for theological and spiritual edification: Trisagion Films: On Youtube, Facebook and webpage <u>www.trisagionfilms.com</u> Follow our Podcasts: You can now listen to the entire series on iTunes, Spotify, GooglePlay, PlayerFM, and Sticher. You can find the entire series on iTunes here as well "An Imperfect Podcast": <u>http://tinyurl.com/y5ved9lk</u>

For audio of spiritual discussions: Ancient Faith Radio: <u>www.ancientfaith.com</u> Visit our Church Bookstore for books, icons and other spiritual items for your home. Visit our Library at <u>https://holytransfiguration.info/ministries/education/library/</u>

If you are interested to learn more about the Orthodox Faith, please speak to Father Panayiotis and he will guide you. Email him at <u>frpanayiotis@holytransfiguration.info</u> to schedule an appointment.

### TODAY'S HYMNS

#### Entrance Hymn. 2nd Tone.

Come, let us worship and bow down before Christ. Save us, O Son of God, who is risen from the dead. We sing to You, Alleluia.

Please sing along with us after the Small Entrance, as you are able.

#### Apolytikion of the Week. Pl. of Second Mode.

When the angelic powers appeared at Your tomb, the soldiers guarding it feared and became as dead. And standing by the sepulcher was Mary, who was seeking Your immaculate body. Unassailed by Hades, You divested it of spoils. Then You met the Virgin. You granted life. O Lord, risen from the dead, glory to You!

#### Apolytikion of the Feast. Fourth Mode.

You ascended in glory, O Christ our God, after You filled the Disciples with joy, by promising to send them the Holy Spirit, and You blessed them and established their faith, that You are the Son of God, the Redeemer of the world.

#### Apolytikion of the Fathers. Pl. of Fourth Mode.

Supremely blessed are You, O Christ our God. You established the holy Fathers upon the earth as beacons, and through them You have guided us all to the true Faith, O greatly merciful One, glory be to You.

Apolytikion of the Parish [See back of Bulletin]

#### Kontakion of Feast. Pl. of Second Mode.

When You had fulfilled the dispensation for our sake, \* and united things on earth with the things in heaven, \* You were taken up thither in glory, O Christ our God, \* going not away from any place, \* but continuing inseparable, \* and to them that love You crying out: \* "I am with you, and there is, therefore, none against you."

#### The Cherubic Hymn.

Let us, who mystically represent the Cherubim and who sing the thrice-holy hymn to the life-creating Trinity, now lay aside every worldly care. So that we may receive the King of all.

Holy, holy, holy, Lord Sabaoth, heaven and earth are filled with Your glory. Hosanna in the highest. Blessed is He Who comes in the name of the Lord. Hosanna in the highest.

#### **Communion Hymn.**

Praise the Lord from the heavens. Alleluia.

#### Thanksgiving Hymn after Holy Communion (Instead of "We have seen")

You ascended in glory, O Christ our God, after You filled the Disciples with joy, by promising to send them the Holy Spirit, and You blessed them and established their faith, that You are the Son of God, the Redeemer of the world.

