## "COME AND SEE"

ur Orthodox Church, after 2000 years, is still a missionary Church. Even in this modern era, it is still our commission to "go and teach all nations," bringing the unchurched to the knowledge of Jesus Christ. As we struggle to bring the truths of Holy Orthodoxy to others, what approach should we take? If we are attempting to share our Faith with a potential convert, what should we EMPHASIZE?

The essence of Orthodoxy is a unique blending of three distinct elements. First, we are a SCRIPTURAL Faith. All that we teach ... all that we believe has its basis on God's Word in the Holy Bible. Indeed, we must show others that we "practice what we preach," and what we preach is the same message that our Lord and His Apostles after Him took out to every nation.

We are a LITURGICAL Faith. The services of the Orthodox Church readily reveal the doctrines and dogmas that are dear to us. A prospective convert can gain tremendous insight into what Orthodoxy is all about simply by listening to the profound lyrics of our many liturgical hymns.

Finally, we are a VISUAL Faith. When Nathanael questioned Philip if "anything good could come out of Nazareth", Philip responded: "COME AND SEE." Perhaps these words offer us the best "plan of attack" in allowing the light of Orthodoxy to shine on others. Through the holy icons and liturgical objects found in magnificent cathedrals and humble parish churches, our Faith comes alive. Invite someone to "come and see" your church. Let their eyes take in the mysteries of our Faith that are revealed in our sacred images and holy places. Many will, no doubt, echo the sentiments of the emissaries of Vladimir the Great when they entered the Church of the Holy Wisdom: "WE KNEW NOT IF WE WERE IN HEAVEN OR ON EARTH."

The Orthodox Weekly Bulletin . . . . . . . Vestal, Cliffwood, New Jersey . . . . . . Litho in U.S.A.

Μετεμορφώθης ἐν τῷ ὄρει Χριστὲ ὁ Θεός, δείξας τοῖς Μαθηταῖς σου τὴν δόξαν σου, καθώς ήδυναντο. Λάμψον καὶ ἡμῖν τοῖς άμαρτωλοῖς, τὸ φῶς σου τὸ ἀιδιον, πρεσβείαις τῆς Θεοτόκου, φωτοδότα δόξα σοι.

Metemorfóthis en to óri, Hristé o Theós, dixas tis Mathités sou, tin dóxan sou kathós idinanto; lampson ke imin tis amartolis, to fos sou to aidion, presvies tis Theotókou, Fotodóta dóxa si.

You were transfigured upon the mountain, O Christ our God, showing to Your disciples, Your glory as much as they could bear. Do also in us, sinners though we may be, shine Your everlasting light, by the intercessions of the Theotokos, O Giver of Light, glory to You.



**ORTHODOX CHURCH** 

## **Holy Transfiguration Greek Orthodox Church**



3431 Trickum Road Marietta, GA 30066 Tel. 770-924-8080 — Fax 770-924-3030

Fr. Panayiotis Papageorgiou, Ph.D., Protopresbyter
Fr. John Brown, Protopresbyter
Fr. Michael Tishel, Economos



## Sunday—the Lord's Day—February 2, 2025

## The Presentation of Our Lord and Savior in the Temple

Musical Mode: Grave Mode Tenth Eothinon Gospel: Luke 2:25-32

Readings of the Day: Hebrews 7:7-17 & Luke 2:22-40

Today's Saints: Gabriel the New Martyr of Constantinople; Jordan the New Martyr;
Agathadoros the Martyr of Cappadocia

We extend a warm welcome to all those worshipping with us today both in person as well as online from around the world. The live stream of the today's Services can be found on the Trisagion Films YouTube Channel at <a href="https://www.youtube.com/@TrisagionLivestreams/streams">https://www.youtube.com/@TrisagionLivestreams/streams</a>

The daily hymns are printed on the inside of the back cover.

#### WHERE TO FIND INFO ABOUT ORTHODOXY

Online Sources for theological and spiritual edification:

Trisagion Films: On Youtube, Facebook and webpage www.trisagionfilms.com

**Follow our Podcasts:** You can now listen to the entire series on iTunes, Spotify, GooglePlay, PlayerFM, and Sticher. You can find the entire series on iTunes here as well "An Imperfect

*Podcast"*: http://tinyurl.com/y5ved9lk

For audio of spiritual discussions: Ancient Faith Radio: www.ancientfaith.com

Visit our Church Bookstore for books, icons and other spiritual items for your home.

Visit our Library at http://www.holytransfiguration.info/library/

If you are interested to learn more about the Orthodox Faith, please speak to Father Panayiotis and he will guide you.

Email him at **frpanayiotis@holytransfiguration.info** to schedule an appointment.

