

“HEAVENWARD! HEAVENWARD!”

Teach year on the 2nd Sunday of the Great Fast, the Holy Orthodox Church honors the memory of ST. GREGORY PALAMAS. Gregory lived in the 14th century and would rise to the prominent position of Archbishop of Thessalonica one day. He is best remembered, however, for his exemplary life as a monastic: a life he embraced at the young age of 20.

Much of Gregory’s life was lived on Mt. Athos. Much of his time was spent in contemplative silence and prayer. He fully embraced the spirit and philosophy of “hesychasm” -- a method of inward prayer of the heart that was taught by the severe ascetics of the Holy Mountain.

As St. Gregory gained popularity and notoriety with the Church, his teaching of hesychasm caused him to be at odds with other theologians and hierarchs. His position that God, unapproachable in His Essence, was nevertheless revealed through His Energies. This brought Gregory ridicule and condemnation. He was even imprisoned and labelled a “heretic” for maintaining that the Kingdom of God is within us -- in our WHOLE NATURE, body and soul. Ultimately, the Council of Blachernae upheld the truth of his teachings. This is why he is praised in his troparion on this day as being the “light of Orthodoxy” and the “champion of theologians.”

St. Gregory Palamas fell asleep in the Lord on November 14, 1359 A.D. He was canonized a saint just 9 years later. His dying words were: “Heavenward! Heavenward!” Indeed, the life lived by this blessed saint was constantly pointed in the direction of the Kingdom of God.

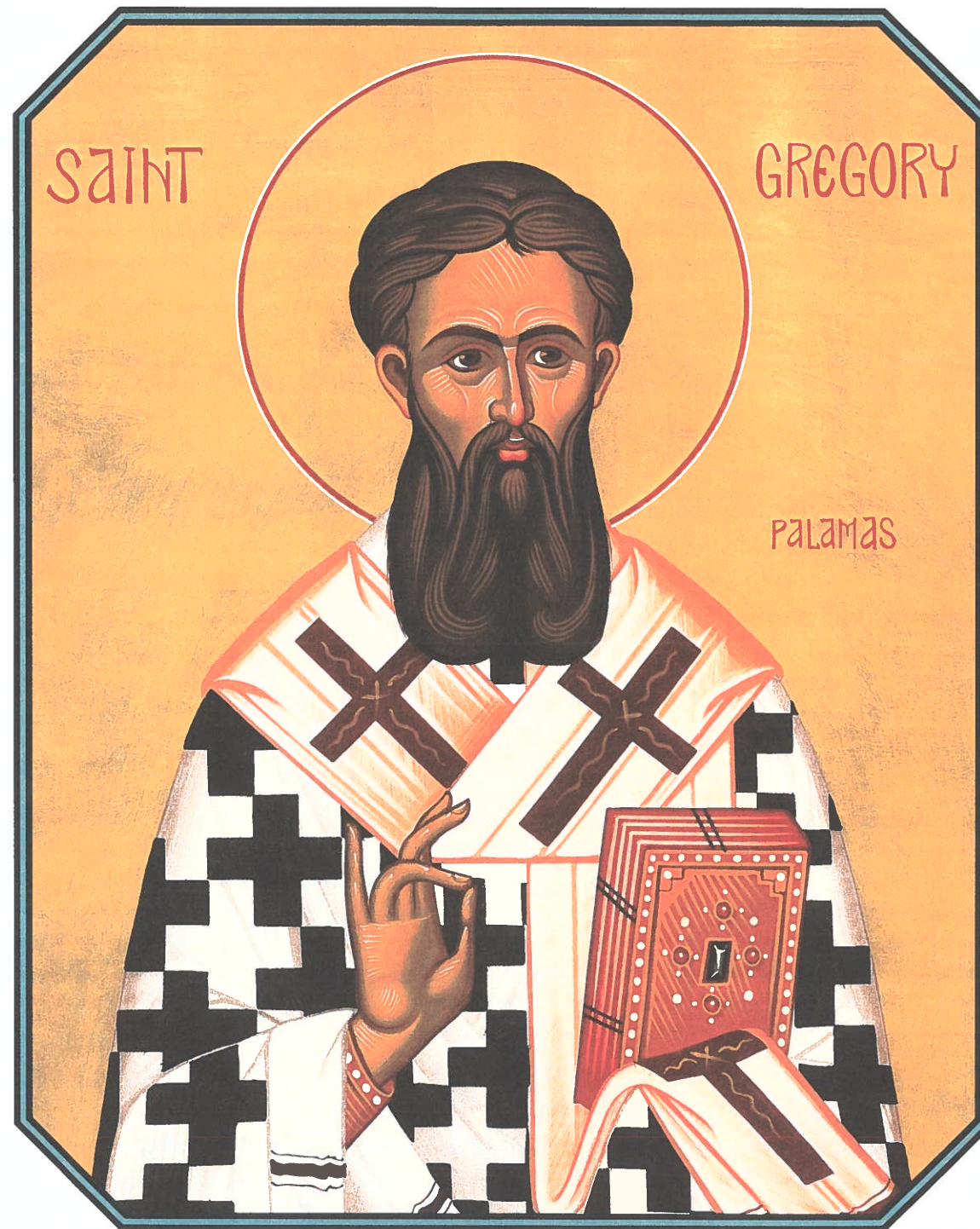
Icon by Austin Kachek - Manville, NJ

The Orthodox Weekly Bulletin Vestal, Cliffwood, New Jersey Litho in U.S.A.