# Ποάξεις Ἀποστόλων (20.16-18, 28-36) τὸ ἀνάγνωσμα

Έν ταῖς ἡμεραῖς ἐκείναις, ἔκρινεν ὁ Παῦλος παραπλεῦσαι τὴν Ἐφεσον, ὅπως μὴ γἑνηται αὐτῷ χρονοτριβήσαι έν τη Άσία· έσπευδεν γάρ, εί δυνατόν ήν αὐτῷ, τὴν ἡμέραν τῆς Πεντηκοστῆς γενέσθαι εἰς Ίεροσόλυμα. Άπὸ δὲ τῆς Μιλήτου πἑμψας εἰς Ἔφεσον μετεκαλέσατο τούς πρεσβυτέρους τῆς ἐκκλησίας. Ώς δὲ παρεγένοντο πρὸς αὐτὸν, εἶπεν αὐτοῖς, προσέχετε οὖν ἑαυτοῖς καὶ παντὶ τῷ ποιμνίῳ, ἐν ῷ ὑμᾶς τὸ πνεῦμα τὸ ἅγιον ἔθετο ἐπισκόπους, ποιμαίνειν τὴν ἐκκλησίαν τοῦ κυρίου καὶ θεοῦ, ἡν περιεποιήσατο διὰ τοῦ ἰδίου αίματος. Ἐγώ γὰρ οἶδα τοῦτο, ὅτι εἰσελεὐσονται μετὰ την ἄφιξίν μου λύκοι βαρεῖς εἰς ὑμᾶς, μη φειδόμενοι τοῦ ποιμνίου· καὶ ἐξ ὑμῶν αὐτῶν ἀναστήσονται ἄνδρες λαλοῦντες διεστραμμένα, τοῦ ἀποσπῷν τοὺς μαθητὰς όπίσω αὐτῶν. Διὸ γρηγορεῖτε, μνημονεὐοντες ὅτι τριετίαν νύκτα και ήμέραν ούκ έπαυσάμην μετά δακρύων νουθετῶν ἕνα ἕκαστον. Καὶ τὰ νῦν παρατίθεμαι ύμᾶς, ἀδελφοί, τῷ θεῷ καὶ τῷ λόγῷ τῆς χάριτος αὐτοῦ, τῷ δυναμένῷ ἐποικοδομῆσαι, καὶ δοῦναι ὑμῖν κληρονομίαν ἐν τοῖς ἡγιασμένοις πᾶσιν. Άργυρίου ἢ χρυσίου ἢ ἱματισμοῦ οὐδενὸς ἐπεθὑμησα. Αὐτοὶ γινώσκετε ὅτι ταῖς χρείαις μου καὶ τοῖς οὖσιν μετ' έμοῦ ὑπηρέτησαν αἱ χεῖρες αὗται. Πάντα ὑπέδειξα ύμῖν, ὅτι οὕτως κοπιῶντας δεῖ ἀντιλαμβἀνεσθαι τῶν άσθενούντων, μνημονεύειν τε τῶν λόγων τοῦ κυρίου Ίησοῦ, ὅτι αὐτὸς εἶπεν, Μακάριὀν ἐστιν μᾶλλον διδόναι η λαμβάνειν. Και ταῦτα εἰπών, θεὶς τὰ γόνατα αὐτοῦ, σύν πασιν αύτοῖς προσηύξατο.

