

## A "RECIPE" FOR A SUCCESSFUL PRAYER LIFE

While Great Lent is often looked upon as being a time of increased prayer, it must be pointed out that prayer is ALWAYS an essential element in our spiritual lives. What is prayer? By definition, it is "communion with God." Prayer can take several forms. There are prayers of thanksgiving, prayers of worship & prayers of petition.

The power of prayer cannot be matched by any other force. When the Apostles questioned Christ concerning why they could not cast out a demon that was possessing a young boy, the Lord responded that such things could only be accomplished through PRAYER & FASTING. On another occasion, Jesus had this to say about prayer: "Therefore I say to you, whatever things you ask for when you pray, believe that you will receive them, & you will have them."

There are several key ingredients to a successful prayer life. First, we must pray with FAITH. We must certainly believe that God CAN help us & answer our prayers.

Next, we must pray PERSISTENTLY. How impatient we are with our prayers! We must learn not to give up if our prayers are not answered immediately. Remember the Canaanite woman, who relentlessly pursued the Lord until He granted her request? She would not take "no" for an answer!

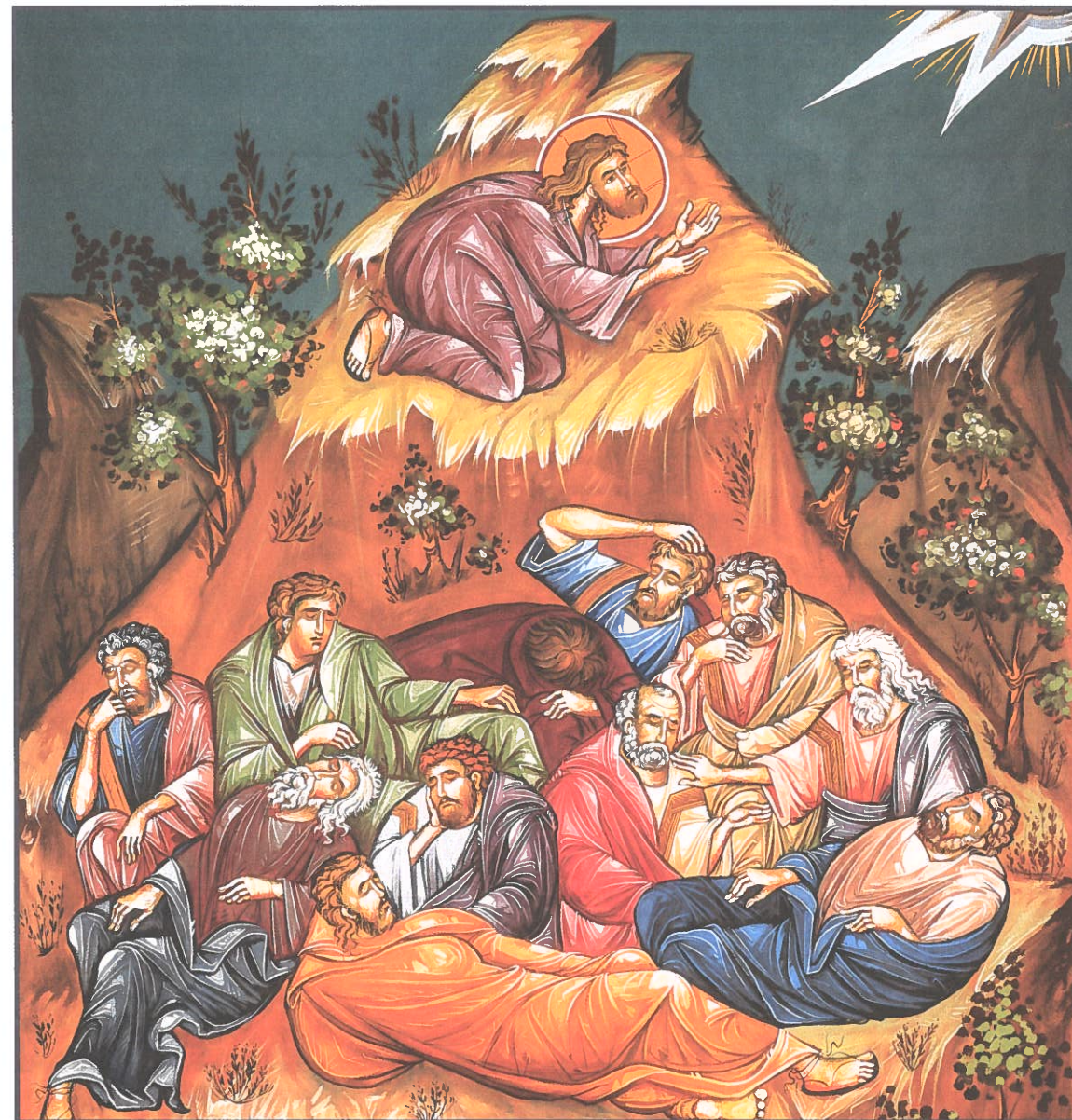
Finally, we must pray with HUMILITY. We must never forget that God is our FATHER & we are His CHILDREN. He is the MASTER & we are the SERVANT. Surely, Christ's own example while praying in the Garden of Gethsemane should indelibly mark this in our mind. What were His words? NOT MY WILL, BUT THINE BE DONE! Rest assured that the Lord hears all of our prayers. May this intimate conversation with God be an important part of every day for us.

The Orthodox Weekly Bulletin . . . . . Vestal, Cliffwood, New Jersey . . . . . Litho in U.S.A.

Μετεμορφώθης ἐν τῷ ὄρει Χριστὲ ὁ Θεός, δείξας τοῖς Μαθηταῖς σου τὴν δόξαν σου, καθὼς ἠδυναντο. Λάμπσον καὶ ἡμῖν τοῖς ἀμαρτωλοῖς, τὸ φῶς σου τὸ αἰδῖον, πρεσβείαις τῆς Θεοτόκου, φωτοδότα δόξα σοι.

Metemorfóthis en to óri, Hristé o Theós, dixas tis Mathités sou, tin dóxan sou kathós idinanto; lampson ke imin tis amartolis, to fos sou to aidion, presvies tis Theotókou, Fotodóta dóxa si.