#### **TODAY'S HYMNS**

#### Entrance Hymn. 2nd Tone.

Come, let us worship and bow down before Christ. Save us, O Son of God, who is risen from the dead. We sing to You, Alleluia.

Please sing along with us after the Small Entrance, as you are able.

#### Apolytikion of the Week. Grave Mode.

You destroyed death by Your Cross, You opened Paradise to the Robber. You turned the Myrrh-bearing Women's lament into joy, and You commanded Your Apostles to preach that You rose, O Christ God, granting the world the great mercy.

#### For the Feast. First Mode.

Lady full of grace, rejoice, O Virgin Theotokos, for Christ our God, the Sun of righteousness has risen from you and He illumined those in darkness. And you, righteous Elder, be glad in heart, receiving in your embraces the One who liberates our souls and bestows on us the Resurrection.

# Apolytikion of the Parish. Grave Mode. [See back of bulletin]

#### Kontakion. First Mode.

You sanctified the womb of the Virgin by Your birth, and by Your presentation You blessed the hands of Symeon, when You came, and You saved us, O Christ our God. Now we pray You give peace to Your world at war, and let love for Your people prevail in all, O only benevolent Lord.

#### The Cherubic Hymn.

Let us, who mystically represent the Cherubim and who sing the thrice-holy hymn to the life-creating Trinity, now lay aside every worldly care. So that we may receive the King of all. Holy, holy, Lord Sabaoth, heaven and earth are filled with Your glory. Hosanna in the highest. Blessed is He Who comes in the name of the Lord. Hosanna in the highest.

#### Communion Hymn.

I will take up the cup of salvation, and call upon the name of the Lord. Alleluia.

#### Thanksgiving Hymn after Holy Communion

We have seen the true light; we have received the heavenly Spirit; we have found the true faith, worshiping the undivided Trinity, for the Trinity has saved us.



### Readings of the Sunday of the Publican and the Pharisee

Αναγνώσματα Κυριακῆς τοῦ Τελώνου καὶ Φαρισαίου

### Απόστολος πρὸς Τιμόθεον β' (3.10-15)

Τέκνον Τιμόθεε, παρηκολούθηκάς μου τῆ διδασκαλία, τῆ ἀγωγῆ, τῆ προθέσει, τῆ πίστει, τῆ μακροθυμία, τῆ ἀγάπη, τῆ ὑπομονῆ, τοῖς διωγμοῖς, τοῖς παθήμασιν, οἱά μοι ἐγένετο ἐν ἀντιοχεία, ἐν Ἰκονίω, ἐν Λύστροις, οἴους διωγμοὺς ὑπήνεγκα· καὶ ἐκ πάντων με ἐρρύσατο ὁ κύριος. Καὶ πάντες δὲ οἱ θέλοντες εὐσεβῶς ζῆν ἐν Χριστῷ Ἰησοῦ διωχθήσονται. Πονηροὶ δὲ ἄνθρωποι καὶ γόητες προκόψουσιν ἐπὶ τὸ χεῖρον, πλανῶντες καὶ πλανώμενοι. Σὰ δὲ μένε ἐν οἱς ἔμαθες καὶ ἐπιστώθης, εἰδὼς παρὰ τίνος ἔμαθες, καὶ ὅτι ἀπὸ βρέφους τὰ ἱερὰ γράμματα οἰδας, τὰ δυνάμενὰ σε σοφίσαι εἰς σωτηρίαν διὰ πίστεως τῆς ἐν Χριστῷ Ἰησοῦ.

### Εὐαγγέλιον κατὰ Λουκᾶν (18.10-14)

Εἶπεν ὁ Κύριος τήν παραβολὴν ταύτην Άνθρωποι δύο ἀνέβησαν εἰς τὸ ἱερὸν προσεύξασθαι, ὁ είς Φαρισαίος καὶ ὁ ἕτερος τελώνης. ὁ Φαρισαίος σταθείς πρὸς ἑαυτὸν ταῦτα προσηύχετο ὁ Θεός, εὐχαριστῶ σοι ὅτι οὐκ εἰμὶ ὥσπερ οἱ λοιποὶ τῶν ἀνθρώπων, άρπαγες, άδικοι, μοιχοί, ή καὶ ὡς οὖτος ὁ τελώνης νηστεύω δὶς τοῦ σαββάτου, άποδεκατώ πάντα ὅσα κτώμαι. καὶ ὁ τελώνης μακρόθεν έστως οὐκ ἤθελεν οὐδὲ τοὺς όφθαλμούς είς τὸν οὐρανὸν ἐπᾶραι, ἀλλ' ἔτυπτεν εἰς τὸ στῆθος αὐτοῦ λέγων ὁ Θεός, ίλάσθητί μοι τῷ ἀμαρτωλῷ. λέγω ὑμίν, κατέβη ούτος δεδικαιωμένος είς τὸν οἶκον αὐτοῦ ἢ γὰρ ἐκεῖνος· ὅτι πᾶς ὁ ὑψῶν ἑαυτὸν ταπεινωθήσεται, ὁ δὲ ταπεινῶν ἑαυτὸν ύψωθήσεται.