#### Ἐκ τοῦ Κατὰ Ἰωάννην (17.1-13) Εὐαγγελίου

Τῷ καιρῷ ἐκείνῳ, ὁ Ἰησοῦς, καὶ ἐπῆρε τοὺς ὀφθαλμοὺς αὐτοῦ εἰς τὸν οὐρανὸν καὶ εἶπε· πάτερ, ἐλήλυθεν ἡ ὥρα· δόξασόν σου τὸν υἰόν, ἵνα καὶ ὁ υἰός σου δοξάσῃ σε, καθώς έδωκας αὐτῷ ἐξουσίαν πάσης σαρκός, ἵνα πᾶν ὃ δέδωκας αὐτῷ δώσῃ αὐτοῖς ζωὴν αἰώνιον. αὕτη δέ έστιν ή αἰώνιος ζωή, ἵνα γινώσκωσί σε τὸν μόνον άληθινὸν Θεὸν καὶ ὃν ἀπέστειλας Ἰησοῦν Χριστόν. ἐγώ σε έδόξασα έπι τῆς γῆς, τὸ ἔργον ἐτελείωσα ὃ δέδωκάς μοι ἵνα ποιήσω· καὶ νῦν δόξασόν με σύ, πάτερ, παρὰ σεαυτῷ τῆ δόξῃ ἦ εἶχον πρὸ τοῦ τὸν κόσμον εἶναι παρὰ σοί. Ἐφανέρωσά σου τὸ ὄνομα τοῖς ἀνθρώποις οῦς δέδωκάς μοι ἐκ τοῦ κόσμου. σοὶ ἦσαν καὶ ἐμοὶ αὐτοὺς δέδωκας, καὶ τὸν λόγον σου τετηρήκασι. νῦν ἔγνωκαν ότι πάντα όσα δέδωκάς μοι παρὰ σοῦ ἐστιν· ὅτι τὰ ρήματα & δέδωκάς μοι δέδωκα αὐτοῖς, καὶ αὐτοὶ έλαβον, καὶ ἔγνωσαν ἀληθῶς ὅτι παρὰ σοῦ ἐξῆλθον, καὶ έπίστευσαν ὅτι σύ με ἀπέστειλας. Ἐγὼ περὶ αὐτῶν έρωτῶ· οὐ περὶ τοῦ κόσμου ἐρωτῶ, ἀλλὰ περὶ ὧν δέδωκάς μοι, ὅτι σοί εἰσι, καὶ τὰ ἐμὰ πάντα σά ἐστι καὶ τὰ σὰ ἐμά, καὶ δεδόξασμαι ἐν αὐτοῖς. καὶ οὐκέτι εἰμὶ ἐν τῷ κόσμῳ, καὶ οὖτοι ἐν τῷ κόσμῳ εἰσί, καὶ ἐγὼ πρὸς σὲ ἕρχομαι. πάτερ ἅγιε, τήρησον αὐτοὺς ἐν τῷ ὀνόματί σου ῷ δέδωκάς μοι, ἵνα ὦσιν ἓν καθὼς ἡμεῖς. ὅτε ἤμην μετ' αὐτῶν ἐν τῷ κόσμῳ, ἐγὼ ἐτήρουν αὐτοὺς ἐν τῷ όνόματί σου· οῦς δέδωκάς μοι ἐφύλαξα, καὶ οὐδεὶς ἐξ αὐτῶν ἀπώλετο εἰ μὴ ὁ υἰὸς τῆς ἀπωλείας, ἵνα ἡ γραφὴ πληρωθη. νῦν δὲ πρὸς σὲ ἔρχομαι, καὶ ταῦτα λαλῶ ἐν τῷ κόσμῳ ἵνα ἔχωσι τὴν χαρὰν τὴν ἐμὴν πεπληρωμένην έν αύτοῖς.

#### Epistle Reading (Acts 20.16-18, 28-36)

In those days, Paul had decided to sail past Ephesus, so that he might not have to spend time in Asia; for he was hastening to be at Jerusalem, if possible, on the day of Pentecost. And from Mile'tus he sent to Ephesus and called to him the elders of the church. And when they came to him, he said to them: "Take heed to yourselves and to all the flock, in which the Holy Spirit has made you overseers, to care for the church of God which he obtained with the blood of his own Son. I know that after my departure fierce wolves will come in among you, not sparing the flock; and from among your own selves will arise men speaking perverse things, to draw away the disciples after them. Therefore be alert, remembering that for three years I did not cease night or day to admonish every one with tears. And now I commend you to God and to the word of his grace, which is able to build you up and to give you the inheritance among all those who are sanctified. I coveted no one's silver or gold or apparel. You yourselves know that these hands ministered to my necessities, and to those who were with me. In all things I have shown you that by so toiling one must help the weak, remembering the words of the Lord Jesus, how he said, `It is more blessed to give than to receive." And when he had spoken thus, he knelt down and prayed with them all.

#### Gospel Reading according to John (17.1-13)

At that time Jesus lifted up his eyes to heaven and said, "Father, the hour has come; glorify your son that the son may glorify you, since you have given him power over all flesh, to give eternal life to all whom you have given him. And this is eternal life, that they know you the only true God, and Jesus Christ whom you have sent. I glorified you on earth, having accomplished the work which you gave me to do; and now, Father, glorify me in your own presence with the glory which I had with you before the world was made. "I have manifested your name to the men whom you gave me out of the world; yours they were, and you gave them to me, and they have kept your word. Now they know that everything that you have given me is from you; for I have given them the words which you gave me, and they have received them and know in truth that I came from you; and they have believed that you sent me. I am praying for them; I am not praying for the world but for those whom you have given me, for they are yours; all mine are yours, and yours are mine, and I am glorified in them. And now I am no more in the world, but they are in the world, and I am coming to you. Holy Father, keep them in your name, which you have given me, that they may be one, even as we are one. While I was with them, I kept them in your name, which you have given me; I have guarded them, and none of them is lost but the son of perdition, that the scripture might be fulfilled. But now I am coming to you; and these things I speak in the world, that they may have my joy fulfilled in themselves.