You were transfigured upon the mountain, O Christ our God, showing to Your disciples, Your glory as much as they could bear. Do also in us, sinners though we may be, shine Your everlasting light, by the intercessions of the Theotokos, O Giver of Light, glory to You.



LENT IS A TIME FOR  
PRAYER



# Holy Transfiguration Greek Orthodox Church

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Fr. Panayiotis Papageorgiou, Ph.D., Protopresbyter

Fr. John Brown, Protopresbyter

Fr. Michael Tishel, Presbyter

Fr. Christopher Zaferes, Presbyter



## Sunday—the Lord's Day—March 30, 2025

### Sunday of St. John Climacus

Musical Mode: Grave Mode      Seventh Eothinon Gospel: John 20:1-10

Readings of the Day: Hebrews 6:13-20 & Mark 9:17-31

Today's Saints: John Climacus the Righteous, author of The Divine Ladder of Ascent;  
Sosthenes, Apollos, Cephas, Caesar, & Epaphroditos, the Apostles of the 70;  
Zacharias the New Martyr

We extend a warm welcome to all those worshipping with us today both in person as well as online from around the world. The live stream of the today's Services can be found on the **Trisagion Films YouTube Channel** at <https://www.youtube.com/@TrisagionLivestreams/streams>

*The daily hymns are printed on the inside of the back cover.*

### WHERE TO FIND INFO ABOUT ORTHODOXY

Online Sources for theological and spiritual edification:

**Trisagion Films:** On Youtube, Facebook and webpage [www.trisagionfilms.com](http://www.trisagionfilms.com)

**Follow our Podcasts:** You can now listen to the entire series on iTunes, Spotify, GooglePlay, PlayerFM, and Sticher. You can find the entire series on iTunes here as well "**An Imperfect Podcast**": <http://tinyurl.com/y5ved9lk>

For audio of spiritual discussions: **Ancient Faith Radio:** [www.ancientfaith.com](http://www.ancientfaith.com)

Visit our **Church Bookstore** for books, icons and other spiritual items for your home.

Visit our **Library** at <https://holytransfiguration.info/ministries/education/library/>

If you are interested to learn more about the Orthodox Faith, please speak to Father Panayiotis and he will guide you.

Email him at [frpanayiotis@holytransfiguration.info](mailto:frpanayiotis@holytransfiguration.info) to schedule an appointment.

### TODAY'S HYMNS

#### Entrance Hymn. 2nd Tone.

**Come, let us worship and bow down before Christ.  
Save us, O Son of God, who is risen from the dead.  
We sing to You, Alleluia.**

*Please sing along with us after the Small Entrance, as you are able.*

#### Apolytikion of the Week. Grave Mode.

You destroyed death by Your Cross, You opened Paradise to the Robber. You turned the Myrrh-bearing Women's lament into joy, and You commanded Your Apostles to preach that You rose, O Christ God, granting the world the great mercy.

#### Apolytikion of the Devout Man. Pl. of Fourth Mode.

With the rivers of your tears you made the barren desert bloom; and with your sighs from deep within, you made your labors bear their fruits a hundredfold; and you became a star, illuminating the world by your miracles, O John, our devout father. Intercede with Christ our God, for the salvation of our souls.

#### Apolytikion of the Parish. Grave Mode.

*[See back of bulletin]*

#### Kontakion. Pl. of Fourth Mode.

O Champion General, I your City now inscribe to you Triumphant anthems as the tokens of my gratitude, Being rescued from the terrors, O Theotokos. Inasmuch as you have power unassailable, From all kinds of perils free me, so that unto you I may cry aloud: Rejoice, O unwedded Bride.

#### The Cherubic Hymn.

Let us, who mystically represent the Cherubim and who sing the thrice-holy hymn to the life-creating Trinity, now lay aside every worldly care. So that we may receive the King of all.

Holy, holy, holy, Lord Sabaoth, heaven and earth are filled with Your glory. Hosanna in the highest. Blessed is He Who comes in the name of the Lord. Hosanna in the highest.

#### Communion Hymn.

Praise the Lord from the heavens. Alleluia.

#### Thanksgiving Hymn after Holy Communion

We have seen the true light; we have received the heavenly Spirit; we have found the true faith, worshiping the undivided Trinity, for the Trinity has saved us.



## Readings of the Fourth Sunday of Great Lent

Ἀναγνώσματα Κυριακῆς Δ' τῶν Νηστειῶν

### Ἀπόστολος πρὸς Ἑβραίους (6.13-20)

Ἀδελφοί, τῷ Ἀβραάμ ἐπαγγελάμενος ὁ θεός, ἐπεὶ κατ' οὐδενὸς εἶχεν μείζονος ὁμόσαι, ὥμοσεν καθ' ἑαυτοῦ, λέγων, Ἥ μὴν εὐλογῶν εὐλογήσω σε, καὶ πληθύνων πληθυνῶ σε. Καὶ οὕτως μακροθυμήσας ἐπέτυχεν τῆς ἐπαγγελίας. Ἄνθρωποι μὲν γὰρ κατὰ τοῦ μείζονος ὁμνύουσιν, καὶ πάσης αὐτοῖς ἀντιλογίας πέρας εἰς βεβαίωσιν ὁ ὄρκος. Ἐν ᾧ περισσότερο βουλούμενος ὁ θεὸς ἐπιδειξάτω τοῖς κληρονόμοις τῆς ἐπαγγελίας τὸ ἀμετάθετον τῆς βουλῆς αὐτοῦ, ἐμεσίτευσεν ὄρκῳ, ἵνα διὰ δύο πραγμάτων ἀμεταθέτων, ἐν οἷς ἀδύνατον ψεύσασθαι θεόν, ἰσχυρὰν παράκλησιν ἔχωμεν οἱ καταφυγόντες κρατῆσαι τῆς προκειμένης ἐλπίδος· ἦν ὡς ἄγκυραν ἔχομεν τῆς ψυχῆς ἀσφαλῆ τε καὶ βεβαίαν, καὶ εἰσερχομένην εἰς τὸ ἐσώτερον τοῦ καταπετάσματος· ὅπου πρόδρομος ὑπὲρ ἡμῶν εἰσηλθεν Ἰησοῦς, κατὰ τὴν τάξιν Μελχισεδέκ ἀρχιερεὺς γενόμενος εἰς τὸν αἰῶνα.