Μετεμορφώθης ἐν τῷ ὄρει Χριστὲ ὁ Θεός, δείξας τοῖς Μαθηταῖς σου τὴν δόξαν σου, καθὼς ἠδύναντο. Λάμψον καὶ ἡμῖν τοῖς ἁμαρτωλοῖς, τὸ φῶς σου τὸ αἰδῖον, πρεσβείαις τῆς Θεοτόκου, φωτοδότα δόξα σοι.

Metemorfóthis en to óri, Hristé o Theós, dixas tis Mathités sou, tin dóxan sou kathós idinanto; lampson ke imin tis amartolis, to fos sou to aidion, presvies tis Theotókou, Fotodóta dóxa si.

You were transfigured upon the mountain, O Christ our God, showing to Your disciples, Your glory as much as they could bear. Do also in us, sinners though we may be, shine Your everlasting light, by the intercessions of the Theotokos, O Giver of Light, glory to You.



Holy Transfiguration Greek Orthodox Church

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Marietta, GA 30066

Tel. 770-924-8080 — Fax 770-924-3030

Fr. Panayiotis Papageorgiou, Ph.D., Protopresbyter

Fr. John Brown, Protopresbyter

Fr. Michael Tishel, Presbyter

Fr. Christopher Zaferes, Presbyter



Sunday—the Lord's Day—March 16, 2025

Sunday of St. Gregory Palamas

Musical Mode: Pl. of First Mode Fifth Eothinon Gospel: Luke 24:12-35

Readings of the Day: Hebrews 1:10-14;2:1-3 & Mark 2:1-12

Today's Saints: Sabine the Martyr of Egypt; Christodulus the Wonderworker of Patmos; Aristovoulos, Apostle of the 70; Julian the Martyr; Romanos the Hieromartyr of Parium

We extend a warm welcome to all those worshipping with us today both in person as well as online from around the world. The live stream of the today's Services can be found on the **Trisagion Films YouTube Channel** at <https://www.youtube.com/@TrisagionLivestreams/streams>

The daily hymns are printed on the inside of the back cover.

WHERE TO FIND INFO ABOUT ORTHODOXY

Online Sources for theological and spiritual edification:

Trisagion Films: On Youtube, Facebook and webpage www.trisagionfilms.com

Follow our Podcasts: You can now listen to the entire series on iTunes, Spotify, GooglePlay, PlayerFM, and Sticher. You can find the entire series on iTunes here as well "*An Imperfect Podcast*": <http://tinyurl.com/y5ved9lk>

For audio of spiritual discussions: **Ancient Faith Radio:** www.ancientfaith.com

Visit our **Church Bookstore** for books, icons and other spiritual items for your home.

Visit our **Library** at <https://holytransfiguration.info/ministries/education/library/>

If you are interested to learn more about the Orthodox Faith, please speak to Father Panayiotis and he will guide you. Email him at frpanayiotis@holytransfiguration.info to schedule an appointment.

TODAY'S HYMNS

Entrance Hymn. 2nd Tone.

**Come, let us worship and bow down before Christ.
Save us, O Son of God, who is risen from the dead.
We sing to You, Alleluia.**

Please sing along with us after the Small Entrance, as you are able.

Apolytikion of the Week. Pl. of First Mode.

As the Father and Spirit are unoriginate, * so the Word, who was born from the Virgin for us. * Let us praise Him, O believers, and let us worship Him. * For our salvation He was pleased * to be crucified in the flesh, * and to undergo death, * and to resurrect the dead, by His glorious resurrection.

Apolytikion of the Hierarch. Pl. of Fourth Mode.

Beacon of Orthodox belief, the strong support of the Church and her teacher inspired by God, you are the ornament of monks, the unassailable champion of theologians, O Gregory the Wonder-worker and the boast of Thessalonica, the messenger of grace. Forever earnestly entreat for the salvation of our souls.

Apolytikion of the Parish. Grave Mode.

[See back of bulletin]

Kontakion. Pl. of Fourth Mode.

O Champion General, I your City now inscribe to you Triumphant anthems as the tokens of my gratitude, Being rescued from the terrors, O Theotokos. Inasmuch as you have power unassailable, From all kinds of perils free me, so that unto you I may cry aloud: Rejoice, O unwedded Bride.

The Cherubic Hymn.

Let us, who mystically represent the Cherubim and who sing the thrice-holy hymn to the life-creating Trinity, now lay aside every worldly care. So that we may receive the King of all.