<u>Parish Council On</u> Greeters O		metra Lilly/Chris Holmes nnis & Pat Koutouzis	Wed., Jun. 11	10:00 am	Chair Exerci	ise class-PLC Classroom #127	
<u>Ushers On</u> Prosforo B	Duty: Der	nnis & Pat Koutouzis nnis Koutouzis/Paul Markley/Daniela Chereches ii Kakissis/Elena Kay/Tasia Kipreos	Wed., Jun. 11-Sun	., Jun. 15 Metro	opolis of Atlanta	a Clergy-Laity Assembly	
FIOSIOIO D	akcis: INIK	I RAKISSIS/ Elcila Ray/ Tasia Ripicos	Sat., Jun. 14	10:00 am	Life & Faith	Transitions Group-online	
Sun., Jun. 1	Sunday of	the Fathers of the 1st Council	batt, batt 11	5:00 pm	Great Vesper		
	8:45 am	Orthros	A six mont	h Memorial service	is given for Elis	seiu Colhon by his daughter, Eliza Markley and	
	10:00 am	Divine Liturgy		nily. May his memo			
Nicholaos N	Nicholau (23 year	by Alex Chuchas and family for Giorgios Nicholau (40 days), rs), Maria Nicholau (10 years), Alexandros Nicholau (90 years), Giorgia Boom (21 years), Penelope Constantaras (10 years),	A Memorial service is given by Daniela Chereches for her father Nicolae; grandparents Gheorghe, Profira and Elisabeta; and aunts Tudorina and Iliana. May their memories be eternal!				
		(37 years), Giorgios Callincos (4 years), Giorgios Chuchas (60 years),	Sun., Jun. 15	Sunday of A	l Saints   Fath	ner's Dav	
Anna Chuchas (31 years), Demetrios Papadopoulos (7 years), and Panagiota Papadopoulos (6 years).				8:45 am	Orthros		
May their n	nemories be etern	nal!		10:00 am	Divine Liturg	gy	
-	Philoptochos Presvytera Sunday		A Trisagion Service is given for Anita Pettola by her niece, Jamie Hughes and family. May her				
	12:30 pm	Hughes family Fellowship/Coffee Hour-PLC Banquet Hall	me	emory be eternal!			
	10.5-			12:30 pm		amily and Markley family Fellowship/Coffee Hour	
Tues., Jun. 3	10:45 am	Kafenion-PLC Atrium		(ln m	emory of Danie	la Chereches's father, Nicolae; grandparents	
	11:00 am 7:00 pm	Philoptochos Book Club-PLC Library (St. Basil Conf. Rm) Mixed Choir practice-Church Sanctuary	Gheorghe, Profira and Elisabeta; and aunts Tudorina and Iliana. In memory of Eliza Markley's father, Eliseiu.) ANNOUNCEMENTS				
	7.00 pm	Mixed Choir practice-Church Sanctuary					
Wed., Jun. 4	10:00 am	Chair Exercise class-PLC Classroom #127				Young Adults in their 20's and 30's	
	7:00 pm	Youth Group (GOYA)-Lighthouse	be Wed. Jun. 4, at	: <b>10:00 am</b> in PLC	Classroom	meet twice a month for continuing	
Sat., Jun. 7	Saturday of the Souls		#127. Please text A	nn Zakreski at 770	).329.7421 if	education and fellowship. Want to	
Sat., Juli. 7	9:30 am	Orthros & Divine Liturgy at Transfiguration Garden Orthodox	you plan to come.			learn more? Join the HTGOC Young	
	9.00 am	Cemetery in Green Lawn Cemetery, 950 Mansell Rd, Roswell, GA				Adults GroupMe chat for	