### Ἐκ τοῦ Κατὰ Μάρκον (9.17-31) Εὐαγγελίου

Τῷ καιρῷ ἐκεῖνῳ, ἄνθρωπός τις προσῆλθε τῷ Ἰησοῦ λέγων, διδάσκαλε, ἤνεγκα τὸν υἱόν μου πρὸς σε, ἔχοντα πνεῦμα ἄλαλον. καὶ ὅπου ἂν αὐτὸν καταλάβῃ, ῥήσσει αὐτόν, καὶ ἀφρίζει καὶ τρίζει τοὺς ὀδόντας αὐτοῦ, καὶ ξηραίνεται· καὶ εἶπον τοῖς μαθηταῖς σου ἵνα αὐτὸ ἐκβάλωσι, καὶ οὐκ ἴσχυσαν. ὁ δὲ ἀποκριθεὶς αὐτῷ λέγει· ὦ γενεὰ ἄπιστος, ἕως πότε πρὸς ὑμᾶς ἔσομαι; ἕως πότε ἀνέξομαι ὑμῶν; φέρετε αὐτὸν πρὸς με. καὶ ἤνεγκαν αὐτὸν πρὸς αὐτόν. καὶ ἰδὼν αὐτὸν εὐθέως τὸ πνεῦμα ἐσπάραξεν αὐτόν, καὶ πεσὼν ἐπὶ τῆς γῆς ἐκυλίετο ἀφρίζων. καὶ ἐπηρώτησε τὸν πατέρα αὐτοῦ· πόσος χρόνος ἐστὶν ὡς τοῦτο γέγονεν αὐτῷ; ὁ δὲ εἶπε· παιδιόθεν. καὶ πολλάκις αὐτόν καὶ εἰς πῦρ ἔβαλε καὶ εἰς ὕδατα, ἵνα ἀπολέσῃ αὐτόν· ἀλλ' εἴ τι δύνασαι, βοήθησον ἡμῖν σπλαγχνισθεὶς ἐφ' ἡμᾶς. ὁ δὲ Ἰησοῦς εἶπεν αὐτῷ τὸ εἰ δύνασαι πιστεῦσαι, πάντα δυνατὰ τῷ πιστεύοντι. καὶ εὐθέως κράξας ὁ πατὴρ τοῦ παιδίου μετὰ δακρύων ἔλεγε· πιστεύω, κύριε· βοήθει μου τῇ ἀπιστίᾳ. ἰδὼν δὲ ὁ Ἰησοῦς ὅτι ἐπισυντρέχει ὄχλος, ἐπετίμησε τῷ πνεύματι τῷ ἀκαθάρτῳ λέγων αὐτῷ· τὸ πνεῦμα τὸ ἄλαλον καὶ κωφόν, ἐγὼ σοὶ ἐπιτάσσω, ἐξέλθε ἐξ αὐτοῦ καὶ μηκέτι εἰσέλθῃς εἰς αὐτόν. καὶ κράξαν καὶ πολλὰ σπαράξαν αὐτόν ἐξῆλθε, καὶ ἐγένετο ὡσεὶ νεκρός, ὥστε πολλοὺς λέγειν ὅτι ἀπέθανεν. ὁ δὲ Ἰησοῦς κρατήσας αὐτόν τῆς χειρὸς ἤγειρεν αὐτόν, καὶ ἀνέστη. Καὶ εἰσελθόντα αὐτόν εἰς οἶκον οἱ μαθηταὶ αὐτοῦ ἐπηρώτων αὐτόν κατ' ἰδίαν, ὅτι ἡμεῖς οὐκ ἠδυνήθημεν ἐκβαλεῖν αὐτό. καὶ εἶπεν αὐτοῖς· τοῦτο τὸ γένος ἐν οὐδενὶ δύναται ἐξελθεῖν εἰ μὴ ἐν προσευχῇ καὶ νηστείᾳ. Καὶ ἐκεῖθεν ἐξελθόντες παρεπορεύοντο διὰ τῆς Γαλιλαίας, καὶ οὐκ ἤθελεν ἵνα τις γινῶ· ἐδίδασκε γὰρ τοὺς μαθητὰς αὐτοῦ καὶ ἔλεγεν αὐτοῖς ὅτι ὁ υἱὸς τοῦ ἀνθρώπου παραδίδοται εἰς χεῖρας ἀνθρώπων, καὶ ἀποκτενοῦσιν αὐτόν, καὶ ἀποκτανθεὶς τῇ τρίτῃ ἡμέρᾳ ἀναστήσεται.

### Epistle to the Hebrews (6.13-20)

Brethren, when God made a promise to Abraham, since he had no one greater by whom to swear, he swore by himself, saying, "Surely I will bless you and multiply you." And thus Abraham, having patiently endured, obtained the promise. Men indeed swear by a greater than themselves, and in all their disputes an oath is final for confirmation. So when God desired to show more convincingly to the heirs of the promise the unchangeable character of his purpose, he interposed with an oath, so that through two unchangeable things, in which it is impossible that God should prove false, we who have fled for refuge might have strong encouragement to seize the hope set before us. We have this as a sure and steadfast anchor of the soul, a hope that enters into the inner shrine behind the curtain, where Jesus has gone as a forerunner on our behalf, having become a high priest for ever after the order of Melchiz'edek.