Holy, holy, holy, Lord Sabaoth, heaven and earth are filled with Your glory. Hosanna in the highest. Blessed is He Who comes in the name of the Lord. Hosanna in the highest.

Communion Hymn.

Praise the Lord from the heavens. Alleluia.

Thanksgiving Hymn after Holy Communion

We have seen the true light; we have received the heavenly Spirit; we have found the true faith, worshipping the undivided Trinity, for the Trinity has saved us.



Readings of the Second Sunday of Great Lent

Αναγνώσματα Κυριακῆς Β΄ τῶν Νηστειῶν

Ἀπόστολος πρὸς Ἑβραίους 1.10 - 2.3

Κατ' ἀρχάς, Κύριε, τὴν γῆν ἐθεμελίωσας, καὶ ἔργα τῶν χειρῶν σου εἰσιν οἱ οὐρανοί· αὐτοὶ ἀπολοῦνται, σὺ δὲ διαμένεις· καὶ πάντες ὡς ἱμάτιον παλαιωθήσονται, καὶ ὡσεὶ περιβόλαιον ἐλίξεις αὐτοὺς, καὶ ἀλλαγῆσονται· σὺ δὲ ὁ αὐτὸς εἶ, καὶ τὰ ἔτη σου οὐκ ἐκλείψουσιν. Πρὸς τίνα δὲ τῶν ἀγγέλων εἶρηκέν ποτε, Κάθου ἐκ δεξιῶν μου, ἕως ἂν θῶ τοὺς ἐχθρούς σου ὑποπόδιον τῶν ποδῶν σου; Οὐχὶ πάντες εἰσιν λειτουργικὰ πνεύματα, εἰς διακονίαν ἀποστελλόμενα διὰ τοὺς μέλλοντας κληρονομεῖν σωτηρίαν; Διὰ τοῦτο δεῖ περισσοτέρως ἡμᾶς προσέχειν τοῖς ἀκουσθεῖσιν, μήποτε παραρρῶμεν. Εἰ γὰρ ὁ δι' ἀγγέλων λαληθεὶς λόγος ἐγένετο βέβαιος, καὶ πᾶσα παράβασις καὶ παρακοή ἔλαβεν ἔνδικον μισθαποδοσίαν, πῶς ἡμεῖς ἐκφευξόμεθα τηλικαύτης ἀμελήσαντες σωτηρίας; Ἦτις, ἀρχὴν λαβοῦσα λαλεῖσθαι διὰ τοῦ κυρίου, ὑπὸ τῶν ἀκουσάντων εἰς ἡμᾶς ἐβεβαιώθη.

Εὐαγγελίου κατὰ Μάρκον 2:1-12

Τῷ καιρῷ ἐκεῖνῳ, εἰσηλθὲν ὁ Ἰησοῦς εἰς εἰς Καπερναοὺμ δι' ἡμερῶν καὶ ἠκούσθη ὅτι εἰς οἶκόν ἐστι. καὶ εὐθέως συνήχθησαν πολλοί, ὥστε μηκέτι χωρεῖν μηδὲ τὰ πρὸς τὴν θύραν· καὶ ἐλάλει αὐτοῖς τὸν λόγον. καὶ ἔρχονται πρὸς αὐτὸν παραλυτικὸν φέροντες, αἰρόμενον ὑπὸ τεσσάρων· καὶ μὴ δυνάμενοι προσεγγίσει αὐτῷ διὰ τὸν ὄχλον, ἀπεστέγασαν τὴν στέγην ὅπου ἦν, καὶ ἐξορῶντες χαλῶσι τὸν κράβαττον, ἐφ' ᾧ ὁ παραλυτικὸς κατέκειτο. ἰδὼν δὲ ὁ Ἰησοῦς τὴν πίστιν αὐτῶν λέγει τῷ παραλυτικῷ· τέκνον, ἀφέωνταί σοι αἱ ἁμαρτίαι σου. ἦσαν δὲ τινες τῶν γραμματέων ἐκεῖ καθήμενοι καὶ διαλογιζόμενοι ἐν ταῖς καρδίαις αὐτῶν· τί οὗτος οὕτω λαλεῖ βλασφημίας; τίς δύναται ἀφιέναι ἁμαρτίας εἰ μὴ εἷς ὁ Θεός; καὶ εὐθέως ἐπιγνοὺς ὁ Ἰησοῦς τῷ πνεύματι αὐτοῦ ὅτι οὕτως αὐτοὶ διαλογίζονται ἐν ἑαυτοῖς, εἶπεν αὐτοῖς· τί ταῦτα διαλογίζεσθε ἐν ταῖς καρδίαις ὑμῶν; τί ἐστιν εὐκοπώτερον, εἰπεῖν τῷ παραλυτικῷ, ἀφέωνταί σου αἱ ἁμαρτίαι, ἢ εἰπεῖν, ἔγειρε καὶ ἄρον τὸν κράβαττόν σου καὶ περιπάτει; ἵνα δὲ εἰδῆτε ὅτι ἐξουσίαν ἔχει ὁ υἱὸς τοῦ ἀνθρώπου ἀφιέναι ἐπὶ τῆς γῆς ἁμαρτίας - λέγει τῷ παραλυτικῷ· σοὶ λέγω, ἔγειρε καὶ ἄρον τὸν κράβαττόν σου καὶ ὑπάγε εἰς τὸν οἶκόν σου. καὶ ἠγέρθη εὐθέως, καὶ ἄρας τὸν κράβαττον ἐξῆλθεν ἐναντίον πάντων, ὥστε ἐξίστασθαι πάντας καὶ δοξάζειν τὸν Θεὸν λέγοντας ὅτι οὐδέποτε οὕτως εἶδομεν.