	9:00 am	Rental setup: Hanna Reception- PLC Banquet Hall/Atrium/Kitchen	Fellowship/Coffee Sponsorship is a g		1. AND	notifications on events. Contact Fr. Michael ( <u>frmichael@holytransfiguration.info</u> )	
	2:00 pm	Rental: Hanna Reception- PLC Banquet Hall/Atrium/Kitchen	honor someone's b			or Ministry Lead Maria H.	
	3:00 pm	Pan-Orthodox Pentecost Vespers & Picnic (A Pan-Orthodox	nameday, memory			(youngadults@holytransfiguration.info).	
		AIOPA event) at St. Philothea Greek Orthodox Church, 3761 Mars Hill Rd, Watkinsville, GA 30677	significant event w	ith your	COFFEE HOUR	Next meeting: Jun. 8 following the Great	
	3:30 pm	Baptism of Theodore Loles-Church Sanctuary	church family. For	ministries, it		Vespers of the Holy Spirit (Kneeling Vespers)	
	5:00 pm	Great Vespers-Church Chapel	is a great opportur				
	eree piii	croat toppere enaler enaper	group and gain me	mbers. Reserve you	ir date by	<b>Request a Home Visit:</b> Are you or someone you	
Sun., Jun. 8	Holy Pente	ecost	scanning or clickin	g the QR code.		know unable to attend church due to illness or some other reason? Would you or someone you	
	8:45 am	Orthros	<b>Mixed Choir:</b> The	Mixed Choir practic	res on	know like a visit from a member of our clergy	
	10:00 am	Divine Liturgy & The Great Vespers of the Holy Spirit (Kneeling Vespers)	Tuesday nights at	7:00 pm in the San	ctuary. <b>Next</b>	team or lay volunteer? If so, please fill out this	
	12:00 pm	Second Sunday YA Class & Discussion (following Kneeling Vespers)-Lighthouse	Tuesday nights at 7:00 pm in the Sanctuary. <b>Next practice: Tues. Jun. 3</b> .			form (https://docs.google.com/forms/d/e/ 1FAIpQLSeyq22qMuE_c9iBNeODUsFpXp890yK	
	12:30 pm	Fellowship/Coffee Hour-PLC Banquet Hall	Men's Choir: SUM			EgfXahu21YxEij696w/viewform?	
	4:00 pm	A 40 day Memorial Service is given for Jimmy Duvlaris by Mary Duvlaris and family. May his memory be eternal!	<b>Thur. Jul. 14</b> from 7:00-8:30 p.m. in the Church. Singing the Divine Liturgy on <b>Sun. Jul. 27.</b>			<b><u>usp=sharing</u></b> ) and we will do our very best to arrange times to visit!	
Mon., Jun. 9	7:00 pm	Spiritual Book Club-PLC Library (St. Basil Conf. Rm)		PareaOn Thur. Jun. 19, Parea will will meet at 11 am in the PLC Parish Hall.Drivers Needed: Our Outreach Committee is always concerned about shut-ins and other			
Tues., Jun. 10	10:45 am	Kafenion-PLC Atrium	11 am in the PLC I	ransn Hall.		always concerned about shut-ins and other parishioners that can't drive to church, doctors'	
	7:00 pm	Mixed Choir practice-Church Sanctuary	<u>Philoptochos Boo</u> Lovers! Come joir			appointments, grocery stores, etc. We are in need of drivers to volunteer to be available to drive	
		Phishing Scam Awareness	We meet on the first	st Tuesday of each	month at	such parishioners. If you are willing to do so,	
1	1 1 1 1		11.00 are in the C1			nlagge content Store Tinger, Outnood Chairman	