### Gospel according to Mark (9.17-31)

At that time, a man came to Jesus and said to him, "Teacher, I brought my son to you, for he has a dumb spirit; and wherever it seizes him, it dashes him down; and he foams and grinds his teeth and becomes rigid; and I asked your disciples to cast it out, and they were not able." And he answered them, "O faithless generation, how long am I to be with you? How long am I to bear with you? Bring him to me." And they brought the boy to him; and when the spirit saw him, immediately it convulsed the boy, and he fell on the ground and rolled about, foaming at the mouth. And Jesus asked his father, "How long has he had this?" And he said, "From childhood. And it has often cast him into the fire and into the water, to destroy him; but if you can do anything, have pity on us and help us." And Jesus said to him, "If you can! All things are possible to him who believes." Immediately the father of the child cried out and said, "I believe Lord; help me in my unbelief!" And when Jesus saw that a crowd came running together, he rebuked the unclean spirit, saying to it, "You dumb and deaf spirit, I command you, come out of him, and never enter him again." And after crying out and convulsing him terribly, it came out, and the boy was like a corpse; so that most of them said, "He is dead." But Jesus took him by the hand and lifted him up, and he arose. And when he had entered the house, his disciples asked him privately, "Why could we not cast it out?" And he said to them, "This kind cannot be driven out by anything but prayer and fasting." They went on from there and passed through Galilee. And he would not have any one know it; for he was teaching his disciples, saying to them, "The Son of man will be delivered into the hands of men, and they will kill him; and when he is killed, after three days he will rise."

**Parish Council On Duty:** Andy Green/Tina Johansen  
**Greeter On Duty:** Kate Sklikas/Julie Shanahan  
**Ushers On Duty:** Eleni Reese/Spiro Priovolos/Daniela Chereches  
**Prosforo Bakers:** Penny Miltiades/Kim Moustoukas/Maro Neocleous/Eleni Reese

Sun., Mar. 30 **Sunday of St. John Climacus (4th Sunday of Lent)**  
 8:45 am Orthros | Metropolitan Sevastianos presiding  
 10:00 am Divine Liturgy | Men's Choir  
 11:15 am Youth Catechism classes-PLC Classrooms  
 A Memorial Service is given for William Harry Koss and Evan William Koss by Mary Koss Nicholas and the Nasr family. May their memories be eternal!  
 A 5 year Memorial Service is given for Michael Jay Christopher by the Christopher family. May his memory be eternal!  
 12:30 pm Transfiguration Orthodox Academy Scholarship Luncheon-PLC Parish Hall  
 12:30 pm Hellenic Dance Festival Practices:  
 - Pitsirikia (Pre-K)-LL PLC Classroom #126  
 - Palamakia (K & 1st)-LL PLC Classroom #128  
 - Asteria (2nd & 3rd)-LL PLC Classroom #125  
 - Petaloudes (4th & 5th)-LL PLC Atrium  
 - Phoenix (middle school)-PLC Gym  
 1:00 pm Hellenic Dance Festival Practice: Eleftheria (high school)-PLC Amphitheater

Mon., Mar. 31  
 5:30 pm Greek School Classes-PLC Classrooms  
 6:00 pm Great Compline-Church Chapel

Tues., Apr. 1  
 8:30 am TOA Morning Prayers-Church Sanctuary  
 9:15 am TOA Classes-PLC Classrooms  
 10:00 am TOA Open House-PLC lower Lobby & Classrooms  
 10:45 am Kafenion-PLC Atrium  
 6:30 pm MGF Committee meeting-PLC Library (St. Basil Conf. Rm)  
 7:00 pm Mixed Choir Practice-Church Sanctuary

Wed., April. 2  
 10:00 am Chair Exercise class-PLC Classroom #127  
 5:30 pm Greek School Classes-PLC Classrooms  
 5:45 pm Liturgy of the Presanctified Gifts (followed by a Lenten Potluck meal & a Presentation)-Church Sanctuary & PLC Parish Hall  
**(Potluck Dish: A-F Dessert, G-M Main Dish, N-R Vegetable/Side, S-Z Salad)**  
 7:00 pm Youth Group (GOYA)-PLC Parish Hall

Thur., Apr. 3  
 8:30 am TOA Lenten Service-Lighthouse  
 9:15 am TOA Classes-PLC Classrooms  
 6:00 pm Great Canon of St. Andrew of Crete-Church Chapel  
 7:00 pm Men's Choir Practice-Church Sanctuary

Fri., April. 4  
 5:45 pm Young Adult Lenten Book Discussion-Lighthouse  
 7:00 pm Akathist Hymn-Church Sanctuary

Phishing Scam Awareness

We are aware that several phishing-type communications have been received by parishioners from supposed members of the church leadership. The church (priests, staff, Parish Council, ministry leads) will never email or text you asking for you to buy gift cards or send money for any reason. If you receive such a message, it is a scam. Please disregard the request and report it to the church office. Always verify requests for financial assistance through direct communication with the church office. Protect yourself, your personal information, fellow parishioners, and the church by being cautious of these fraudulent attempts.

Sat., Apr. 5  
 10:00 am Altar Server Workshop-Church Sanctuary  
 10:00 am Life & Faith Transitions Group-online  
 5:00 pm Great Vespers-Church Chapel

Sun., Apr. 6 **Sunday of St. Mary of Egypt (5th Sunday of Lent)**  
 8:45 am Orthros  
 10:00 am Divine Liturgy  
 11:15 am Youth Catechism classes-PLC Classrooms  
 12:30 pm Fellowship/Coffee Hour-PLC Parish Hall  
 NOTE: NO Hellenic Dance Practices  
 1:30 pm GOYA Advisors Meeting-PLC Library (St. Basil Conf. Rm)

**ANNOUNCEMENTS**

**Chair Exercise Program:** Our next meeting will be **Wed. Apr. 2, at 10:00 am** in LL PH classroom #127. Please text Ann Zakreski at 770.329.7421 if you plan to come.

**Fellowship/Coffee Hour Sponsorship** is a great way to honor someone's birthday, nameday, memory, or a significant event with your church family. For ministries, it is a great opportunity to bring awareness to your group and gain members. Reserve your date by scanning or clicking the QR code.