#### The Second Letter to Timothy (3.10-15)

My son Timothy, now you have observed my teaching, my conduct, my aim in life, my faith, my patience, my love, my steadfastness, my persecutions, my sufferings, what befell me at Antioch, at Ico'nium, and at Lystra, what persecutions I endured; yet from them all the Lord rescued me. Indeed all who desire to live a godly life in Christ Jesus will be persecuted, while evil men and impostors will go on from bad to worse, deceivers and deceived. But as for you, continue in what you have learned and have firmly believed, knowing from whom you learned it and how from childhood you have been acquainted with the sacred writings which are able to instruct you for salvation through faith in Christ Jesus.

### Gospel according to Luke (18.10-14)

The Lord said this Parable: "Two men went up into the temple to pray, one a Pharisee and the other a tax collector. The Pharisee stood and prayed thus with himself, `God, I thank thee that I am not like other men, extortioners, unjust, adulterers, or even like this tax collector. I fast twice a week, I give tithes of all that I get.' But the tax collector, standing far off, would not even lift up his eyes to heaven, but beat his breast, saying, 'God, be merciful to me a sinner!' I tell you, this man went down to his house justified rather than the other; for every one who exalts himself will be humbled, but he who humbles himself will be exalted."

Parish Council On Duty: Harry Catrakilis/Lela Bridgers
Greeter On Duty: Maria Alberts/Kate Sklikas

**Ushers On Duty:** Maria Alberts/Jeff Alberts/Ken Bilson

**Prosforo Bakers:** Christine Sprouse/Fran Tucker/Tina Vamvakias/Lois Bafas

Sun., Feb. 2	Sun., Feb. 2 The Presentation of the Lord			
5uii., Feb. 2	8:45 am	Orthros		
	10:00 am	Divine Liturgy   Mixed Choir		
	11:15 am	Youth Catechism classes-PLC lower level classrooms		
		Blessing of the Stewardship Cards		
	12:15 pm	Oratorical Festival Info Session-St. John Chrysostom Conference		
		Rm (in PLC LL Atrium)		
	12:30 pm	Philoptochos Souper Bowl Luncheon-Parish Hall		
	12:30 pm	GOYA Leadership Team meeting-Church Library(St. Basil Conf. Rm)		
	12:30 pm	Hellenic Dance Festival Practices:		
		- Pitsirikia (Pre-K)-LL PLC Classroom #126		
		- Palamakia (K & 1st)-LL PLC Classroom #128		
		- Asteria (2nd & 3rd)-LL PLC Classroom #125		
		- Petaloudes (4th & 5th)-LL PLC Atrium		
		- Phoenix (middle school)-PLC Gym		
	1:30 pm	- Eleftheria (high school)-PLC Gym or Amphitheater		
	1:30 pm	GOYA Advisors meeting-Church Library (St. Basil Conf. Rm)		
	3:30 pm	Wedding of Zach and Amanda (Gabriel & Chloe) Shoemaker-Main Church		
Mon., Feb. 3	5:30 pm	Hellenic Studies/Greek School classes-PLC lower level classrooms		
Tues., Feb. 4	8:30 am	TOA Morning Prayers-Main Church		
•	9:15 am	TOA classes-PLC lower level classrooms		
	10:00 am	Transfiguration Orthodox Academy Open House-PLC Classrooms		
	10:45 am	Kafenion-Atrium		
	11:00 am	Philoptochos Book Club-Church Library (St. Basil Conf. Rm)		
	7:00 pm	Mixed Choir Practice-Main Church		
Wed., Feb. 5	Note:	NO Chair Exercise class-LL PLC Classroom #127		
,	5:30 pm	Hellenic Studies/Greek School classes-PLC lower level classrooms		
Thur., Feb. 6	8:30 am	TOA Divine Liturgy-Lighthouse		
	9:15 am	TOA classes-PLC lower level classrooms		
Fri., Feb. 7	5:00 pm	Rehearsal for Dalton/Hanks Wedding-Main Church		
Sat., Feb. 8	10:00 am	OCF College Days (high schoolers & their parents)-Lighthouse		
	10:00 am	Festival baking: Spanakopita-PLC Kitchen		
	11:00 am	A 40 day Memorial Service is given for Ventzislav Lazarov by his		
		sister, Kari Lazarova. May his memory be eternal!		
	3:30 pm	Wedding of Kathryn Dalton & Jonathan Hanks		
5:00 pm Great Vespers for the Presentation of the Lord-Chapel				
A 10 year Memorial Service is given for Tim's father, Harry Tassopoulos. May his memory be eternal!				