11:00 am in the Church Library (St. Basil

Conference Room) followed by an optional lunch

out. ALL book lover readers are welcomed to

come. NEXT MEETING - Jun. 3, at 11:00 am.

Book - West with Giraffes by Lynda Rutledge

(available on Kindle Unlimited).

please contact Steve Tingas, Outreach Chairman,

770-845-5045. We would like to have as many

volunteer drivers as possible so as to cover our

entire parishioner footprint in the northwest

at stingas@holytransfiguration.info or

Atlanta area. Thank you, in advance, for

volunteering.

#### Phishing Scam Awareness

We are aware that several phishing-type communications have been received by parishioners from supposed members of the church leadership. The church (priests, staff, Parish Council, ministry leads) will never email or text you asking for you to buy gift cards or send money for any reason. If you receive such a message, it is a scam. Please disregard the request and report it to the church office. Always verify requests for financial assistance through direct communication with the church office. Protect yourself, your personal information, fellow parishioners, and the church by being cautious of these fraudulent attempts.



Join us at Transfiguration Garden Orthodox Cemetery at Green Lawn Cemetery, 950 Mansell Rd, Roswell, GA 30076 for our annual Saturday of the Souls Orthros & Divine Liturgy Saturday, June 7, 2025 9:30 am

# Pentecost Picnic

# St Philothea Greek Orthodox Church

3761 Mars Hill Road, Watkinsville, GA

Saturday, June 7 3:00 pm Vespers & Picnic Indoor & Outdoor Seating

Blessed are You, O Christ our God, who made fisherman all-wise, by sending down upon them the Holy Spirit, and through them, drawing all the world into Your net



RSVP: Please scan the QR code



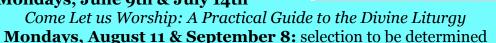
Or go to: StPhilothea.org For more information call 706-340-6366

# **Spiritual Book Club**

We meet on the second Monday of every month in the Church Library from 7:00-8:30 p.m. / co-hosted by Pres. Patty & Michael Gavalas, Please email us at **mgavalas@holytransfiguration.info** to be added to our email list.

#### **UPCOMING SCHEDULE**

Mondays, June 9th & July 14th



*Come, Let Us Worship* walks the reader through the Divine Liturgy of St. John Chrysostom, explaining the meaning of each element and how the congregant may best participate in this fundamental act of Orthodox worship. Those new to Orthodoxy and those who wonder about the meaning of the Liturgy will find this small guide a helpful and informative companion. We will also discuss how the liturgy developed from the early Christian period through today.

# JOIN US AS WE DISCOVER CHRIST IN THE PSALMS



# LIFE AND FAITH TRANSITIONS GROWI

PRAYER · EXPLORATION · PERSONAL AND SPIRITION EXE STRONGER RELATIONSHIP WITH OUR LORD ECHNERIC EVEL LIVELY DISCUSSIONS · RESPECTFUL LISTEN EXERCISE OF THE SERVICE TO OUR LORD

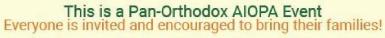
Join us as we journey through the Psalms using *Christ in the Psalms* by Fr. Patrick Henry Reardon and *The Orthodox Study Bible* as our guides.

ARING

Our discussions focus on supporting and encouraging each other through the myriad of life and faith changes, challenges and transitions. Our goal is to nurture personal and spiritual growth, to strengthen our relationship with our Lord, Jesus Christ, and to enhance our service to others on behalf of our Lord.

#### Upcoming Sessions via Zoom: June 14 and 28, July 5 and 19, August 2, 16, and 30 from 10 am to 11:30 am

For more information an a Zoom invite, please reach out to BJ Spanos at 404-771-9335 or by email at lifeandfaith@holytransfiguration.info





#### **Program Overview:**

DivorceCare is a 13-week, support group program designed to help people find healing from the pain of separation or divorce. It offers a safe, caring environment where participants can receive understanding, encouragement, and practical tools for recovery.

#### **Key Features:**

- Expert-led video sessions
- Small group discussions
- Personal workbook for reflection and application

Next Session:

Sat. Jun. 21, at **9:00 am** in the Church Library. (Note time change)

#### **Session Schedule:**

4/26, 5/3, 5/10, (break), (break), 5/31, (break), 6/21, 6/28, 7/5, (break), 7/19, 7/26, 8/2, 8/9, 8/16, 8/23

#### **Benefits for Participants:**

- 1. Understanding and acceptance from others facing similar challenges
- 2. Encouragement and hope from those who have been through divorce
- 3. Practical advice from counselors and divorce recovery experts
- 4. A structured approach to help manage emotions and organize thinking

#### How to Join:

Contact the program leader Alina Fortis ph: 312-388-1484, email: <u>coachingwithalina@gmail.com</u>

# We invite you to the ORTHODOX Divine Lifergy IN CARTERSVILLE, GA

June 21, 2025 at 10:00 am

St. Francis of Assisi Catholic Church 850 Douthit Ferry Road Cartersville, GA 30120

Sponsored by Holy Transfiguration Greek Orthodox Church of Marietta

#### Your Own from Your Own



### 2025 Stewardship Campaign

How to submit your 2025 Membership/Stewardship Card:

**1. PAPER**: Grab a paper Stewardship form from a Parish Council member in the Narthex on Sunday. You may mail back the completed paper form to the Church or drop the completed form in the offering tray.