Epistle Reading—Hebrews 1.10 - 2.3

And, "You, Lord, founded the earth in the beginning, and the heavens are the work of Your hands; they will perish, but You remain; they will all grow old like a garment, like a mantle You will roll them up, and they will be changed. But You are the same, and Your years will never end." But to what angel has he ever said, "Sit at my right hand, till I make Your enemies a stool for Your feet"? Are they not all ministering spirits sent forth to serve, for the sake of those who are to obtain salvation? Therefore we must pay the closer attention to what we have heard, lest we drift away from it. For if the message declared by angels was valid and every transgression or disobedience received a just retribution, how shall we escape if we neglect such a great salvation? It was declared at first by the Lord, and it was attested to us by those who heard him.

Gospel Reading—Mark 2.1-12

And when Jesus returned to Capernaum after some days, it was reported that he was at home. And many were gathered together, so that there was no longer room for them, not even about the door; and he was preaching the word to them. And they came, bringing to him a paralytic carried by four men. And when they could not get near him because of the crowd, they removed the roof above him; and when they had made an opening, they let down the pallet on which the paralytic lay. And when Jesus saw their faith, he said to the paralytic, "My son, your sins are forgiven." Now some of the scribes were sitting there, questioning in their hearts, "Why does this man speak thus? It is blasphemy! Who can forgive sins but God alone?" And immediately Jesus, perceiving in his spirit that they thus questioned within themselves, said to them, "Why do you question thus in your hearts? Which is easier, to say to the paralytic, 'Your sins are forgiven,' or to say, 'Rise, take up your pallet and walk'? But that you may know that the Son of man has authority on earth to forgive sins"—he said to the paralytic—"I say to you, rise, take up your pallet and go home." And he rose, and immediately took up the pallet and went out before them all; so that they were all amazed and glorified God, saying, "We never saw anything like this!"

Parish Council On Duty: Harry Catrakilis/Lela Bridgers
Greeter On Duty: Spiro Priovolos/Kate Sklikas
Ushers On Duty: Alexandra Miliotis/Steven Pelky/Eleni Reese Sub: Christopher Hansard
Prosforo Bakers: Rachel Kourey/Pat Koutouzis/Linda Lopos/April Mason

Sun., Mar. 16 **Sunday of St. Gregory Palamas (2nd Sunday of Lent)**
 8:45 am Orthros
 10:00 am Divine Liturgy
 11:15 am Youth Catechism classes-students participate in Sunday of Orthodox procession — bring an icon)
Marietta Greek Festival Kick-off Sunday
 12:00 pm Altar Server Meeting-Chapel
 12:30 pm Marietta Greek Festival Kick-off Fellowship/Coffee Hour-PLC Parish Hall
 12:30 pm GOYA Leadership Team Meeting-Church Library (St. Basil Conf. Rm)
 12:30 pm Hellenic Dance Festival Practices:
 - Pitsirikia (Pre-K)-LL PLC Classroom #126
 - Palamakia (K & 1st)-LL PLC Classroom #128
 - Asteria (2nd & 3rd)-LL PLC Classroom #125
 - Petaloudes (4th & 5th)-LL PLC Atrium
 - Phoenix (middle school)-PLC Gym
 1:30 pm GOYA Advisors Meeting-Church Library (St. Basil Conf. Rm)
 1:30 pm Hellenic Dance Festival Practice: Eleftheria (high school)-PLC Gym or Amphitheater

Mon., Mar. 17
 5:30 pm Greek School classes-PLC lower level classrooms
 6:00 pm Great Compline-Chapel
 7:00 pm Men's Choir Practice-Main Church

Tues., Mar. 18
 8:30 am TOA Morning Prayers-Main Church
 9:15 am TOA classes-PLC lower level classrooms
 10:45 am Kafenion-Atrium
 4:30 pm Rental: Les Marmitons of Atlanta-PLC Kitchen & Parish Hall
 6:30 pm Marietta Greek Festival Committee Meeting-Church Library (St. Basil Conf. Rm)
 7:00 pm Mixed Choir Practice-Main Church