#### Phishing Scam Awareness

We are aware that several phishing-type communications have been received by parishioners from supposed members of the church leadership. The church (priests, staff, Parish Council, ministry leads) will never email or text you asking for you to buy gift cards or send money for any reason. If you receive such a message, it is a scam. Please disregard the request and report it to the church office. Always verify requests for financial assistance through direct communication with the church office. Protect yourself, your personal information, fellow parishioners, and the church by being cautious of these fraudulent attempts.

Sat., Feb. 8 cont	5:00 pm	Cretan Society meeting-PLC Atrium/Kitchen			
Sun., Feb. 9	Sunday of the Publican and Pharisee: Triodion begins today				
	8:45 am	Orthros			
	10:00 am	Divine Liturgy			
	11:15 am	Youth Catechism classes-PLC lower level classrooms			
	11:30 am	Second Sunday YA Class & Discussion-Lighthouse			
A 2 year Memorial Service is given by Spiro Priovolos and family for his father, Constantinos					
Priovolos and grandmother, Cleopatra Priovolos. May their memories be eternal!					
A 10 year Memorial Service is given for George Bilson by Evelyn Bilson and family.					
May his memory be eternal!					
	12:00 pm	Hope & Joy Service Project-PLC Atrium			
	12:30 pm	Hope & Joy Fellowship/Coffee Hour-PLC Parish Hall			
12:30 pm/1:30 pm Hellenic Dance Festival Practices: see Jan. 26 schedule					

**ANNOUNCEMENTS** 

AHEPA Chapter #519, 12th Annual Scholarship Game Night: will be held on Saturday, February 22nd in the Parish Hall. In the past eleven years, this event has raised over \$50,000 and has provided over 100 college scholarships for deserving men and women in the Marietta area. This annual event promises a fabulous dinner and an exciting evening of games and prizes for everyone. Make it a Date **Night!** Please see the enclosed flyer for information on how to RSVP for the event, and feel free to forward it to family and friends, and/ or visit **ahepa519.info** for more information. **You** can also RSVP / pay for the event, and/or purchase tickets for 50/50 Drawing on Sundays in the PLC, after the Divine Liturgy. Finally, if you are unable to attend the Scholarship Game Night, and would like to donate to the Scholarship Fund, please contact Ron Sprouse at 404.408.7875 or ron@ronsprouse.com (see flyer)

<u>Calendars 2025</u>: Calendars for 2025 are in! Please pick yours up in the Parish Life Center Foyer counters on each side of the middle doors.

Chair Exercise Program: NO CLASS ON FEB. 5th. Our next meeting will be Wednesday, Feb. 12th, at 10:00 am in LL PH classroom #127. Please text Ann Zakreski at 770.329.7421 if you plan to come.

Fellowship/Coffee Hour Sponsorship is a great way to honor someone's birthday, nameday, memory, or a significant event with your church family. For ministries, it is a great opportunity to bring awareness to your group and gain members. Reserve your date by scanning or clicking the OR code.

Hellenic Dance: MGF (Marietta Greek Festival) dance practice has begun. See practice groups/times on previous page. Please register to participate in this ministry through the 2025 Membership/Stewardship Form, available in the main office or on the church website (https://holytransfiguration.info/join/).

**Mixed Choir:** The Mixed Choir practices on Tuesday nights at 7:00 pm in the Sanctuary. Next practice **Tues. Feb. 4**.

**Men's Choir**: Practice on **Thurs. Feb. 20** from 7:00-8:30 p.m. in the Church. Singing the Divine Liturgy on **Sun. Feb. 23.** 

Philoptochos Book Club: Calling ALL Book Lovers! Come join the Philoptochos Book Club! We meet on the first Tuesday of each month at 11:00 am in the Church Library (St. Basil Conference Room) followed by an optional lunch out. ALL book lover readers are welcomed to come. NEXT MEETING - Feb. 4th, at 11:00 am. Book - The First Ladies by Marie Benedict.

**Young Adults** in their 20's and 30's meet twice a month for continuing education and fellowship.

Want to learn more? Join the HTGOC Young Adults GroupMe chat for notifications on events. Contact Fr. Michael

(frmichael@holytransfiguration.info) or Ministry Lead Maria H.

(youngadults@holytransfiguration.info).