2. ONLINE: You can complete the Online Membership/

Stewardship Form at https://forms.gle/

**D6aTSDEMtm9W3Rgd6** or on the website's Stewardship page (https://holytransfiguration.info/join/).

**3. SCAN**: use this QR code. Simply point your camera on the QR code and click the yellow link that appears within your picture frame.



# SO YOU KNOW

OPERATING INCOME EXPENSES 01/01/25		STEWARDSHIP REPORT AS OF 05/23/25		
Income Received: \$387,		# of Pledged Households:	282	
Expenses to date:	\$398,399	Total Pledge Amount to date:	\$688,812	
		2025 Budget:	\$1,160,000	
Net Income:	—\$11,164	\$\$\$ needed to reach budget:	\$471,188	

# Sensing God

Vacation Church School June 23rd - 27th 8:45 - 12:45 VCS is for potty-trained 3 year olds up to rising 5th graders.

Rising 6th graders and above: We would love your help! Please volunteer!

Join us for five days of crafts, songs, fun activities and stories about the Orthodox Chruch.

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ADULT

VOLUNTEER

SIGNUP

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# OUR SCHOOL IS GROWING COME TEACH WITH US

Transfiguration Orthodox Academy, a growing K-8 Orthodox Christian hybrid school servir the Metro Atlanta area, is seeking p Elementary and Middle School Tepassionate about Orthodox Educa

- Open to candidates with a variety backgrounds, credentials, and experience levels
- Qualified candidates will receive the school approach and philosop
- Orthodox candidates strong

TO APPLY: Please email your rest two reference contacts (priest and p. and one paragraph describing why you would love to teach with us to our office manager, Joanna Nicolopoulos, at office@toamarietta.com.

#### K-8 GRADE HYBRID CHRISTIAN SCHOOL

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- K-8 Classroom Assistance
  Event Assistance
- Event Assesand
- Recess Monitors
- Administrative Support

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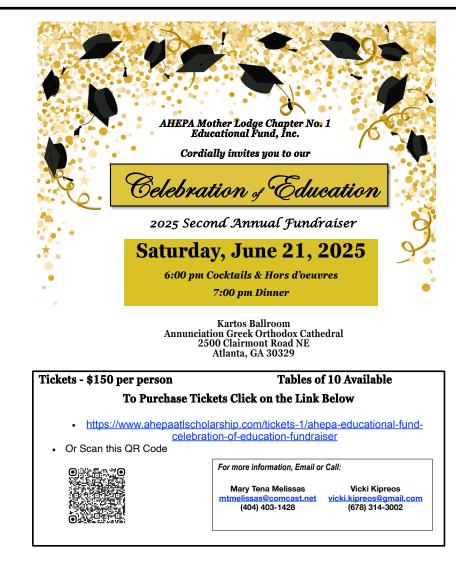
#### **Receiving Holy Communion**

Orthodox Christians who have prepared spiritually are invited to come forward "with the fear of God, with faith, and with love" to receive Holy Communion.

Non-Orthodox Christians may receive the blessed bread (*antidoron*) offered at the conclusion of the service, but not Holy Communion. They may come up to receive a blessing during Holy Communion if they wish.

Preparation for Holy Communion includes confession of sins (even of sinful thoughts) and repentance, making peace with those around us, forgiving those who hurt us, asking for forgiveness from those we have hurt, and prayer. There is a special set of prayers called "Preparation for Holy Communion" to help prepare.

If you have further questions regarding the proper preparation for Holy Communion, please speak with Fr. Panayiotis.



Respect for our Orthodox Christian Values