Wed., Mar. 19
 10:00 am Chair Exercise class-LL PLC Classroom #127
 5:30 pm Greek School classes-PLC lower level classrooms
 5:45 pm Liturgy of the Presanctified Gifts (followed by a Lenten Potluck meal & a Presentation)-Main Church & PLC Parish Hall
(Potluck Dish: A-F Vegetable/Side, G-M Salad, N-R Dessert, S-Z Main Dish)
 7:00 pm Youth Group (GOYA)-Lighthouse
 7:30 pm Parish Oratorical Festival-PLC Parish Hall

Thur., Mar. 20
 8:30 am TOA Lenten Service-Lighthouse
 9:15 am TOA classes-PLC lower level classrooms
 6:00 pm Great Compline-Chapel
 7:00 pm Men's Choir Practice-Main Church

Phishing Scam Awareness

We are aware that several phishing-type communications have been received by parishioners from supposed members of the church leadership. The church (priests, staff, Parish Council, ministry leads) will never email or text you asking for you to buy gift cards or send money for any reason. If you receive such a message, it is a scam. Please disregard the request and report it to the church office. Always verify requests for financial assistance through direct communication with the church office. Protect yourself, your personal information, fellow parishioners, and the church by being cautious of these fraudulent attempts.

Fri., Mar. 21 5:45 pm Young Adult Lenten Book Discussion-Lighthouse
 7:00 pm Third Salutation to the Theotokos | Men's Choir

Sat., Mar. 22 10:00 am Life & Faith Transitions Group-online
 2:00 pm HOPE & JOY Lenten Service Project-PLC: Atrium
 4:00 pm Set-up: Hellenic Studies Greek Independence Luncheon-PLC Parish Hall
 5:00 pm Great Vespers-Chapel

Sun., Mar. 23 **Sunday of the Holy Cross (3rd Sunday of Lent)**
 8:45 am Orthros
 10:00 am Divine Liturgy
 11:15 am Youth Catechism classes
 12:30 pm Greek Independence Celebration & Commemoration of the Annunciation of the Theotokos Luncheon with Presentation by Holy Transfiguration Greek School students-PLC Parish Hall
 12:30/1:30 pm Hellenic Dance Festival Practices: see previous page for groups

ANNOUNCEMENTS

Chair Exercise Program: Our next meeting will be **Wed. Mar. 19, at 10:00 am** in LL PH classroom #127. Please text Ann Zakreski at 770.329.7421 if you plan to come.

Fellowship/Coffee Hour Sponsorship is a great way to honor someone's birthday, nameday, memory, or a significant event with your church family. For ministries, it is a great opportunity to bring awareness to your group and gain members. Reserve your date by scanning or clicking the QR code.



2025 COFFEE HOUR

Greek School: Greek Language classes for children and adults that meets in-person on Mondays & Wednesdays, 5:30-7:00 pm. **Next classes: Mar. 17 & 19.**

Hellenic Dance: MGF (Marietta Greek Festival) dance practice has begun. See practice groups/times on previous page. Please register to participate in this ministry through the 2025 Membership/Stewardship Form, available in the main office or on the church website's Stewardship page (<https://holytransfiguration.info/join/>).

Mixed Choir: The Mixed Choir practices on Tuesday nights at 7:00 pm in the Sanctuary. Next practice **Tues. Mar. 18.**

Men's Choir: Practice on **Mon. Mar. 17 & Thur. Mar. 20** from 7:00-8:30 p.m. in the Church. Singing the Divine Liturgy on **Sun. Mar. 23 & 30.**

Parea: On **Thur., Mar. 20**, Parea will meet at 11 am in the PLC Parish Hall.

Need to contact the Parish Office? Make sure you are emailing office@holytransfiguration.info

Philoptochos Book Club: Calling ALL Book Lovers! Come join the Philoptochos Book Club! We meet on the first Tuesday of each month at 11:00 am in the Church Library (St. Basil Conference Room) followed by an optional lunch out. **ALL book lover readers are welcomed to come. NEXT MEETING - Apr. 8, at 11:00 am.** Book - *The Five Wishes of Mr. Murray McBride* by Joe Sipple (available on Kindle Unlimited).


Young Adults in their 20's and 30's meet twice a month for continuing education and fellowship. Want to learn more? Join the HTGOC Young Adults GroupMe chat for notifications on events. Contact Fr. Michael (frmichael@holytransfiguration.info) or Ministry Lead Maria H. (youngadults@holytransfiguration.info).
YA Lenten Book Discussion, Mar. 7-Apr. 11 on Fridays at 5:45 pm in the Lighthouse. We will be discussing *The Mountain of Silence* by Kyriacos Markides.
Upcoming: Third Thursday event, March 20-Lighthouse



SUNDAY,
 MARCH 30, 2025

WE ARE HONORED TO WELCOME
 HIS EMINENCE
 METROPOLITAN
 SEVASTIANOS
 OF ATLANTA

FOR AN ARCHPASTORAL VISIT AND
 DIVINE LITURGY



SECOND TRAY TO BENEFIT
CHILDREN'S MEDICAL FUND

My dear Brothers and Sisters in the Lord,
I greet you with love and joy in the name of our Lord and
Savior Jesus Christ!