Next meeting: Feb. 8th - Second Sunday Class & Discussion



# LAST CHANCE TO SIGN THE MEMORY BOOK FOR ANNE WILLCOCKS

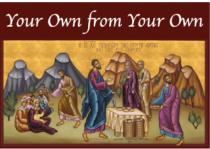
IN THE PARISH HALL FOLLOWING DIVINE LITURGY

**SEE MARIA ALBERTS** 

## 2025 Stewardship Campaign

#### How to submit your 2025 Membership/ Stewardship Card:

- **1. PAPER**: Grab a paper Stewardship form from a Parish Council member in the Narthex on Sunday. You may mail back the completed paper form to the Church or drop the completed form in the offering tray.
- **2. ONLINE**: You can complete the Online Membership/Stewardship Form at <a href="https://forms.gle/D6aTSDEMtm9W3Rgd6">https://forms.gle/D6aTSDEMtm9W3Rgd6</a>.
- **3. SCAN**: use this QR code. Simply point your camera on the QR code and click the yellow link that appears within your picture frame.





#### So You Know

# Operating Income and Expense 01/01/24-12/31/24

Income Received:	\$1,028,659
Total Expenses:	\$1,029,814
Net Income:	<b>—</b> \$1,155

#### Stewardship Report as of 01/31/25

# of Pledges to date:	120
Pledges to date (\$):	\$402,703
2024 Budget:	\$1,160,000
\$\$\$ needed to reach budget:	\$757,297

# BLESSING OF THE STEWARDSHIP CARDS

Today & Sunday, February 23rd

## Your Gifts in Service to God

Through stewardship, we offer our time, talents, and treasure as members of the Body of Christ, striving to reach our full potential in Him. Your generosity supports our church's mission and transforms lives—both within and beyond our parish.

# THANK YOU TO OUR PLEDGED STEWARDS FOR YOUR COMMITMENT TO HOLY TRANSFIGURATION IN 2025

- Maria & Jeff Alberts
- Stephanie Alberts
- Toula Argentis
- Ben & Liz Azimzadeh
- Thomas & Kimberly Ball
- William & Jane Barber
- Evelyn Bilson
- Kenneth & Celest Bilson
- Pete & Kathie Bilson
- Miranda Black
- Mark & Thea Blalock
- Terry & Irma Bliss
- Dorothy Botni
- Anthony & Vicky Brezi
- Fr. John & Patty Brown
- Anastasia Buchan
- Kerry & Debra Buchan
- Matthew Buchan
- Constantine & Katherine Bylos
- Mark & Roberta Cable
- Jimmy & Helen Carlos
- Florence Carr
- Daniela Chereches
- Eleni & Everett Cleveland
- Marios O'Connell & Cherie Cookorinis
- Cathy Costarides
- Leonard & Joanne Costopoulos
- Jonathan & Kathrvn Hanks
- Marysia Larisa & Christopher Danos
- Christopher & Annemarie Davis
- Judith L. Davis
- Eleni Dodys
- John & Elizabeth Doulgerakis
- Marty Driscoll
- Cedric & Peggy Dunkerly
- Ken & Chrisa Farrey
- Dr. Boban & Natali Fidanoski
- Jason & Lucia Frazier
- Constantine Gavalas
- Larry & Niki Gess

- Terrance Glamp
- Ted Gormanos
- Dr. Andy Green
- Maria Hagen
- Jim & Irene Hammond
- Aurora Hampton & Aidan Setias
- Scarlett Hampton
- Christopher & Leslie Hansard
- James & Constance Harris, Jr.
- Stephen & Marla Hendrix
- Dr. Julia Hill
- Chris & Katie Holmes
- Phillip & Irene Hrisak
- Tina & Andrew Johansen
- Ioannis & Maria Kapsalis
- Androniki Kleto
- Athanasios & Loretta Kollias
- Zach & Margaret Kollias
- Jim Kontrafouris
- Dennis & Virginia Kostulakos
- Dennis & Pat Koutouzis
- George & Linda LoposDavid & Dr. Stephanie Lukens
- Dora Lymberopoulos
- Christy Macris
- Argy & Michael Major
- Paul & Eliza Markley
- Filipos Mavromatidis
- Harry & Dawn Mavromatidis
- Lea McIntyre
- Alex & Mary Miltiades
- John & Kim Moustoukas
- Paul & Alicia Moustoukas
- Erik & Alexa Musto
- George & Denise NakosCosta & Maro Neocleous
- Iancu Nica
- Michael & Lisa Nikolich
- Stephen Novell
- Alexandra Opdyke
- Brendan Opdyke
- · Leonidas & Barbara Panagiotou