**Greek School:** Greek Language classes for children and adults that meets in-person on Mondays & Wednesdays, 5:30-7:00 pm. **Next classes: Mar. 31 & Apr. 2.**

**Hellenic Dance:** MGF (Marietta Greek Festival) dance practice has begun. See practice groups/times on previous page. Please register to participate in this ministry through the 2025 Membership/Stewardship Form, available in the main office or on the church website's Stewardship page (<https://holytransfiguration.info/join/>). **Practice will not occur on April 6th, 13th or 20th.**

**Marietta Greek Festival VOLUNTEER SIGNUP** or see enclosed flyer for QR code.

**Mixed Choir:** The Mixed Choir practices on Tuesday nights at 7:00 pm in the Sanctuary. Next practice **Tues. Apr. 1.**

**Men's Choir:** Practice on **Thur. Apr. 3** from 7:00-8:30 p.m. in the Church. Singing the Divine Liturgy on **Sun. Apr. 27.**

**Parea:** On **Thur., Apr. 24**, Parea will meet at 11 am in the PLC Parish Hall.

**Philoptochos Book Club: Calling ALL Book Lovers! Come join the Philoptochos Book Club!** We meet on the first Tuesday of each month at 11:00 am in the Church Library (St. Basil Conference Room) followed by an optional lunch out. **ALL book lover readers are welcomed to come. NEXT MEETING - Apr. 8, at 11:00 am.** Book - *The Five Wishes of Mr. Murray McBride* by Joe Sipple (available on Kindle Unlimited).

**Young Adults** in their 20's and 30's meet twice a month for continuing education and fellowship. Want to learn more? Join the HTGOC Young Adults GroupMe chat for notifications on events. Contact Fr. Michael ([frmichael@holytransfiguration.info](mailto:frmichael@holytransfiguration.info)) or Ministry Lead Maria H. ([youngadults@holytransfiguration.info](mailto:youngadults@holytransfiguration.info)). **YA Lenten Book Discussion, Mar. 7-Apr. 11 on Fridays** at 5:45 pm in the Lighthouse. We will be discussing *The Mountain of Silence* by Kyriacos Markides. **Upcoming: Apr. 13** Second Sunday-Lighthouse



35TH ANNUAL marietta GREEK FESTIVAL  
 HOLY TRANSFIGURATION GREEK ORTHODOX CHURCH

FRIDAY MAY 16 . . . . . 4:00pm - 10:30pm  
 SATURDAY MAY 17 . . . . . 11:00am - 10:30pm  
 SUNDAY MAY 18 . . . . . 11:00am - 4:00pm

Greek Food & Pastries • Church Tours  
 Vendor Marketplace • Greek Dancing  
 Children's Activities • Live Music

PRESALE TICKET OPTIONS NOW AVAILABLE!

[www.mariettagreekfestival.com](http://www.mariettagreekfestival.com) | [Buy Tickets](#)





TRANSFIGURATION  
ORTHODOX ACADEMY

The Light Of Christ Illumines All  
Save the date to Support  
Transfiguration Orthodox Academy  
**Scholarship Luncheon**

Join us for an amazing Lenten feast of tasty Falafel,  
Hummus, Salad, Soup, delicious Desserts and more.

**Sunday, March 30, 2025**  
after Liturgy.

We are serving Falafel plates with two sides of your  
choice, pita bread and a bowl of red lentil soup .

Dine in or Take out  
Tickets: \$20 per Adult  
\$12 per Child

Use the QR code below for advance ticket purchase,  
or pay at the door.



Transfiguration Orthodox Academy

Invites you to our

# OPEN HOUSE

TUESDAY, APRIL 1ST, 2025

RSVP REQUIRED BY MARCH 29TH

We invite all K-8th grade families interested in  
applying for the 2025-2026 school year.  
Meeting with our TOA family will give you a  
glimpse into what makes our school a nurturing  
and outstanding academic environment, filled  
with the love and light of Christ.



Location: Parish Life Center Lower Level  
Time: 10:00 AM - 12:00 PM



### OPEN HOUSE AGENDA

- Meet our Head of School
- Teachers & Curriculum
- Campus Tour
- Q&A Session

### CONTACT US

- @TOAMARIETTA
- office@toamarietta.com
- 770- 924-3030

### RSVP HERE



[www.tinyurl.com/TOAOpenHouse](http://www.tinyurl.com/TOAOpenHouse)



# GREAT LENT

— AT HOLY TRANSFIGURATION —

## MONDAYS & THURSDAYS @ 6PM GREAT COMPLINE

Mondays, March 3, 10, 17, 24, 31  
April 7  
Thursdays, March 6, 13, 20, 27  
April 3, 10



## WEDNESDAYS @ 5:45PM LITURGY OF THE PRESANCTIFIED GIFTS

March 5, 12, 19, 26  
April 3, 10

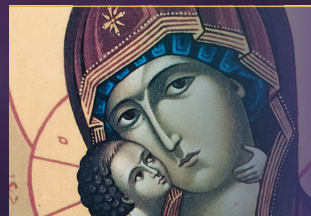
## WEDNESDAY FELLOWSHIP POTLUCK & PRESENTATION

Following the Liturgy of the Presanctified Gifts, join us in the PLC Parish Hall for a fellowship potluck and presentation by a member of the clergy.

See schedule for items to bring to the potluck.



POTLUCK SCHEDULE						
Last Name beginning with	Mar. 5	Mar. 12	Mar. 19	Mar. 26	Apr. 2	Apr. 9
G-M	Main Dish	Veg/Side	Salad	Dessert	Main Dish	Veg/Side
N-R	Veg/Side	Salad	Dessert	Main Dish	Veg/Side	Salad
S-Z	Salad	Dessert	Main Dish	Veg/Side	Salad	Dessert
A-F	Dessert	Main Dish	Veg/Side	Salad	Dessert	Main Dish



## FRIDAYS @ 7PM SALUTATIONS TO THE THEOTOKOS

March 7, 14, 21, 28

## AKATHIST HYMN

APRIL 4

## JOIN US AS WE DISCOVER CHRIST IN THE PSALMS

### LIFE AND FAITH TRANSITIONS GROUP

PRAYER · EXPLORATION · PERSONAL AND SPIRITUAL GROWTH · STRONGER RELATIONSHIP WITH OUR LORD · CONFIDENTIALITY · LIVELY DISCUSSIONS · RESPECTFUL LISTENING AND SHARING · SERVICE TO OUR LORD



Join us as we journey through the Psalms using *Christ in the Psalms* by Fr. Patrick Henry Reardon and *The Orthodox Study Bible* as our guides.