On behalf of National Philoptochos, the Metropolis of Atlanta
Philoptochos is proud to host the 20th Anniversary of the
biennial event which helps children across our nation,
the Children's Medical Fund Luncheon.

Monies raised from this event are distributed as grants to pediatric programs, facilities and research. Therefore, let
us generously support the compassionate mission of the Fund, by encouraging all our parishes to pass trays
on Sunday March 16th, 2025, which I am proud to establish as Children's Medical Fund Sunday.

Additionally, donations can be offered through this [donation link](#) or scan QR code.

Thanking you for your attention to this important mission, I remain, in the love and service of the Lord,

+SEVASTIANOS
Metropolitan of Atlanta

SAVE THE DATE
9.27.2025 • ATLANTA, GA
CHILDREN'S MEDICAL FUND
20th Anniversary



ALTAR SERVER MEETING

Directly after catechism on **Sunday, March 16**, all altar servers are asked to attend
a brief meeting with Fr. Michael & Fr. Chris in the Chapel as we discuss plans for
Holy Week and several other items. Please email
mgavalas@holymtransfiguration.info with questions.



2025 KICKOFF

Sunday, March 16th | Coffee Hour

COME GET A TASTE OF WHAT THE FESTIVAL IS ALL ABOUT!

Discounted gift cards will be available for purchase.
Lenten frappes will be served. Volunteer sign-ups and
printed fliers will also be available!

Contact Steven Pelky and Andy Johansen with any questions



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Sunday, March 16th | Coffee Hour

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Contact Steven Pelky and Andy Johansen with any questions



Spiritual Book Club



We meet on the second Monday of every month in the Church Library from 7:00-8:30 p.m. / co-hosted by Pres. Patty & Michael Gavalas

Please email us at mgavalas@holymtransfiguration.info to be added to our email list for updates, videos, and related articles

UPCOMING SCHEDULE

Monday, March 10th

Time & Despondency: Regaining the Present in Faith & Life
by Nicole M. Roccas

Idleness. Apathy. Restlessness. Procrastination. These are symptoms of what early Christian theologians called despondency (acedia), a spiritual sickness rooted in a lack of care or effort. A condition as old as the ancients, despondency thrives in today's culture of leisure, anxiety, & digital distraction. *Time & Despondency* is a penetrating synthesis of ancient theology, spiritual memoir, & self-help practicality. It envisions despondency as the extension of a broken relationship with the experience of time. Driven by the fear of death and the anxiety of living, despondency drives us to abandon the present moment, forsaking the only temporal realm in which we have true fellowship with Christ. The remedies offered by time-honored Christian thinkers for this predicament constitute not only an antidote to despondency but also stepping stones back to the present moment. In regaining the sacredness of time, we re-encounter the Resurrection of Christ in the dark and restless moments of our lives.

GREAT LENT

— AT HOLY TRANSFIGURATION —

MONDAYS & THURSDAYS @ 6PM

GREAT COMPLINE

Mondays, March 3, 10, 17, 24, 31
April 7
Thursdays, March 6, 13, 20, 27
April 3, 10



WEDNESDAYS @ 5:45PM

LITURGY OF THE PRESANCTIFIED GIFTS

March 5, 12, 19, 26
April 3, 10



**WEDNESDAY FELLOWSHIP
POTLUCK & PRESENTATION**

Following the Liturgy of the Presanctified Gifts, join us in the PLC Parish Hall for a fellowship potluck and presentation by a member of the clergy.

See schedule for items to bring to the potluck.



POTLUCK SCHEDULE

Last Name beginning with	Mar. 5	Mar. 12	Mar. 19	Mar. 26	Apr. 2	Apr. 9
G-M	Main Dish	Veg/Side	Salad	Dessert	Main Dish	Veg/Side
N-R	Veg/Side	Salad	Dessert	Main Dish	Veg/Side	Salad
S-Z	Salad	Dessert	Main Dish	Veg/Side	Salad	Dessert
A-F	Dessert	Main Dish	Veg/Side	Salad	Dessert	Main Dish





FRIDAYS @ 7PM
SALUTATIONS TO THE THEOTOKOS

March 7, 14, 21, 28

AKATHIST HYMN

APRIL 4

 **GREEK INDEPENDENCE**
CELEBRATION *and Commemoration of the*
ANNUNCIATION OF THE
THEOTOKOS 



Time: Immediately after the Divine Liturgy at the Parish Life Center

Main Event: Traditional Fish Luncheon - \$15/ticket - fried fish, rice, salad, bread, skordalia and desserts!

Tickets available for purchase after the Divine Liturgy on Sunday March 9th, 16th, and the day of the event near the PLC entrance.

This is a very popular event in our community and seating at the PLC will sell out. Please get your tickets early!!