- Nikolai & Karen Panov
- Dean Papastrat
- Jon & Ann Papastrat
- Casey & Laura Pater
- George & Sarah Pentzakis
- John & Rosemary Peppas
- Todd & Dorian Poradzisz
- Spiro PriovolosEleni & Joe Reese
- Randy & Paula Rogers
- Theodore & Linda Sampanes
- George & Sophia Sarris
- Nick & Lauren Sarris
- Mike Serkedakis
- Vasileios & Heather Sfyris
- Zachary & Amanda Shoemaker
- Joseph & Anastasia Skarbek
- Anastasios & Janet Skarpelis
- Peter & Kate Sklikas
- Lukas Smith
- Ron & Christine Sprouse
- Martha Spyridon
- Connie Stratigos
- John & Kateryna Tamburi
- Zacharias & Theresa Taoushiani
- Timothy & Maria Tassopoulos
- Hagen Thacker
- Steve & Diane Tingas
- Dimitrios & Mary Beth Tsoukalas
- Ray & Ellie Turner
- Peter & Anita Tziahanas
- Michael & Evangelia VanPatten
- Julian P. Wade
- Marc & Christina Westmoreland
- Mary Ann Williamson
- Matthew & Ann Zakreski
- Marco & Rebecca ZavalaEleftheria & Rachid Zoheir

Pledged Households: 120



invites you to our

# **OPEN HOUSE**

TUESDAY, FEBRUARY 4TH, 2025

RSVP REQUIRED BY JANUARY 31ST

We invite all K-8th grade families interested in applying for the 2025-2026 school year. Meeting with our TOA family will give you a glimpse into what makes our school a nurturing and outstanding academic environment, filled with the love and light of Christ.





Location: Parish Life Center Lower Level Time: I0:30 AM - 12:00 PM

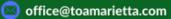


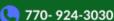
#### **OPEN HOUSE AGENDA**

- · Meet our Head of School
- Teachers & Curriculum
- Campus TourQ&A Session

## CONTACT US









**RSVP HERE** 

www.tinyurl.com/TOAOpenHouse



# MARK YOU CALENDARS FOR OUR FESTIVAL FOOD PREP DAYS!



# MANY HANDS NEEDED, NO EXPERIENCE NECESSARY

Saturday, February 8th, 10-5 pm (Spanakopita)

Friday, February 28th, 5-9 pm

Saturday, March 1st, 10-5 pm (Keftedes)

Saturday, April 26th, 10-5 pm (Dolmades)



# Spiritual Book Club

We meet on the second Monday of every month in the Church Library from 7:00-8:30 p.m. / co-hosted by Pres. Patty & Michael Gavalas

Please email us at <a href="mgavalas@icloud.com">mgavalas@icloud.com</a> to be added to our email list for updates, videos, and related articles



#### UPCOMING SCHEDULE

Monday, February 10th and Monday, March 10th
Time & Despondency: Regaining the Present in Faith & Life
by Nicole M. Roccas

Idleness. Apathy. Restlessness. Procrastination. These are symptoms of what early Christian theologians called despondency (acedia), a spiritual sickness rooted in a lack of care or effort. A condition as old as the ancients, despondency thrives in today's culture of leisure, anxiety, & digital distraction. Time & Despondency is a penetrating synthesis of ancient theology, spiritual memoir, & self-help practicality. It envisions despondency as the extension of a broken relationship with the experience of time. Driven by the fear of death and the anxiety of living, despondency drives us to abandon the present moment, forsaking the only temporal realm in which we have true fellowship with Christ. The remedies offered by time-honored Christian thinkers for this predicament constitute not only an antidote to despondency but also stepping stones back to the present moment. In regaining the sacredness of time, we re-encounter the Resurrection of Christ in the dark and restless moments of our lives.