Our discussions focus on supporting and encouraging each other through the myriad of life and faith changes, challenges and transitions. Our goal is to nurture personal and spiritual growth, to strengthen our relationship with our Lord, Jesus Christ, and to enhance our service to others on behalf of our Lord.

UPCOMING SESSIONS VIA ZOOM:  
APRIL 5, MAY 10 AND 24, JUNE 14 AND 28  
FROM 10 AM TO 11:30 AM

For more information on a Zoom invite, please reach out to BJ Spanos at 404-771-9335 or by email at [lifefandfaith@holytransfiguration.info](mailto:lifefandfaith@holytransfiguration.info)

## Spiritual Book Club

We meet on the second Monday of every month in the Church Library from 7:00-8:30 p.m. / co-hosted by Pres. Patty & Michael Gavalas, Please email us at [mgavalas@holytransfiguration.info](mailto:mgavalas@holytransfiguration.info) to be added to our email list.



### UPCOMING SCHEDULE

Monday, April 7th  
*Meditations for Holy Week*

**Great book to read before entering Holy Week.** In this short work, Fr. Vassilios brings his liturgical and devotional insights and warm, accessible style to bear on the services of Holy Week, helping the reader enter fully into this most rich and intense period of the Christian year. Available in the Church bookstore.



## Pascha Flowers

If you would like to make a donation for decorating the tomb of Christ and the sanctuary for Pascha, please fill out the form below and turn it into the office together with your payment. You may also make your donation online through Vanco.



Name: \_\_\_\_\_

In Memory of (please print): \_\_\_\_\_

For the Health of (please print): \_\_\_\_\_

Donation Amount: \_\_\_\_\_  Cash  Check  Vanco

Donor Names and Dedication will be published in the bulletin for the Resurrection Service on Pascha, April 20th.



## LUMINARIES for HOLY FRIDAY SERVICE

Luminaries will be lit at dusk on Holy Friday and remain illuminated throughout the service, creating a path of loving memory and honor. After the service, you may take your luminary home with you. Luminaries are \$10.



Drop a check off at the church office or Order online using Vanco or click the link below

<https://secure.myvanco.com/L-Z20M/campaign/C-10TMG>

In memory of: \_\_\_\_\_ 1st bag

In memory of: \_\_\_\_\_ 2nd bag

In memory of: \_\_\_\_\_ 3rd bag

In memory of: \_\_\_\_\_ 4th bag

Deadline to purchase is APRIL 11

Thank you for supporting this beautiful Pascha campaign and the Hellenic Dance Program

# HOLY WEEK VOLUNTEERS

## Altar Servers, Myrophores, & Handmaidens

Before and during Holy Week this year, we are happy to welcome back those willing to serve as handmaidens, myrophores, and altar servers. If you or your child are eligible to serve, please follow the below instructions:

**1. Altar Server Clean-up & Workshop (Saturday, April 5th):** Boys ages 8-18 are invited to prepare for Holy Week at our Altar Server workshop and clean up of the Church on Saturday, April 5th. We'll gather at 10:00 a.m. in the church to practice for Holy Week and to clean the sanctuary. We plan to finish by no later than 11:30 a.m. Please email [mgavalas@holymtransfiguration.info](mailto:mgavalas@holymtransfiguration.info) to confirm attendance. All altar servers are encouraged to serve during Holy Week.

**2. Myrophores for Holy Friday (Friday, April 18th):** Middle and high school girls are invited to serve as myrophores (myrrh-bearing women) during the Holy Friday afternoon (3 p.m.) and evening services (7 p.m.). To participate, girls should wear a modest (knee-length or preferably lower) black dress. We'll have black shawls available if you don't already have one. Please email Cherie Cookorinis at [cherie@immigrationforyou.com](mailto:cherie@immigrationforyou.com) and Klio Henderson at [hendersonk3@fultonschools.org](mailto:hendersonk3@fultonschools.org) to confirm participation or if you have any questions.

**3. Handmaidens for Holy Saturday (Saturday, April 19th):** 3rd through 5th grade girls are welcome to serve as handmaidens in the Saturday morning service (9:30 a.m.). To participate, girls need to wear a white dress and arrive by no later than 10 a.m., if not earlier. Please email Laura Kwiatkowski at [lkwiatk@gmail.com](mailto:lkwiatk@gmail.com) and Rachel Kourey at [rachel.kourey@gmail.com](mailto:rachel.kourey@gmail.com) to confirm participation or if you have any questions.

Also, please email Michael Gavalas at [mgavalas@holymtransfiguration.info](mailto:mgavalas@holymtransfiguration.info) with any other questions.

## Epitafios

### Epitafios Volunteers for Holy Friday (Friday, April 18th):

Carrying the Epitafios on the Kouvouklion (wooden tomb) is always a great honor. I think it is one of the things that as Orthodox Christians is a great privilege. We will have 4 teams of 4 to help with the Epitafios procession that occurs on Holy Friday night during the Lamentations service. Teams will be arranged based on height. **(10 of the 16 spots are filled)** If you wish to join you can enter your details on the sign up sheet at the Narthex or you can send a TEXT to Harry Catrakilis at 678-464-8450.





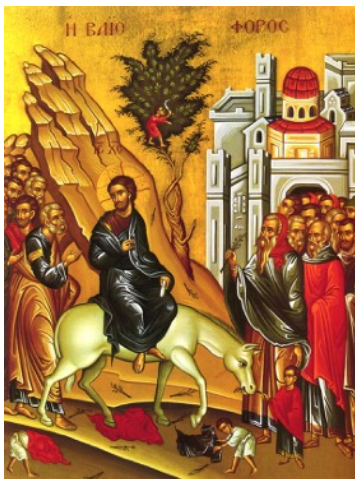
# Palm Sunday

LUNCHEON — APRIL 13, 2025  
Sponsored by the Parish Life  
Ministry

Psari Plaki (Baked Fish in tomato sauce  
with onion, garlic & peppers), Rice,  
Green Beans, Greek Salad, Dessert

Adults \$17  
Children \$12 (under 10 yrs.)  
Maximum per family \$60

Tickets will be sold at the door.