****There will be a limited number of to-go lunches available for purchase the day of the event****

**Buy tickets,
(Pre-sales end Monday, Mar. 17)**



TRANSFIGURATION
ORTHODOX ACADEMY

The Light Of Christ Illumines All
Save the date to Support
Transfiguration Orthodox Academy
Scholarship Luncheon

Join us for an amazing Lenten feast of tasty Falafel, Hummus, Salad, Soup, delicious Desserts and more.

Sunday, March 30, 2025
after Liturgy.

We are serving Falafel plates with two sides of your choice, pita bread and a bowl of red lentil soup .

Dine in or Take out
Tickets: \$20 per Adult
\$12 per Child

Use the QR code below for advance ticket purchase, or pay at the door.



“SEEING THE GOSPEL”

PARISH LENTEN RETREAT

Sponsored by Philoptochos

HOLY TRANSFIGURATION
GREEK ORTHODOX
CHURCH
MARIETTA, GA

SATURDAY,
MARCH 29

CHECK IN
8:30 AM - 9:00 AM
PROGRAM
9:00 AM - 3:00 PM

DR. PARASKEVE
(EVE) TIBBS

AFFILIATE PROFESSOR OF
THEOLOGY, FULLER
THEOLOGICAL SEMINARY



Dr. Tibbs is the author of *A Basic Guide to Eastern Orthodox Theology*: “a comprehensive yet accessible guide to the beliefs and practices of the Eastern Orthodox Church for Western readers”.

Her new book, *Seeing the Gospel*, is a narrative journey through eighteen pivotal events in the life of Jesus illuminated through the form and color of icons.

- Join us as we engage with Holy Scripture through these “windows into heaven” and reach beyond the limits of the natural world into the divine realm.

REGISTRATION FEE: \$15, LENTEN
BREAKFAST AND LUNCH INCLUDED

TO REGISTER, CONTACT THE CHURCH
OFFICE, 770-924-8080

Seeing the Gospel



An Interpretive Guide to Orthodox Icons

EVE TIBBS
Foreword by Richard Mouw

Book available from Amazon and
other online publishing sites starting
June 24, 2025.

Register online by scanning the
QR code, [CLICKING HERE](#), or at the door
the day of the event



GUEST SPEAKER: DR. EVE TIBBS

“SEEING THE GOSPEL: AN INTERPRETIVE GUIDE TO ORTHODOX ICONS”

Retreat Schedule -- March 29, 2025

8:30 am: Registration, Continental Breakfast

9:00 am: Welcome, Opening Prayer

9:15 am: Session 1 (including Q&A)
“SHOW AND TELL”

A primer on the visual language of Orthodox icons

10:15: A Word from Leslie Hansard, Philoptochos President
Break

10:30 am: Session 2 (including Q&A)
“A NEW HOPE: THE BEGINNING OF OUR SALVATION”
Icons: The Annunciation, Theophany

11:30am - 12:15pm: Lenten Lunch Break

12:15 am: Session 3 (including Q&A)
“JERUSALEM BEFORE THE CROSS”
Icons: Palm Sunday, Raising of Lazarus, Washing of Feet,
Mystical Supper

1:15pm: Break

1:30pm: Session 4 (including Q&A)
“THE CROSS, THE TOMB, THE RESURRECTION”
Icons: Crucifixion, Myrrhbearing Women at
the Tomb, Resurrection

2:30pm: Closing Comments and Prayer

Seeing the Gospel



An Interpretive Guide to Orthodox Icons

EVE TIBBS
Foreword by Richard Mouw

Books available from Amazon and
other online publishing sites starting
June 24, 2025

Register online by
scanning the QR code,
[CLICKING HERE](#), or at the
door the day of the event



DR. PARASKEVE (EVE) TIBBS

Affiliate Professor of Theology at Fuller
Theological Seminary, Pasadena, CA



EPITAFIOS Volunteers

Friday, April 18, 2025

Carrying the EPITAFIOS on the Kouvouklion (wooden tomb) is always a great honor. I think it is one of the things that as Orthodox Christians is a great privilege.

Last year, which was a huge success.

We will have 4 teams of 4 to help with the EPITAFIOS procession that occurs on Holy Friday night during the Lamentations service.

Teams will be arranged based on height.

If you wish to join you can enter your details on the sign up sheet at the Narthex or you can send a TEXT to me, Harry Catrakilis, at 678-464-8450.



Pascha Flowers

If you would like to make a donation for decorating the tomb of Christ and the sanctuary for Pascha, please fill our the form below and turn it into the office together with your payment. You may also make your donation online through Vanco.

Name: _____

For the Health of (please print): _____

Donation Amount: _____ Cash Check Egiving

Donor Names and Dedication will be published in the bulletin for the Resurrection Service on Pascha, April 20th.



Sensing God

Vacation Church School

June 23rd - 27th

8:45 - 12:45

VCS is for potty-trained 3 year olds up to rising 5th graders.

Rising 6th graders and above: We would love your help! Please volunteer!

Join us for five days of crafts, songs, fun activities and stories about the Orthodox Church.