# Join Us as We Discover Christ in the Psalms

# Life and Faith Gransitions Group



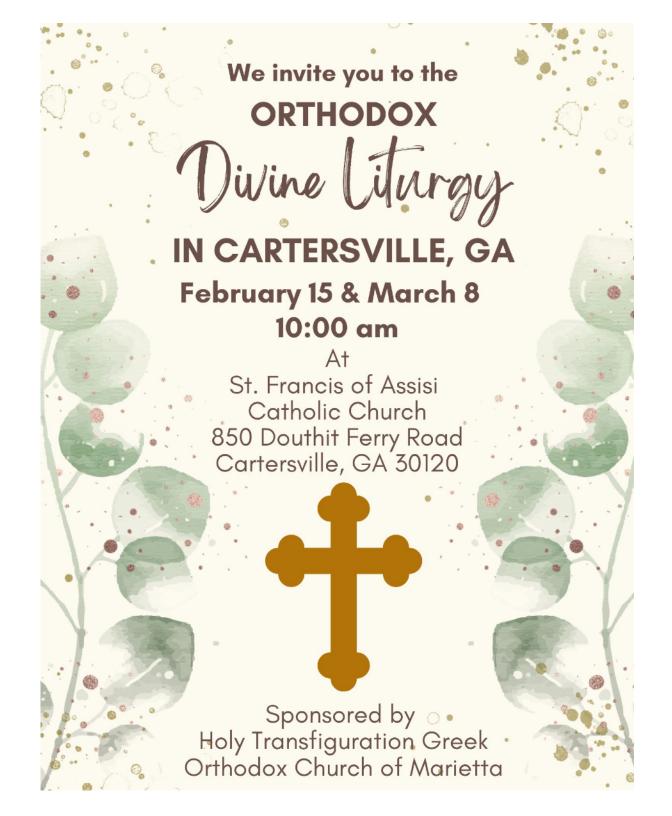
Prayer • Exploration •
Personal and Spiritual
Growth • Stronger
Relationship with our Lord
• Confidentiality • Lively
Discussions • Respectful
Listening and Sharing •
Service to our Lord

Join us as we journey through the Psalms, using *Christ in the Psalms*, by Fr. Patrick Henry Reardon, and *The Orthodox Study Bible* as our guides.

Our discussions focus on supporting and encouraging each other through the myriad of life and faith changes, challenges and transitions. Our goal is to nurture personal and spiritual growth, to strengthen our relationship with our Lord, Jesus Christ, and to enhance our service to others on behalf of our Lord.

Upcoming Sessions via Zoom:
February 1 and 15, March 15, April 5 and 26, May 10 and 24
from 10 am to 11:30 am.

For more information and a Zoom invite, please reach out to BJ Spanos at 404-771-9335 or by email at spanosbj@gmail.com.







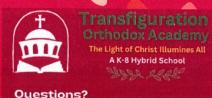
Dine-in or Take-out ANY TIME between 11AM-8PM



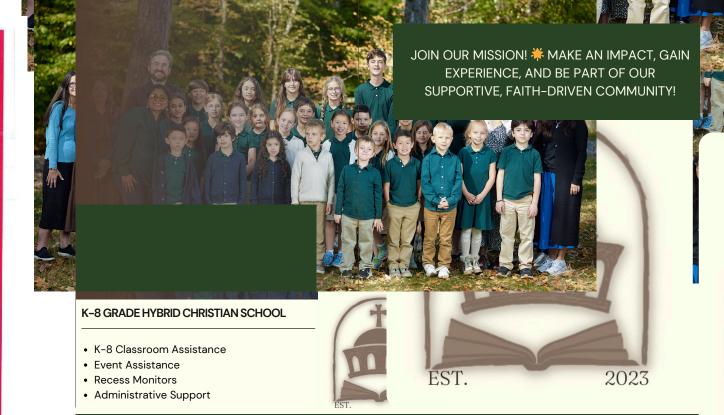
# SHOW SOME

# LOVE FOR TOP

SATURDAY, FEBRUARY 15, 2025 11:00AM - 8: 00PM DINE-IN or TAKE-OUT 1050 E Piedmont Rd Marietta, GA, 30062 (678) 221-4783



- office@toamarietta.com
- 770-924-3030



# **READY TO JOIN?**

Email Us: office@toamarietta.com Visit Our Website: https://toamarietta.com/

## **VCS VOLUNTEERS MEETING - FEB. 16th**

Vacation Church School (Save the Date!): this year, VCS is scheduled for June 23-27

We need to gather enough committed adult volunteers together to make this fun event happen. For those able to assist, please join us on Sunday, February 16th in the St. John Chrysostom Con rence room ur initial staff meeting. Also, please contact Hazel Bruce at vcs@holytransfiguration.info or 757-870-59\$7.if you have any questions and to confirm your interest in assisting. Together, we can make this happen. Thank you!

AHEPA Chapter #519, 12th Annual Scholarship Game Night will be held on Saturday, February 22nd in the Parish Hall. In the past eleven years, this event has raised over \$50,000 and has provided over 100 college scholarships for deserving men and women in the Marietta area. This annual event promises a fabulous dinner and an exciting evening of games and prizes for everyone. Make it a Date Night! Please see the enclosed flyer for information on how to RSVP for the event, and feel free to forward it to family and friends, and/or visit <a href="mailto:ahepa519.info">ahepa519.info</a> for more information. You can also RSVP / pay for the event, and/or purchase tickets for 50/50 Drawing on Sundays in the PLC, after the Divine Liturgy. Finally, if you are unable to attend the Scholarship Game Night, and would like to donate to the Scholarship Fund, please contact Ron Sprouse at 404.408.7875 or ron@ronsprouse.com.