3431 Trickum Road NE  
Marietta, GA 30066  
770-924-8080 office@holytransfiguration.info  
Rev. Fr. Panayiotis Papageorgiou, Ph.D., Protopresbyter

## Divine Services for Holy and Great Week and Pascha 2025

### April 13, Palm Sunday

Orthros 8:45 am and Divine Liturgy 10:00 am

Today we eat fish

Evening: Bridegroom Service 7:00 pm

### April 14, Holy and Great Monday

Evening: Bridegroom Service 7:00 pm

### April 15, Holy and Great Tuesday

Evening: Bridegroom Service 7:00 pm

### April 16, Holy and Great Wednesday

Morning: Liturgy of the Presanctified Gifts 9:30 am

Afternoon: Holy Unction (the service of Holy Oil for Healing) 3:00 pm

Evening: Small Compline 6:45 pm, Holy Unction (service of Holy Oil for Healing) 7:00 pm

### April 17, Holy and Great Thursday

Remembrance of the Last Supper and the Passion of our Lord Jesus Christ

Morning: Vespers of Divine Liturgy of St. Basil 9:30 am

Evening: The Service of the Passion of Christ 7:00 pm

### April 18, Holy and Great Friday

The Crucifixion and Burial of Christ

Morning: The Great Hours 9:30 am

Afternoon: The lowering of the Body of the Lord from the Cross and preparation for His Burial 3:00 pm

Evening: The Burial of Christ--Lamentations at the Tomb of the Lord (Epitaphios) 7:00 pm, followed by Procession of the Tomb of Christ

### April 19, Holy and Great Saturday.

Morning: Divine Liturgy of St. Basil 9:30 am. The Descent of Christ into Hades.

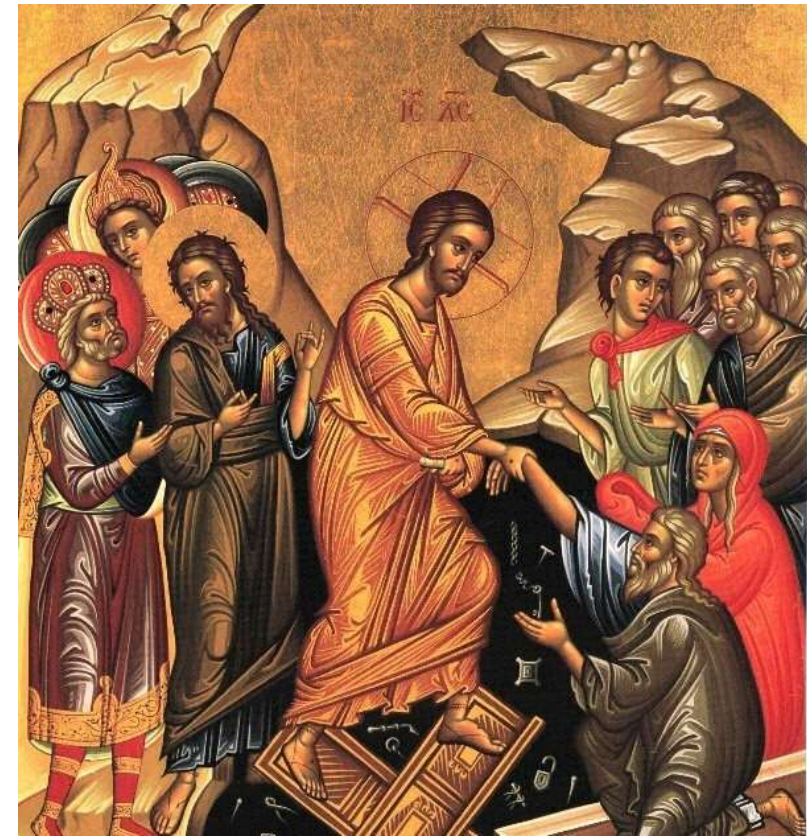
**Midnight Resurrection Services:** The Canon of Easter 11:00 pm,  
12:00 Midnight, The Resurrection of our Lord and Savior Jesus Christ  
12:30 am, Orthros and Divine Liturgy of Pascha

### April 20, The Holy and Great Sunday of Pascha (the Bright Day)

Noon: Great Vespers of Love 12:00 pm. During this Service the Gospel is read in various languages. A Pascal Picnic follows!

### April 21, Renewal Monday, Monday of Renewal

Orthros 9:30 am and Divine Liturgy 10:30 am



# PASCHA SUNDAY AGAPE PICNIC

Please Join Us **April 20th** from 1:30 pm - 3:30 pm

Come celebrate the Bright Day with the Holy Transfiguration family. Enjoy a delicious lunch of Roasted Lamb, Chicken Oreganata, Greek Salad, Dessert and more.

Spend time with the Easter Bunny, Hunting Eggs, Fellowship and Fun Surprises.





35TH ANNUAL  
*Marietta*  
**GREEK**  
FESTIVAL

RAIN OR  
SHINE!

HOLY TRANSFIGURATION GREEK ORTHODOX CHURCH

FRIDAY MAY 16 . . . . . 4:00pm - 10:30pm  
SATURDAY MAY 17 . . . . . 11:00am - 10:30pm  
SUNDAY MAY 18 . . . . . 11:00am - 4:00pm

Greek Food & Pastries • Church Tours  
Vendor Marketplace • Greek Dancing  
Children's Activities • Live Music



PRESALE TICKET OPTIONS  
NOW AVAILABLE!

FREE PARKING & SHUTTLES ALL WEEKEND!  
3431 TRICKUM ROAD, MARIETTA GA 30066  
WWW.MARIETTAGREEKFESTIVAL.COM  
770-924-8080  
FOLLOW US! @MARIETTAGREEKFESTIVAL  

Our Festival is now CASHLESS!