Contact: Hazel Bruce for more information:
vcs@holytransfiguration.info
770-870-5977

To volunteer use the QR codes or let Hazel know.

Register
NOW

Registration fee:
\$50 before 4/15
\$75 after 4/15



Camper QR code



GOYA Volunteer Link



Adult Volunteers

Save the Date

for the Second Annual

Celebration of Education

2025 AHEPA Mother Lodge Chapter No. 1
Educational Fund, Inc. Scholarship
Saturday, June 21, 2025

6:00 PM COCKTAILS & HORS D'OEUVRES

7:00 PM DINNER

Kartos Ballroom
2500 Clairmont Road NE
Atlanta, GA 30329




OUR SCHOOL IS GROWING COME TEACH WITH US


Transfiguration Orthodox Academy, a growing K-8 Orthodox Christian hybrid school serving families in the Metro Atlanta area, is seeking part-time Elementary and Middle School Teachers who are passionate about Orthodox Education.

- Open to candidates with a variety of backgrounds, credentials, and experience levels
- Qualified candidates will receive training in our school approach and philosophy
- Orthodox candidates strongly preferred

TO APPLY: Please email your resume, two reference contacts (priest and professional), and one paragraph describing why you would love to teach with us to our office manager, Joanna Nicolopoulos, at office@toamarietta.com.

 @TOAMARIETTA

 www.toamarietta.com

 770-924-3030



**TRANSFIGURATION
ORTHODOX ACADEMY**

2025-2026 OPEN ENROLLMENT

**SAVE THE
DATE!**

Enrollment Officially Opens March 15th!

Step 1. Email office@toamarietta.com to schedule an Educational Consultation

Step 2. Visit toamarietta.com and fill out our [2025-2026 TOA Application Form](#)

Step 3. Schedule a Family Interview with our Head of School

Step 4. Upon acceptance, you will then be able to register your children once window opens March 15th

**SECURE YOUR SPOT AS
SPACE IS LIMITED!**



Contact us
office@toamarietta.com
(770) 924-3030



Visit us
www.toamarietta.com
[@toamarietta](#)



Your Own from Your Own



2025 Stewardship Campaign

How to submit your 2025 Membership/Stewardship Card:

- PAPER:** Grab a paper Stewardship form from a Parish Council member in the Narthex on Sunday. You may mail back the completed paper form to the Church or drop the completed form in the offering tray.
- ONLINE:** You can complete the Online Membership/Stewardship Form at <https://forms.gle/D6aTSEdMtm9W3Rgd6> or on the website's Stewardship page (<https://holytransfiguration.info/join/>).



- SCAN:** use this QR code. Simply point your camera on the QR code and click the yellow link that appears within your picture frame.

SO YOU KNOW

OPERATING INCOME AND EXPENSES 01/01/25-03/11/2025		STEWARDSHIP REPORT AS OF 03/14/25	
Income Received:	\$192,161	# of Pledged Households:	237
Expenses to date:	\$194,103	Total Pledge Amount to date:	\$649,668
		2025 Budget:	\$1,160,000
Net Income:	-\$1,942	\$\$\$ needed to reach budget:	\$510,332

MARK YOUR CALENDARS FOR OUR FINAL FESTIVAL FOOD PREP DAY!



MANY HANDS NEEDED,
NO EXPERIENCE NECESSARY



Saturday, April 26th, 9-4 pm
(Dolmades)

PHILOPTOCHOS MEMBERSHIP DRIVE

Use the new electronic 2025 Membership Form to join or renew your membership in Philoptochos.

If you have not already joined or renewed your membership in Philoptochos, please do the following:

- Go to the church's website: holytransfiguration.info.
- From the "home" page, select MINISTRIES from the heading at the top of the page.
- Under Philanthropy, select PHILOPTOCHOS.
- On the Philoptochos page, select 2025 Membership Form (Download).
- Save the Membership Form to your computer.
- Follow the directions at the bottom of the form to complete, make payment to the Philoptochos Square account, and submit your completed form.



Receiving Holy Communion

Orthodox Christians who have prepared spiritually are invited to come forward "with the fear of God, with faith, and with love" to receive Holy Communion.

Non-Orthodox Christians may receive the blessed bread (*antidoron*) offered at the conclusion of the service, but not Holy Communion. They may come up to receive a blessing during Holy Communion if they wish.

Preparation for Holy Communion includes confession of sins (even of sinful thoughts) and repentance, making peace with those around us, forgiving those who hurt us, asking for forgiveness from those we have hurt, and prayer. There is a special set of prayers called "Preparation for Holy Communion" to help prepare.

If you have further questions regarding the proper preparation for Holy Communion, please speak with Fr. Panayiotis.

2024-2025



HELLENIC STUDIES OF
HOLY TRANSFIGURATION
GREEK ORTHODOX
CHURCH

GREEK SCHOOL REGISTRATION



REGISTRATION STILL OPEN USING THE LINK BELOW

<https://tinyurl.com/4v8636zn>

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