AHEPA will be taking reservations and selling raffle tickets on Sundays leading up to the Scholarship Game Night.



# Scholarship Game Night

SATURDAY, FEBRUARY 22ND
DOORS OPEN AT 6.00 PM
DINNER AT 7.00 PM
GAMES START AFTER DINNER

Parish Life Center 3431 Trickum Rd, Marietta, GA 30066

# All Profits Provide College Scholarships for Deserving Students in the Atlanta Area

Your \$120 donation includes a fabulous dinner (steak, salmon, all the sides, dessert buffet, open bar), and an exciting evening of games. (Dinner only, \$60 donation.)

Winnings provide you entries for prize drawings at the end of the evening!

Come and make it a Date Night!!!

#### To RSVP

Email: ahepachapter519@gmail.com or Call or Text: 678.525.1344

Proceeds benefit the AHEPA Mother Lodge Chapter No. 1 Educational Fund, Inc. (AHEPA – American Hellenic Educational Progressive Foundation)

## **AHEPA Mother Lodge Chapter No. 1 Educational Fund, Inc.**

#### SCHOLARSHIPS AVAILABLE for Academic Year 2025 – 26

Scholarships range from \$1000 to \$3000

APPLICATION AVAILABLE ONLINE at

<a href="https://apply.mykaleidoscope.com/program/AHEPAApp25">https://apply.mykaleidoscope.com/program/AHEPAApp25</a>

Application deadline—11:59 p.m., EST, March 15, 2025



Applicants must have a minimum GPA of 3.0 out of 4.0 (or 83 out of 100) and be planning to be
enrolled full-time at an accredited college or university for the 2025 – 26 academic year to be eligible.

#### AREA OF CONSIDERATION and RESIDENCY / OTHER REQUIREMENTS

- Several scholarships will be awarded based on scholastic achievement.
- Several scholarships will be awarded based on both scholastic achievement and financial need.
- One scholarship will be awarded in recognition of a scholar-athlete.
  - $Applicants \ for \ the \ above \ 3 \ categories \ must \ reside \ in \ the \ Greater \ Metropolitan \ Atlanta \ Area.$
- One scholarship is designated for a student pursuing a graduate degree in Nursing.
   Applicants must reside in the state of Georgia and plan to be enrolled in a graduate nursing program approved by the Georgia Board of Nursing.
- Three scholarships are available for students attending Holy Cross Greek Orthodox School of Theology.
   Applicants must reside in the geographical area within the Greek Orthodox Metropolis of Atlanta and plan to attend Holy Cross School of Theology.
- The Johnny N. Economy Scholarship is available to all students.

Applicants must submit an additional essay on a topic of their choosing regarding Hellenism. This scholarship has no residency requirement.

Note that unless you are from the greater Metro Atlanta area, your residency status is considered "out of area" regardless of your current address, and with the exceptions noted above (Graduate Nursing & Holy Cross student applications) you are only eligible to apply for the Johnny N. Economy Scholarship.

#### FOR MORE INFORMATION CONTACT: applications@ahepaATLscholarship.org

The mission of the Mother Lodge Chapter No. 1 Educational Fund, Inc. is to provide both scholastic achievement and financial need scholarships to students pursuing post high school education. In addition, the Fund strives to strengthen community and country by promoting education through the development and implementation of various comprehensive programs.

The Foundation is a tax-exempt Charitable Foundation established in Atlanta, Georgia in 1986 to promote, encourage and advance education at the college, university, and graduate and professional school levels. It serves the Cultural and Educational Programs of AHEPA Chapter 1. DOP Chapter 53 & AHEPA Chapter 519. \*

\* AHEPA: American Hellenic Educational Progressive Association; DOP: Daughters Of Penelope

AHEPA Mother Lodge Chapter No. 1 Educational Fund, Inc., 3212 Northlake Parkway, #451369, Atlanta, Georgia 31145



### **Receiving Holy Communion**

Orthodox Christians who have prepared spiritually are invited to come forward "with the fear of God, with faith, and with love" to receive Holy Communion.

Non-Orthodox Christians may receive the blessed bread (*antidoron*) offered at the conclusion of the service, but not Holy Communion. They may come up to receive a blessing during Holy Communion if they wish.

Preparation for Holy Communion includes confession of sins (even of sinful thoughts) and repentance, making peace with those around us, forgiving those who hurt us, asking for forgiveness from those we have hurt, and prayer. There is a special set of prayers called "Preparation for Holy Communion" to help prepare.

If you have further questions regarding the proper preparation for Holy Communion, please speak with Fr. Panayiotis.