**MAY 16, 17, 18**

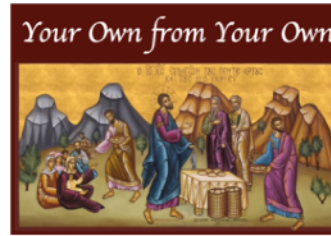
**SIGN UP TO VOLUNTEER!**

**Our festival is  
now CASHLESS!**

Fliers are available in the PLC—  
please grab them and help us  
spread the word in the  
community! Bring to schools,  
offices, doctor offices,  
community spaces, etc.



Contact **Steven Pelky 404-200-8257** &  
**Andy Johansen 678-438-9598**  
with any questions



## 2025 Stewardship Campaign

**How to submit your 2025 Membership/Stewardship Card:**

- 1. PAPER:** Grab a paper Stewardship form from a Parish Council member in the Narthex on Sunday. You may mail back the completed paper form to the Church or drop the completed form in the offering tray.
- 2. ONLINE:** You can complete the Online Membership/Stewardship Form at <https://forms.gle/D6aTSDEMtm9W3Rgd6> or on the website's Stewardship page (<https://holytransfiguration.info/join/>).



- 3. SCAN:** use this QR code. Simply point your camera on the QR code and click the yellow link that appears within your picture frame.

### SO YOU KNOW

OPERATING INCOME AND EXPENSES 01/01/25-03/11/2025		STEWARDSHIP REPORT AS OF 03/14/25	
Income Received:	\$192,161	# of Pledged Households:	237
Expenses to date:	\$194,103	Total Pledge Amount to date:	\$649,668
		2025 Budget:	\$1,160,000
Net Income:	—\$1,942	\$\$\$ needed to reach budget:	\$510,332

MARK YOUR CALENDARS FOR OUR  
FINAL FESTIVAL FOOD PREP DAY!



MANY HANDS NEEDED,  
NO EXPERIENCE NECESSARY



**Saturday, April 26th, 9-4 pm  
(Dolmades)**






## OUR SCHOOL IS GROWING COME TEACH WITH US

Transfiguration Orthodox Academy, a growing K-8 Orthodox Christian hybrid school serving families in the Metro Atlanta area, is seeking part-time Elementary and Middle School Teachers who are passionate about Orthodox Education.

- Open to candidates with a variety of backgrounds, credentials, and experience levels
- Qualified candidates will receive training in our school approach and philosophy
- Orthodox candidates strongly preferred

**TO APPLY:** Please email your resume, two reference contacts (priest and professional), and one paragraph describing why you would love to teach with us to our office manager, Joanna Nicolopoulos, at [office@toamarietta.com](mailto:office@toamarietta.com).

 @TOAMARIETTA

 [www.toamarietta.com](http://www.toamarietta.com)

 770-924-3030



**TRANSFIGURATION  
ORTHODOX ACADEMY**

## 2025–2026 OPEN ENROLLMENT

**Now  
Open!!**

**Enrollment Now Open for 2025–2026!!**

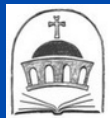
**Step 1. Email [office@toamarietta.com](mailto:office@toamarietta.com) to schedule an Educational Consultation**

**Step 2. Visit [toamarietta.com](http://toamarietta.com) and fill out our 2025–2026 TOA Application Form**

**Step 3. Schedule a Family Interview with our Head of School**

**Step 4. Upon acceptance, you will then be able to register your children below:  
[2025-2026 TOA Registration Form](#)**

**SECURE YOUR SPOT AS  
SPACE IS LIMITED!**



Contact us

[office@toamarietta.com](mailto:office@toamarietta.com)  
(770) 924-3030



Visit us

[www.toamarietta.com](http://www.toamarietta.com)  
[@toamarietta](https://www.facebook.com/toamarietta)





# Sensing God

Vacation Church School

June 23rd - 27th

8:45 - 12:45

VCS is for potty-trained 3 year olds up to rising 5th graders.

Rising 6th graders and above: We would love your help! Please volunteer!

Join us for five days of crafts, songs, fun activities and stories about the Orthodox Church.



Contact: Hazel Bruce for more information:  
vcs@holymtransfiguration.info  
770-870-5977

To volunteer use the QR codes or let Hazel know.



Register  
**NOW**

Registration fee:  
\$50 before 4/15  
\$75 after 4/15



Camper QR code



GOYA Volunteer Link



Adult Volunteers

*Save the Date*

*for the Second Annual*

*Celebration of Education*

2025 AHEPA Mother Lodge Chapter No. 1  
Educational Fund, Inc. Scholarship  
Saturday, June 21, 2025

6:00 PM COCKTAILS & HORS D'OEUVRES

7:00 PM DINNER

Kartos Ballroom  
2500 Clairmont Road NE  
Atlanta, GA 30329

## Receiving Holy Communion

Orthodox Christians who have prepared spiritually are invited to come forward "with the fear of God, with faith, and with love" to receive Holy Communion.

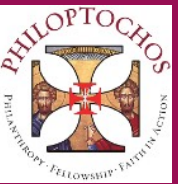
Non-Orthodox Christians may receive the blessed bread (*antidoron*) offered at the conclusion of the service, but not Holy Communion. They may come up to receive a blessing during Holy Communion if they wish.

Preparation for Holy Communion includes confession of sins (even of sinful thoughts) and repentance, making peace with those around us, forgiving those who hurt us, asking for forgiveness from those we have hurt, and prayer. There is a special set of prayers called "Preparation for Holy Communion" to help prepare.

If you have further questions regarding the proper preparation for Holy Communion, please speak with Fr. Panayiotis.

## PHILOTOCHOS MEMBERSHIP DRIVE

Use the new electronic 2025 Membership Form to join or renew your membership in Philoptochos.



If you have not already joined or renewed your membership in Philoptochos, please do the following:

1. Go to the church's website: [holymtransfiguration.info](http://holymtransfiguration.info).
2. From the "home" page, select MINISTRIES from the heading at the top of the page.
3. Under Philanthropy, select PHILOTOCHOS.
4. On the Philoptochos page, select 2025 Membership Form (Download).
5. Save the Membership Form to your computer.
6. Follow the directions at the bottom of the form to complete, make payment to the Philoptochos Square account, and submit your completed form.

Need to contact the Parish Office? Make sure you are emailing [office@holymtransfiguration.info](mailto:office@holymtransfiguration.info)